

November 2018

# garden time

A Digital Monthly Magazine for Your Garden & Home



## Garden Time Celebrates 500 Episodes

**Low Maintenance Plants**

**African Violets**

STOLLER FAMILY ESTATE'S

**Melissa Burr**

The Garden Time crew: Therese Gustin,  
Jeff Gustin, Judy Alleruzzo and William McClenathan





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## What's in a Number?

What is the deal with numbers? We use them to mark time; 'Meet me at 3'. We use them to mark years; 'I'm 5 and a half years old!'. We use them to measure success; 'he's a self-made millionaire'. They are important for what they represent, significant points in our lives. *Garden Time* has used numbers in the past as well. We have told you that we have 20 million views on YouTube. We are the #1 garden program in the Pacific Northwest. We have had 13 seasons on the air. Now we share another magic number with you, 500. This coming November 17th we will be airing our 500th episode. This is a pretty high number, especially when you consider that the Simpsons only have 641. When we reach 500 we will have more episodes than M\*A\*S\*H (256), Perry Mason (271) or even Bonanza (431). It is hard to imagine doing this many shows. That number will continue to grow too! We are talking with our TV station partners on a 14th and 15th season, so there will be many more to come.

Speaking of the 500th episode, *Garden Time* will be celebrating on November 17th from 10am to 2pm. More details are in our Special Feature story on page 6. Our other adventure this month takes you to local relaxation and meditation gardens. Ron takes us to places like the Lan Su Chinese Garden, the Portland Japanese Garden and the Grotto. If you are getting your garden ready for winter you might be wishing you had more 'low maintenance plants'. William covers ten of his favorites that you should try. He's not just talking about conifers, there are also some plants like buddleia and Russian sage that will shine year after year. For the fall home, Sarah talks about Brussel sprouts and how you can grow them in your own garden. She also has a simple recipe that will make a sprout lover out of anyone. It is also getting close to gift giving time and Chef David gives us the rundown on small kitchen appliances. Nope these are not tools for small kitchens, but the 'must have' small appliances that every chef needs in their cooking space.

Finally, for those of you who are followers on Facebook, you know that we had a wonderful trip to Europe this past summer. London, Paris and Belgium were spectacular, even if the temperatures got a little warm. Well, we are proud to let you all know that we are opening up our next tour for the fall of 2019. We will be visiting the Italian Lake District, Monaco, the French Riviera and Provence, where we will see some spectacular gardens along with some history, and some sun mixed in! Check out the ad on page 11 or go to the *Garden Time* website and click on the tours link for more information.

## Happy Gardening!

**Jeff Gustin, Publisher**

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**Garden Time**  
**500**  
**episodes**

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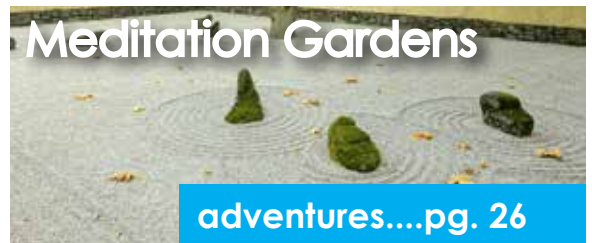
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# Garden Time's Iconic Spokesflower Answers Your Questions!



## Ask Mortimer

Dear Mortimer,

I'm getting my holiday decorating started and I'm also pulling in my indoor plants for the season. Should I worry about these plants poisoning kids and pets? I'm also concerned about next spring and my garden plantings too!

Signed,  
A Concerned plant and pet lover

Dear lover,

**There is always a concern about kids and animals when it comes to plants. Both can be attracted to what they perceive as food. Bright berries and sweet smelling flowers are two big magnets for those two groups.**

**Now we have all been told that poinsettias are a big problem during the holidays, and they might make your pet or child sick if they had a few leaves, but plants like lilies are more of a concern. It would take a lot of poinsettia leaves to get a reaction, in fact the sap of a poinsettia would probably be more irritating, but taste alone could keep them from eating too much of any plant.**

**Still, play it safe and identify all your plants around the house and in the garden, then make sure that their accessibility is restricted, so your pets or kids remain safe, or move them to an area where they are not a danger. Over time small children can be trained to 'look, but don't touch', but animals are trickier. If you are concerned about any plant you can bring a sample or a detailed picture to your local garden center.**

**If you want to learn more about myth and facts of poisonous plants, check out this page at the Washington Poison Center. <https://www.wapc.org/programs/education/general-poison-prevention/plants/>. You should also keep the number to your local poison control center close at hand, just in case.**

**Thanks for your question!  
Mortimer**

Mortimer,

I'm fertilizing my lawn for the fall and winter. Looking at the bag reminded me to ask you about the fertilizer numbers on the bag. What do the three numbers stand for?

Thanks,  
Fertilizing in Forest Grove!

*Mortimer answers selected questions and comments every month in Garden Time Magazine. To send him your question, email [AskMortimer@GardenTime.tv](mailto:AskMortimer@GardenTime.tv)*





PHOTO CREDIT: PLANT HEALTH NETWORK

Play it safe and identify all your plants around the house.

Dear Forest,

All fertilizer labels have three bold numbers. The first number is the amount of nitrogen (N), the second number is the amount of phosphate (P2O5) and the third number is the amount of potash (K2O). These 3 chemicals are considered important for healthy plant growth. These numbers are standard for all packaging in the United States and denote the percentage of nutrients in each bag. A 15-10-20 on the label, would have 15 percent nitrogen, 10 percent phosphate and 20 percent potash. These numbers are also called the NPK numbers. How they get those 3 minerals is important. Some of the nutrients are synthetically made, and others are organic. Some people say that organic fertilizers are better for plants, but there are studies that say there is no difference in their effectiveness. It is a choice of the homeowner which one you choose, so do your homework first and then apply to your lawn and plants.

The key is using them in the right combination. Before you use any fertilizer you should have your soil tested. You may not have to apply all three nutrients to your soil and sometimes

your soil doesn't need much help. If you have a soil that is high in phosphorus then your middle number should be low. What do those 3 nutrients do for your plants? Years ago I learned a little rhyme to help me remember what the numbers stand for and how they work. Up, Down, and All Around! That means this. Up - for greening and promoting the growth of foliage look for a large first number - nitrogen. A lot of people apply this to a lawn to help green it up quickly. Down - this is for root growth. A lot of bulb foods and transplant fertilizers have a higher middle number. This is for phosphorus. All Around - that is for your overall plant health. This is potassium and is also called potash. This helps your plants with water retention, disease resistance and overall strength because it helps break down sugars for food. It will help you have bigger yields too.

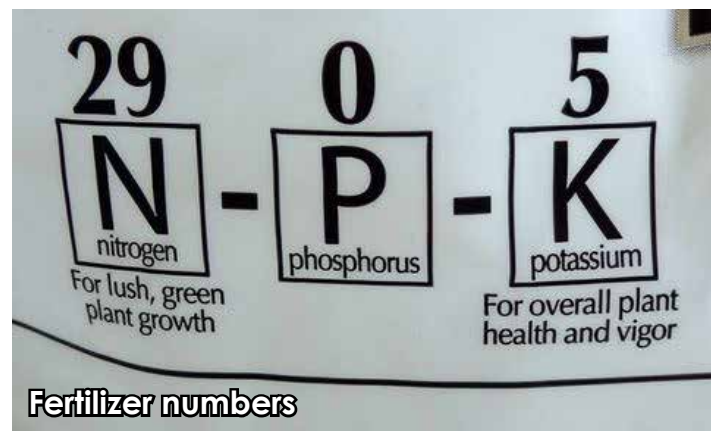
So if you use a fertilizer, make sure it is the right one for your plants and follow those instructions on the bag for application, then sit back and watch your plants grow!

Yours,  
Mortimer



PHOTO CREDIT: LIFE HACKS

Fertilizer spreader



Fertilizer numbers

PHOTO CREDIT: POPULAR MECHANICS





The Garden Time crew: Therese Gustin, Jeff Gustin, Judy Alleruzzo and William McClenathan

# What Makes This "Garden" Grow

*The story of the Garden Time TV show*

by Ron Dunevant

The advent of local television in the 1950s was much heralded and anticipated by the citizens of Portland. When UHF station KPTV made its debut in September of 1952, anxious viewers gathered in front of store windows to witness the phenomenon firsthand. It was only a matter of months before the first local programs made their way to the screen, and as more stations signed-on, more local programs filled the airwaves. In those first decades, Portlanders were treated to a wide variety of hometown productions, from game shows to talk shows, kiddie shows to talent shows, and of course, garden shows.

For the next fifty years, local television was a smorgasbord of program choices. Then, gradually, things began to change. As cable and satellite options expanded, television became a niche programmer, with stations focusing on one area of interest. Soon, we had sports channels, movie channels, game show channels and gardening channels. Unable to compete, local shows be-

gan to disappear, replaced by syndicated fare and expanded hours of news. Today, where there was once dozens of shows of local origination, you'll find mostly news programming. So it is an achievement worth noting when a locally-produced garden show not only continues to air, but makes it to 500 episodes.

On Saturday, November 17th, *Garden Time* will reach that milestone. For 500 Saturdays, since its debut on April 8th, 2006, viewers have tuned in to watch hosts Judy Alleruzzo and William McClenathan

tour local nurseries and gardens, attend gardening events and talk to business owners, horticulturists and casual gardeners. For 13 seasons, *Garden Time* has been appointment viewing for tens-of-thousands of viewers in Oregon and Southwest Washington, a weekly get-together for people from all walks of life who love working with the soil.

This achievement, notewor-

**Garden Time**  
  
**500**  
**episodes**



thy in and of itself, is even more impressive when you learn that the *Garden Time* program is not the production of a big TV station, but rather that of a small business aptly named Gustin Creative Group and its founder and president, Jeff Gustin.

A native of Fargo, North Dakota, Gustin moved to Salem, Oregon at the age of six. He majored in Broadcast Media at Oregon State University and began his television career in 1983 at KTVB in Boise, Idaho. Four years later, an opportunity at Mount Hood Community College brought him back to Oregon, but two days after starting that job, a position as news editor opened up at Portland's KPTV, and Jeff was back at a TV station.

The '80s were a golden age for local television in Portland, and Jeff went from shooting video for news and sports to KPTV's production department, where he had the opportunity to work on a variety of critically acclaimed specials including *The Oregon Coast Aquarium Special*, *The Rose Festival Air Show*, and *The Tombs of China*.

Then, in 1996, KPTV premiered *Good Day Oregon* and Jeff spent his mornings with a camera on his shoulder, following weatherman Andy Carson. When popular radio host and gardener Mike Darcy starting doing "tips of the week" for GDO, Jeff got his first exposure to the ins-and-outs of the gardening industry. The segments were successful, and Mike wanted to do a gardening show for television, so together, they approached KPTV management with the idea. In 1999, *In the Garden with Mike Darcy* was born.

The show proved successful and, after a year, expanded to an hour. With the backing and equipment of a well-funded TV station, and support of enthusiastic sponsors, its success seemed assured. In 2001, however, KPTV was sold to Fox Television and later traded to Meredith Corp. Shortly thereafter, in summer 2002, Mike Darcy and



Hosts William McClenathan and Judy Alleruzzo, season 1



At the 100th Episode celebration in 2008

his show were lured to KATU. Jeff stayed with KPTV and that fall, a new program, a companion to GDO called *Good Day Lifestyles*, premiered on Saturday mornings. Again, Jeff was producing segments with a gardener-host, this time Mallory Gwynn, to spots around Portland. That lasted for three years, but the local TV landscape had changed. News programs were expanding and local "specialty" shows were disappear-

ing. By the fall of 2005, KPTV decided it was easier and more profitable to run additional hours of news and *Good Day Lifestyles* was cancelled, ending its run in early 2006.

Jeff was given the opportunity to move back into news, but chose to take a leap and expand his horizons. At the end of 2005, with the offer of a severance package, he left KPTV to start his own com-



pany, Gustin Creative Group. Jeff had lined-up several projects but hadn't decided what GCG's focus would be, when something extraordinary happened. On Martin Luther King day weekend in 2006, KATU canceled Mike Darcy's garden show. Suddenly, for the first time in half a century, Portland was without a local garden show. That's when the phone rang at GCG's office in Lake Oswego.

Portland Nursery and Black Gold knew Jeff from his work with KPTV's garden shows. "People knew the types of programs I was producing when I was with Mike Darcy and *Good Day Lifestyles*," says Jeff. "It was kind of like 'did you hear... and do you have any plans of doing another garden show?' and it was kind of like 'no, I didn't have any plans.'" But the thought intrigued him, and when Al's Garden Center and Tsugawa Nursery expressed an interest, Jeff began to think about the possibilities. With the promise of support from those four sponsors, the way was cleared for a new program to take over where the others had left off.

Suddenly, time was of the essence. From MLK day until April, Jeff had to build a show from scratch. Contracts needed to be signed, music rights acquired, advertisers approached, graphics designed and segments produced. The next task was to find a host for the show and Jeff liked the idea of splitting the job between two people.

He began looking for two people who were at ease on camera and had a natural style that would fit a weekly show. In producing gardening segments for KPTV, Jeff had put several people from local nurseries in front of the camera, but two stood out in his mind. Judy Alleruzzo worked for Al's Garden Center. William McClenathan worked for Portland Nursery. They had met each other only once before, but Jeff saw a match and thought they would make a good team. "I had met William for like five minutes at an OAN meeting, in the rain," remembers Judy. "He had held an umbrella for me. So really we didn't know each other at all. We knew Jeff."

He approached them about hosting the new show and after some initial reservations ("are you sure you want to talk to me?") they signed on. The chemistry was evident almost immediately and Gustin liked their distinct personalities. "Judy is a saint on earth, she's always cheerful," he says. "William is big goof, he makes everyone feel at ease." Together, they bring the right amount of credibility and humor to the show. "For the most part, we want it to be a conversation. William and Judy have grown into those positions really well."

The first episode aired on April 8, 2006 on KPTV in Portland and KWVT in Salem. In 2007, the show expanded to the Eugene market, on KEVU. The idea of taking the show beyond the Northwest was an ap-



Producer/cameraman Jeff Gustin directs a shoot at Portland Nursery.

PHOTO CREDIT: RON DUNEVANT





Production assistant Therese Gustin films a segment being shot at Smith Berry Barn.

peeling one, but Jeff didn't want to lose the "local" focus, so this three-station "network" (briefly joined from 2009-2011 by cable station CGN in the Columbia Gorge) became the home for the new program. From these stations, *Garden Time* can be seen by viewers from the Oregon Coast to the state's Northeast corner, from Southwest Washington to the southern tip of the Willamette Valley.

Producing the *Garden Time* show from week-to-week is a modest affair. Where national programs may have dozens or even hundreds of staffers, this "little show that could" has moved along for 13 seasons with a core staff of four. Jeff functions as both producer and cameraman. His wife Therese acts as production assistant and business manager.

A typical week begins on Monday, when Jeff, Therese, William and Judy travel to local nurseries and

events to shoot stories. During the spring, when the show airs for an hour, this will sometimes expand into Tuesday. On Tuesday and Wednesday, Jeff edits the show from his office at GCG. Promos are sent to the stations on Tuesday nights and the edited program is sent on Wednesday evenings. In the early days of the show, he would hand-deliver a tape to the stations. Now, thanks to the internet, all the elements are uploaded to the cloud and then downloaded for air. When he's not actively shooting or editing the show, Jeff is planning future stories, writing episode information for the website and contacting people to be interviewed.

Gardening is seasonal so *Garden Time* is seasonal, as well. Every December, the program takes a three month hiatus. This also coincides with the slow season for many nurseries, when events, sales and advertising are less. During the downtime, plans are

made for the upcoming season, batteries are recharged (both for the equipment and the people) and like the dormant plants sleeping beneath the soil, new shoots of enthusiasm and buds of ideas prepare to burst forth when spring returns.

Working on the show has been a love affair for all four members, who have become friends outside of the show. William and Judy enjoy meeting viewers when they're out and about, and their on-camera relationship has made them a team in the minds of fans. "People think that we're married," smiles Judy, "or brother and sister," William chimes in. They often finish each other's sentences, an indication of the honesty of their on-screen relationship.

Appearing on television week after week, it wasn't long before both began to be recognized in public. "I think the first time, (William) was in JC Penney and someone





Shooting a show "open" at Bauman Farms in Gervais.

PHOTO CREDIT: RON DUNEVANT

screamed from across the room at (him)," recalls Judy. Confirms William, "It was the second year of the show. The lady was across the department and yelled, 'oh my goodness, it's William from the show!'"

Because people often watch the program while doing other activities, the two hosts make an impression in another way. "Judy and I both get recognized by our voices," says William. Judy agrees. "Sometimes I'll be talking to another customer and somebody will be behind me and they'll say 'you're that lady, I know your voice.'"

While the stories change, the *Garden Time* program has remained true to Jeff's original vision. "There's no way we can cover everything in a show or in a story, so we don't try," he says. "What we want to do is get the highlights or the top two or three things that people may be thinking or the average gardener will be asking. For the most part, we want it to be a conversation."

As the show continues to grow, the *Garden Time* brand has expanded into other areas, as well.

**GardenPalooza** began in 2003 as part of the Good

Day Lifestyles show on KPTV. When the program ended in 2006, Gustin Creative Group bought the rights. The event, a gathering of plant vendors, artists and garden enthusiasts is held every spring. The 17th edition of GardenPalooza is scheduled for Saturday, April 6, 2019 at Fir Point Farms in Aurora. ([www.gardenpalooza.com](http://www.gardenpalooza.com))

**Garden Time Magazine** began in April 2009 as a monthly newsletter designed to carry interest in the program through the winter hiatuses. Two years later, it became a full-fledged online magazine, with stories about gardening events, plants, tools, food and local personalities. The free publication, which has published more than 100 issues, is sent to subscribers via email, and will mark its tenth anniversary next April. ([www.gardentime.tv/magazine.htm](http://www.gardentime.tv/magazine.htm))

**Garden Time Tours** started in 2014, with Jeff, Therese, William and Judy joining fans from the show on a tour of gardens around the world. Their first trip was to Victoria, British Columbia. Other trips have taken them and their fellow travelers to such destinations as Costa Rica, France, Ireland, Hawaii, Belgium. The next tour is scheduled for September 2019, and will visit Italy, Monaco and France. Spots



# Garden Time Tours

Travel with *Garden Time* to  
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Villas and Gardens of Lake Como



Hanbury Botanical Gardens



Isola Bella on Lake Maggiore



Villa Ephrussi de Rothschild

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Your garden adventure commences in Varenna, Italy, on beautiful Lake Como, where you will spend two days visiting stunning gardens and their accompanying gorgeous lakeside villas. On our way to Menton, we will visit the Italianate garden at Isola Bella on Lake Maggiore. Menton is our home for three nights as we explore the garden gems on the French Riviera, including the Jardin Exotique of Monaco and Lawrence Johnston's (Hidcote Manor) Jardin Serre de la Madone. Provence is next; via the charming university town of Aix, we make our way to Arles, one of Van Gogh's homes in Provence, our home for the next four nights. From Arles we will explore the surrounding area, visiting the market in Gordes and a number of private gardens, including La Louve, a contemporary garden in the Luberon region, created in 1986 by Hermes textile designer, Nicole de Vesian. Join Garden Time to savor the beauty these dazzling regions offer: lush gardens, delicious food and wine, colorful villages and Roman architecture.

**\*SEE DETAILS, ITINERARY AND PRICING>>**

## Join us for this exciting Garden Time Tour!

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**[www.GardenTime.tv/tours](http://www.GardenTime.tv/tours)**

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on the tour are still available. For more information, go to [www.gardentime.tv/tours](http://www.gardentime.tv/tours).

Garden Time has also been honored by the flower industry, with a rose, a dahlia, an iris and a tulip being named after the show. The tulip is no longer available, but the Garden Time Rose, Garden Time Dahlia and Garden Time Iris can still be ordered by going to [www.gardentime.tv/store](http://www.gardentime.tv/store).

The program also spawned a spinoff. From 2009-2012 Gustin Creative Group produced a second local program, *Fusion*, which focused on local home décor, repair and cooking stories. The segments can still be viewed on the Fusion website at [www.fusionnw.com](http://www.fusionnw.com).

For all the principals of the show, it has been a fun and fulfilling experience, and for the past thirteen years, they have had the pleasure of meeting gardening experts and fans, from all over the Northwest. Judy enjoys meeting the viewers and appreciates their love of the show. "(They say to us,) 'I'm so glad that you talked about this because we went to see it' or 'we're so glad you talked about that plant, I bought it.'"

William says the relationships sometimes go even further. "The thing that I wasn't expecting...is the true friendships we have made from fans of a television show. They're lovely people, and sincere, and forthright and really caring."

So what does the future hold for *Garden Time*? Jeff is negotiating with the stations for another two-year contract, and Judy, William and Therese are on board

for the same. "Every week is a new adventure," says Judy, "because we go see our old friends and then we go somewhere new." Jeff agrees "We're going to continue to work and do all the things we've done in the past and it's just looking for opportunities to get information out there."

The *Garden Time* crew is grateful for 500 episodes and proud of the work they have done, but Jeff Gustin is quick to give credit to the people that have made it all possible. "We have great partners on both sides of the screen," he says. "We would never have approached anything like this if we didn't have great viewers and great sponsors, that's the key."

### **CELEBRATE 500 EPISODES OF GARDEN TIME WITH US!**

**Saturday, November 17, 2018  
10:00am-2:00pm  
Portland Nursery on Stark**

Come meet the Garden Time crew! We will be cutting the cake at 11:00am. There will be drawings for prizes every half hour. We will be giving away Timber press books, Garden Time swag and \$25 Portland Nursery gift cards. Bauman's Cider will be there with samples and bottles for sale.



**Still having fun after 13 years!**





# Garden Time Milestones

## Memorable events from the past 13 years

**2006 - April 1** - 4th Gardenpalooza; first produced by Gustin Creative Group and first at Fir Point Farms in Aurora.

**2006 - April 8** - Show premieres on KPTV in Portland and KWVT in Salem

**2007 - February 24** - First show from the Yard, Garden & Patio Show

**2007 - March 17** - The show begins airing on KEVU in Eugene

**2008 - August 23** - 100th episode

**2009 - April 1** - First Garden Time on-line magazine is published

**2009 - September 12** - Show moves to KOIN to join "Fusion." Both also air on KWVT, KEVU & CGN

**2011 - January 1** - Garden Time Online becomes Garden Time Magazine

**2011 - April 23** - 200th episode

**2013 - October 12** - 300th episode

**2014 - June 18** - First Garden Time Tour - to Victoria, BC

**2015 - February 28** - Show airs a special from the Yard, Garden & Patio Show as the station moves to KPDX in Portland. Show continues to air on KWVT & KEVU

**2016 - June 18** - 400th episode

**2018 - November 17** - 500th episode and a celebration at Portland Nursery



# When They Go Low...

**Choosing a low maintenance plant may depend on your definition.**

**by William McClenathan**

In my research for this article, I kept stumbling over my own history of gardening. 'Low maintenance' is frustrating to me, as with each new plant I would come up with had some maintenance requirements, no matter how low the maintenance was.

For example...Buddleia's. Are they low maintenance? To me, certainly they are. But then...that also depends on which variety one chooses. I currently have Buddleia lindleyana. Glorious plant...but boy can it become a thicket! I was not aware of that, until when in the ground it did what it wants to do. Other varieties could if not maintained, reseed very prodigiously. Not low maintenance at all to maintain unless you have the space to allow it to be what it wants to be. New varieties however have been created to not reseed which keeps them from spreading.

So let's define low maintenance



**Buddleia Lindleyana**

first, and then go from there on some easy and beautiful choices.

In my 30 years of gardening, from coast to coast in our great country, I have found that ALL plants require maintenance to some degree. From my experience, the low maintenance ones are plants that do not require constant attention because of things like insect and disease control. Or ones that do not need constant pruning or training, and

ones that do not demand excessive fertilization to be beautiful. Also, plants which do not have specific watering concerns or specific soil needs. And, those which do not become aggressive in spreading or reseeding, unless that is what you need them to do...plants like groundcovers or wildflowers.

All of these things can lead to much higher maintenance requirements.





from disease and insects too, and once established, they have few extra water requirements. And although sun is often needed for them, there are varieties now which thrive in shade as well. And pruning? Not unless you are making a Bonsai. One of my current favorites is *Cryptomeria japonica* 'Knapptonensis'. Its white new growth, which in shade remains throughout most of the year, is brilliant on those gray days in winter.

### 3. *Heptacodium miconoides*

When researching this article, I found no info on trees; it was all perennials and shrubs. So I

After hours of deliberation, reading low maintenance Top 10 and 5 plant articles online, and researching my own history with plants in the garden, I came up with this list of 10 low maintenance plants.

#### 1. *Buddleia*

Not the old varieties or species which I still love and think are beautiful, but the new ones. They no longer reseed and many have had their sizes reduced. They also are still pollinator plants and are strong butterfly and hummingbird attractors. Long blooming, and both disease and 'bad' insect resistant. Pruning is not really required at all unless just once in the fall, and once established they have little watering needs. They also do not require constant fertilization to bloom beautifully...that's about as low maintenance as one can get.

#### 2. Conifers

Let me explain! In the last decade there have been a plethora of new releases in this family of plants. I am concentrating here on the new dwarf and smaller varieties. So many now have amazing needle and cone colors. And their size is contained, so now even small gardens may include them. They also tend to shy away



*Heptacodium Miconioides*





**Russian Sage**

#### 4. Russian Sage

*Perovskia atriplicifolia* is such a low maintenance plant you can almost plant it and forget it. But each year when it blooms, it makes sure you notice it! It will not be ignored. It has all the benefits of the other plants on this list for low maintenance with one exception. I have always cut it back in the late winter or early spring, and each year the new growth would regrow to a 'like new' appearance. A sun lover which requires hardly any attention but the appreciation of its beauty.

#### 5. Salvia

Few other plant families have expanded as quickly and prodigiously as the *Salvia* family. And with new and amazing colors coming out each year, it is hard to not choose *Salvia* to be on this list. In full disclosure, I just

chose this one because there are trees which are very high maintenance...this, is not one of them. This tree wins for many reasons. Once established it has low water requirements. There are not any insect or disease concerns. In the 13 years I grew it at Viscaya, I never once had to prune it except to remove some lower branches as the tree grew, just to clear the path for customers walking around it. Nor did I ever fertilize it. But its true glory is the mid to late summer clusters of small white blooms which attract bees like few other plants I have grown. The tree in late summer and early fall looks like it is moving from all the pollinators! The shimmering and undulation is mesmerizing to behold. Then the white flower clusters in late summer have calyces which turn dark but bright-ish red. The leaves have a leaning toward a tropical appearance and then in the fall turn a bright yellow-golden color. And the bark? Stunning as the tree ages and it begins to peel away. It really is a four season interest plant.



**Salvia Saucy Ruby**





**Bergenia**

bought two Salvia 'Saucy Red' from N&M Herb Nursery because the color grabbed my attention immediately. And now with the selection of colors available, one could plant a Rainbow of them in a garden and not only would they bring we gardeners' great joy, but the hummingbirds love them too! The only maintenance I do outside of watering them in hot times, is a once a year cutting them to the ground sometime in late winter.

## 6. Bergenia

I adore this plant. It has been around for so long and is one of those perennials which can, over time, become a stately stand of an almost architectural appearing ground cover. Many of the old houses in Portland neighborhoods still have it. Of course, as with any broadleaf plant in our area, slugs will find it. But if slug control twice a year is all that's required...that seems pretty low maintenance to me. Its perfect

lighting is some morning sun only. They can tolerate afternoon sun, but in August, will often show sunburn on their big, beautiful glossy leaves. And my favorite is still Bergenia cordifolia. The blooms seem often forgotten on this plant family but they really are beautiful to behold.

## 7. Hemerocallis

The wonderful Daylily. They are such a 'plant it and forget it' plant. And have you seen the new varieties that Schriener's Iris Gardens are selling now? WOW! Unbelievably beautiful. I just planted 'Born in California' and cannot wait to see its blooms next year. And I loved the name too because California is known for loving sunshine and Daylilies do love the sun as well. As these are a newer Daylily, I heard from the story we did on them they require yearly fertilization because of the size and structure of their blooms...but if that and cleaning them up after winter is all that is



**Hemerocallis 'Born in California'**

PHOTO CREDIT: SCHREINER'S IRIS GARDENS





**Sempervivums - Hens and Chicks**

required to celebrate their beautiful blooms...that is very low maintenance to me. View the segment on Garden Time here. <https://www.youtube.com/embed/zA989G3afm8>

## 8. Sempervivums

How do you pick just one variety to talk about? I do love the Hens and Chicks family, but I cannot choose just one. I love the structure as they gently spread (but not aggressively) and the new ones coming out are brilliant in their color variations as well. Some even have webbing on them which only adds to their unique beauty. And the only pruning one ever needs do with them is after the Hen blooms, she dies off and you just pull it up and then the chicks take over. Low maintenance and very easy. And although they will tolerate watering, they really do much better in hotter, dryer, full sun locations. Truly they are the Queen of very low maintenance plants.

## 9. Knockout Rose

I know, I know! Really William? ROSES? Roses are anything but low maintenance. And while that is an accurate statement, if we do a comparative value study, the Knockout Rose, Red variety is indeed a

low maintenance as you can get with roses. Does it get black spot? It can. But not nearly as easily as the other members of its family does. And pruning is as easy as it can get with this rose. Plus, we do live in and around the City of Roses and we are known Worldwide for the beautiful International Rose Test Garden...all of that information seduced me.

This is what Monrovia had to say about this rose.

"A maintenance free rose that continually produces self-cleaning, candy apple red flowers. Green foliage with blue and maroon highlights turning deep purple in fall. Unsurpassed resistance to black spot leaf disease. An excellent low hedge or accent. Winner of multiple awards including the 2000 All American Rose Selection and the Euroflora Rose Award, Gold Medal-Genova Italy. Deciduous." I would not call it maintenance free. But certainly I believe it can be considered a 'low maintenance' plant.

And as we drive around filming the show and have travelled worldwide on our tours, I do continuously see this rose seemingly everywhere. So if you are looking for low maintenance plants, and want a rose, now you can have one!



**Knockout Rose**



## 10. Mahonia

The botanical name has changed to the Berberis family, but I shall choose to continue to call it Mahonia. Although Mahonia aquafolium (Oregon grape) is the Oregon State Flower, that is not the one I am choosing.

Instead, it is Mahonia gracilipes. This Mahonia seduced me the first time I saw it. So of course I had to have it. The blooms are miniscule but glorious. And the underside of the foliage is stunning. It has never had an insect or any disease in my garden. And as it gets taller, you begin to see the reflection of the grey-silver underside of the leaf. Once established it has no specific water requirements nor does it require pruning except for every couple of years for cleanup and/ or size control depending on where it is planted. It is my homage to our state flower.

As I began this article, countless plants jumped into my mind as low maintenance. But many were not consid-

ered on second thought because of things like deflowering after blooming their spent blooms or new diseases and insects which have attacked them (think Rhododendron/ Azaleas). Also, if they drop lots of fruit or berries or even seed pods...that only adds to the maintenance of the plant which makes more work... because clean-up is maintenance.

At the end of the day...it is always your garden! So if you desire a low maintenance garden, do the research on those types of plants because they do exist and make sure to go to a garden center which actually has a knowledgeable staff. Quite often, we can gather a massive amount of information from those employees who are themselves, avid gardeners.

Nothing like someone with experience to share first hand their personal successes AND failures in a garden. Those collaborations of experience can make each of us ultimately, better gardeners.



**Mahonia Graceipiles**



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# Out of Africa

*Researching the African Violet has made me appreciate it even more.*

*by William McClenathan*

Colors of African Violets



I have adored gardening since I was 12 years old. And as I consider even houseplants to be a form of gardening, I was delighted by a very old African violet an elderly lady had given me.

It was not in a 2" or 4" pot, like most African violets are sold in today, but in an 8" pot she had grown it in for decades. When people saw it in our home, they consistently mentioned its beauty. Deep purple blooms and those dark, rich green velvety leaves always had people asking me about it.

And...while from the top it appeared to be an exquisite mound of leaves and blooms, if one would just look under the leaves they would see an almost snake like mound of what I called the 'trunks' of this African violet. Decades of twisting amongst itself as it continued to grow and thrive, while new shoots would shoot up from the ground and from the 'trunk' ever so often. It mesmerized me! It felt like I was looking into a realm of magic and mystery. I was sure something lived there, although I never saw or at that young age understood what it might be.

As an adult I look back on that time and realize that what I was sure was living in that plant was...Nature; The life and energy of our Universe.

So as I began the process of researching the African violet history for this article, I was surprised and intrigued by it. And what a history it has.

I knew they were native to some part of Africa.

Anyone unfamiliar with Africa may think of it as desert



**African Violet 'Blue Boy'**



**African Violet in the Wild**





or grasslands where elephants and zebras roam. The ancient Usambara Mountains of Kenya and Tanzania, however, of which the famous Mt. Kilimanjaro is a part, provide an oasis of humidity and dampness in an otherwise dry region. Many species come from the Nguru mountains of Tanzania.

It is the disappearing humid and shady conditions of this area that were home to the African violet (*Saintpaulia ionanatha*) and its hybrids, a member of the Gesneriad family (Gesneriaceae). The genus name honors the 16th century Swiss naturalist Conrad Gessner, the father of modern zoology and a botanist, with the species name being Greek for violet. It is not a violet at all, as the family indicates, but was called this since it looks similar to one.

I also knew they were one of a small group of plants which if happy, could bloom continuously. I also heard that you should never get the leaves wet, which sounded inaccurate to me as it does get rain where they are native to.

But mostly, it was what I did not know which amazed me.

I had no idea that they are extremely closely related to *Impatiens walleriana*. Or that there was a variety which was a trailing African violet!

The botanical name *Saintpaulia*, came from the actual name of Baron St. Paul-Illaire, governor of a northeastern province of Tanganyika, now part of Tanzania. It was he who first "officially" discovered the African violet in 1892. Although plants had been sent to the Kew Royal





Botanic Gardens in London previously, they were of poor quality so couldn't be identified. An amateur botanist, the Baron collected seeds and specimens and sent them to his father in Germany, who also was interested in botany. He, in turn, gave these to his friend and director of Berlin's Royal Botanic Garden, Herman Wendland. It is he who identified this as a "new" genus, and named it after its discoverer.

But all this information was from long ago history, so how did this gentle, beautiful plant become the stalwart of house-plant popularity in America and so many other countries around the Globe?

Years went by, and seeds and plants found their way around Europe. Then in 1925 the Los Angeles nursery of Armacost and Royston realized the commercial potential of this plant. They obtained seeds from Europe, grew thousands of seedlings, discarded all but the best hundred, and then later all but the best ten. It is from their ten selections that the thousands available today have been derived.

'Blue Boy' was the first main parent, followed by its red sport or mutation. Then in 1939 a double blue was developed, a year later a single pink called 'Pink Beauty,' and then a seedling with two leaf colors. Since then, flower size has increased from the one-inch size of the original species to more than three inches. Leaves now include many shapes, edges, and patterns.

During the 1960s, breeders used two species (*pusilla* and *shumensis*) to create minia-







ture African violets. Another species (*grotei*) was used to create trailing cultivars. Unfortunately, these species, the original one (*ionantha*), and others among the 20 species in this genus, are threatened with extinction in the wild.

As you can tell, those African violets we see everywhere in stores and garden centers may seem to be as common as Impatiens, and they are.

But look at the rich history it took to get them available to the world, all at a time when they are disappearing in the wild.

I can tell you that for me, growing African violets is rather easy. I have found one word which best describes their care...Consistency.

Water, Temperature, Light, Soil. It is not that there is a specific temperature as much as once it is established, make sure it is consistent. Same goes for watering, with the gentle caveat again of being consistent. No long dry spells or 'guilty' overwatering to make up for forgetting to water. And while in nature they did lean toward shade, some varieties grew on rocks which also had some direct sun. So once you find the light it appears to be growing, blooming and happy in... don't go moving it around every month! Soil should drain well with some retentive moisture saving stuff' like a little peat moss in it. In full honesty, I have never fertilized African violets. That is neither right nor wrong...just remember, whatever you choose to do, do so with consistency.

It may take a few attempts to





find that perfect spot in your home where these beauties will thrive. I have found those areas mostly in my kitchens and once or twice in bathrooms. But...also in a livingroom. All of these places I have had success with African violets did have morning light, not afternoon. But that is my experience with them. Who knows, your plant may surprise you!

Hopefully after reading this article, you, like I have, will find a new passion and appreciation for the 'not so common' and never lowly, Saintpaulia. The beautiful African violet.

I also wanted to give a big thank you to Dr. Leonard Perry, Extension Professor at the University of Vermont, from which I gathered the majority of this information. Out of all of the articles and research I did, his story was the most fact checked and articulate.

Also a thank you to one of my most favorite Horticulture books, 'Tropica' for some of the pictures I shared from it because of the thoroughness and accuracy which I have fully trusted for decades and continue to.

Also, if you want more information may I suggest you become a part of the African Violet Society of America. <http://www.avsa.org>.

They have a chapter right here in our area. The Portland African Violet Club. <http://www.avsa.org/node/25361>.

Whether you already adore African violets or have never paid them much attention, I hope this article will inspire you to look into this amazing and beautiful plant.





# Club Med

*Reducing your stress level and finding your true self could be as close as your local meditation garden.*

*by Ron Dunevant*

**The Sand and Stone Garden in the Portland Japanese Garden**

PHOTO CREDIT: DADEROT VIA WIKIMEDIA COMMONS

Feeling a little stressed?

You're not alone. Americans top the list as the most overworked developed nation in the world. Today, 70 percent of American children live in households where all adults are employed. Over 85 percent of males and over 65 percent of females work more than 40 hours in a week. If you're part of that majority, then you know how hard it is to find downtime, a little peace, a place away from the din of capitalist productivity.

While there is no universal remedy for this growing trend, its pervasiveness underscores the need for each of us to get away, to take ourselves to a place where we can be alone in our thoughts, where we have a little "me time." While your schedule may not permit a prolonged sabbatical, if you can find even a little time, one of the best ways to calm your nerves and become one with the universe is to visit a meditation garden.

The purpose of a meditation garden is to provide a place of peace and retreat, where the placidity of nature supplants the turmoil of urbanization; where our thoughts and our feelings can rise above the industrial chatter. A meditation garden is a spiritual retreat, a sanctuary where you can find a silent setting for the renewal of the body, mind and soul.

There are many such places in the greater Portland

area. Most are not called "meditation gardens" by name or description, but they serve the purpose: to allow us to ascend from the heaviness that enshrouds us and meet up with our true selves. If you can carve out even a half hour a month to visit one of these gardens, it can go a long way toward counteracting the stress so pervasive in our lives.

Here, in no particular order, are some of the more popular gardens that encourage meditation, contemplation and oneness with nature and the universe.

- **Portland Japanese Garden**
- **611 SW Kingston Av., Portland, Oregon**
- **[japanesegarden.org](http://japanesegarden.org)**

Fall is a particularly beautiful time to visit, when the changing hues of the Japanese Maples are at their most stunning. However, at a far corner, surrounded on three sides by a concrete wall and tall evergreens is the Sand and Stone Garden. This area, covered in raked gravel and river rocks provides a large open space of neutral colors and is referred to as a karesansui garden or "dry landscape." These areas are sometimes referred to as Zen gardens, meant to encourage not meditation, but rather contemplation and an appreciation of the beauty of blank space.

The simplicity and openness of the area is striking and in comparison to the rest of the Japanese



Garden, might be likened to a blank piece of paper, a medium where your inner self provides the lines, colors and content. The furrows raked into the gravel seem to offer continuity and possibility and a message unique to each visitor. The Sand and Stone Garden was designed in the 1960s when Zen Buddhism was a new and little understood concept in the United States. But you don't have to understand Buddhism to take advantage of the serenity offered here.

It is also helpful that you get to walk through much of the beautiful Portland Japanese Garden on your way to this spot, so you may very well be feeling more serene by the time you arrive.

- **The Grotto (The National Sanctuary of Our Sorrowful Mother)**
- **8840 NE Skidmore St., Portland, Oregon**
- **thegrotto.org**

Well known to Portlanders as well as internationally, The Grotto is an inviting destination, with its fir trees, colorful rhododendrons and other native plants. As a Catholic shrine and botanical garden, The Grotto provides a spiritual and peaceful retreat for all faiths and all walks of life, all situated on a 62-acre green space in Northeast Portland.

At the Plaza Level, which charges no admission fee but welcomes donations, is The Grotto's Chapel of Mary.



PHOTO CREDIT: JOE MABEL VIA WIKIMEDIA COMMONS

Peace Pole at The Grotto

# Where Will a Capitol Subaru Take You?



## Local Events November 2018

### Mumvember

**Thurs., Nov. 1, 2018-Fri., Nov. 30, 2018**

**Lan Su Garden, Portland, OR**

During the month of November, Lan Su Chinese Garden will be packed with more than 750 potted chrysanthemums artistically displayed throughout the garden.

• [www.lansugarden.org](http://www.lansugarden.org)

### Evening of Lights

**Thurs., Nov. 1, 2018 • 4:00pm-9:00pm(S)**

**Sat., Nov. 3, 2018 • 4:00pm-9:00pm(W)**

**Thurs., Nov. 8, 2018 • 4:00pm-9:00pm(V)**

**Sat., Nov. 10, 2018 • 3:00pm-7:00pm(G)**

**Al's Garden & Home, Sherwood, Woodburn, Wilsonville(V), Gresham, OR**

Dozens of designer decorated trees await you, along with our annual Poinsettia Collection. Don't forget to stop by and see the train and pick up your Ice Apples® while you nibble on holiday gourmet treats.

• [www.als-gardencenter.com](http://www.als-gardencenter.com)

### Holiday Open House

**Saturday-Sunday, November 10-11, 2018**

**Garland Nursery, Corvallis, OR**

This is the weekend we debut all our holiday displays to get you motivated and inspired for the holiday season.

• [www.garlandnursery.com](http://www.garlandnursery.com)



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PHOTO CREDIT: DADEROT VIA WIKIMEDIA COMMONS

## Lan Su Chinese Garden

It is a beautiful and well-maintained area that envelopes you with its tall trees and stone façade. The heart of the shrine is Our Lady's Grotto, a rock cave carved into the base of a 110-foot cliff with a life-size marble replica of Michelangelo's Pietà featured in its center. For a \$6 fee, visitors can take an elevator to the upper level, which features manicured botanical gardens decorated with religious artworks and a monastery.

If all of these spots aren't enough to calm your nerves, the upper level also features a chapel specifically designed for meditation. The Grotto Meditation Chapel was built of polished granite in 1991 to honor the memory of Marilyn Moyer, wife of Tom Moyer, who owned a movie theater chain in Portland. Rising from the north face of Rocky Butte, it provides a panoramic vista of the Columbia River, Mt. St. Helens and, on a clear day, Mt. Rainier.

A Yelp reviewer raved, "This place is simply amazing for anyone looking for the Catholic equivalent to the Japanese 'Zen Garden' experience."

- **Lan Su Chinese Garden**
- **239 NW Everett St., Portland, Oregon**
- **[lansugarden.org](http://lansugarden.org)**

Long regarded as a treasure in the heart of downtown Portland, Lan Su was built by Chinese artisans

from Portland's sister city Suzhou. It is one of the most authentic Chinese gardens outside of China. Their website describes it as "a powerfully inspiring experience based on a 2,000-year-old Chinese tradition that melds art, architecture, design and nature in perfect harmony."

Peace and tranquility permeate the garden. Walking along the paths of this well-maintained and pristine environment takes one back to a time of elegance and tranquility. There are many unique plants and art pieces. The architecture is stunning, with several buildings in the traditional Chinese style. Despite its small size (it covers just one city block), the experience is immersive, with gorgeous trees and a lake in the center, and plenty of places to pause, reflect and become one with your surroundings.

A Yelp reviewer wrote, "From the moment I entered the gardens, I felt a sense of peace come over me. The plants perfectly complement the water features and it is easy to forget you're standing in the middle of a busy city."

- **Mt. Tabor Park**
- **SE 60th Av and Salmon St, Portland, Oregon**
- **[www.portlandoregon.gov/parks/finder/index.cfm?action=ViewPark&PropertyID=275](http://www.portlandoregon.gov/parks/finder/index.cfm?action=ViewPark&PropertyID=275)**





Reservoir at Mt. Tabor Park

An advertisement for Garland Nursery. The background is a light blue wooden surface. In the upper left, a red starburst shape contains the text "Holiday Open House November 10th & 11th 10am - 4pm". To its right is a white bowl filled with cinnamon sugar marshmallows, with several more marshmallows scattered on the surface below it. On the right side, a spiral-bound notebook is open, showing a "To Do List" with the following items: Holiday Gifts, Wreaths, Decor, Swags, Houseplants, Bonsai, Make My Own Decor Class, Wine, Specialty Food Items, and Unique Conifers. Below the list, it says "Garland Nursery is your one stop holiday shopping wonderland!". At the bottom left is the Garland Nursery logo, which features a stylized pink rose. To the right of the logo, the text "Garland NURSERY" is written in a large, elegant script. Further right, the address "5470 NE Hwy 20, Corvallis, OR 97330" and phone number "(541)753-6601" are listed, along with the website "garlandnursery.com".

*Holiday Open House*  
**November**  
**10th & 11th**  
**10am - 4pm**

*To Do List*

- Holiday Gifts
- Wreaths
- Decor
- Swags
- Houseplants
- Bonsai
- Make My Own Decor Class
- Wine
- Specialty Food Items
- Unique Conifers

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PHOTO CREDIT: WWW.HOYTARBORETUM.ORG

Built on an extinct volcano, Mt. Tabor Park rises above the sprawling neighborhoods of Southeast Portland. The park was developed with a naturalistic design which includes gently curving parkways, numerous walking trails, a nursery yard, native plants and long flights of stairs. If you're looking to get a little exercise along with your meditation, the 280 steps on the park's northeast side make up the longest public staircase in the city.

Make a connection with the power of nature on this, the only volcano in the United States within the limits of a city (in 1912, construction workers discovered volcanic cinders which were later used in surfacing the park's roads). This high-rise haven also offers some of the best views of downtown Portland from east of the Willamette River. Find a spot on the east side of the park early in the morning for an inspirational sunrise, soak in the stunning views from the summit at midday, or bring a blanket and sit facing west for a front row seat as the sun sets behind the West Hills. With breathtaking views in all directions you can experience the majesty of Planet Earth from one location.

If water is your element, you can enjoy the reflection of the sky from four open reservoirs built over 100 years ago. With lots of grassy areas and shade trees, there is plenty of space to relax and ponder the meaning of the universe.

- **Hoyt Arboretum**
- **4000 SW Fairview Blvd., Portland, Oregon**
- **[www.hoytarboretum.org](http://www.hoytarboretum.org)**

There is something about the trees in the Hoyt Arboretum that is intrinsically calming. Perhaps it is the size of these towering giants reaching toward the sky that puts our place on this planet into perspective. Perhaps it is their longevity -- they have seen and weathered many storms in their lifetimes. They are a primer about the meanings of time and life.

Whatever lesson you take from these silent stalwarts, just being among them is a deeply emotional experience. Walking along any portion of the twelve miles of trails, the forest wrapping around you like an embrace from Mother Nature, herself, you may forget how close you are to the heart of Portland.

Visitors often comment that the giant sequoias are particularly inspiring, but you will likely discover your personal favorites. With over 6,000 individual trees and shrubs of more than 2,000 species, you will certainly find a kindred spirit here, waiting for you on your journey.

- **Laurelhurst Park**
- **SE Cesar E Chavez Blvd & Stark St., Portland, Oregon**
- **[www.portlandoregon.gov/parks/finder/index.cfm?action=ViewPark&PropertyID=224](http://www.portlandoregon.gov/parks/finder/index.cfm?action=ViewPark&PropertyID=224)**





**Laurelhurst Park**

A neighborhood park, positioned in the middle of southeast Portland, this local favorite draws in visitors from all over the city. Noteworthy are the beautiful public spaces with mature trees and natural settings. It is a great area to stroll, walk a pet, have a picnic, or just sit and soak in the beauty. Its 26 acres offer a laundry list of memorable spots, from walkways among huge trees to grassy open areas to Firwood Lake, a large pond that has home to ducks and fish. A hundred years ago, Laurelhurst Park was named the most beautiful park on the west coast by the Pacific Parks Association. Today, it is on the Na-

tional Register of Historic Places, the first city park ever listed on this prestigious roster.

Again, autumn is a wonderful time to visit, as the deciduous trees begin their annual metamorphosis into shades of yellow, orange and red. The park's popularity means that you will find it well attended on almost any nice day, but you should also be able to secure a quiet spot where you can enjoy some alone time. One reviewer on Foursquare comments that "The bench under the sweetgums near the pond is one of my favorite places."

- **Portland Adventist Hospital Meditation Garden**
- **10123 SE Market St., Portland, Oregon**
- **<https://www.adventisthealth.org/Portland/pages/about-us/foundation/annual-golf-benefit/meditation-garden.aspx>**

Recognizing the connection between physical, mental and spiritual wellness, hospitals are now adding areas for recovery and relaxation. Dedicated in 1998 and nestled within the walls of Portland Adventist Hospital in Southeast Portland, the Meditation Garden is "is available for any who wish to 'come to the garden.'" The cozy courtyard area features small trees, bushes and a water feature, with plenty of places to sit in quiet contemplation. The funds were provided by volunteers from the medical center's Volunteer Auxiliary, with donors contributing plants and shrubs. The hospital encourages visitors to "Come, rest awhile, and be blessed by the beauty of nature and the peace of God."

When and how you meditate is a personal experience that means something different to everyone. With so many inspirational spots just minutes from the bustle of the city, set aside some time to reconnect with nature and find your true self. The benefits will most certainly change your outlook on life.



**Portland Adventist Hospital Meditation Garden**



# Sproutstanding!

**Growing your own Brussels sprouts on the stalk isn't very intimidating.**

**by Sarah Gustin**

I'm always so impressed when I take a trip to Trader Joe's and see the Brussels sprouts still on that big stalk. Something about that makes them look extra fresh, delicious, and appealing.

Growing your own Brussels sprouts on the stalk isn't very intimidating. In fact, once they are established in your garden, they will yield sprouts for about half the year!

Brussels sprouts are part of the brassica family, along with veggies like broccoli and cabbage. They are high in vitamins C and A, and have some cancer-inhibiting properties! They are a very long-growing crop, and will actually taste

sweeter into the winter once frost begins to hit.

Brussels sprouts can be started from seed or starts. If you are starting from seed, plant your seeds indoors in nutrient rich soil under lights. You can start seeds indoors as early as February. Seedlings can be planted outdoors in April all the way through June. Brussels sprouts can grow very large, so plant seedlings at least 18 inches apart in rows that are two feet apart. They are nutrient hogs, so plant each seedling with a dose of nitrogen-rich fertilizer. They will need to be fertilized again about halfway through their growth cycle. You'll begin to see the sprouts growing just

above each leaf. Keep in mind that growing them yourself, they may not get as large as the sprouts found at the grocery store. Also remember that Brussels sprouts are a long-growing crop. It will take anywhere from 80-200 days for your plants to mature, depending on the variety. Your sprouts should be ready to begin harvesting in fall, and will taste sweeter if they are harvested after frost begins to hit. If you would like, you can begin breaking off the lower leaves in the late summer to expose your sprouts and allow more energy to go into developing sprouts.

Brussels sprouts are very susceptible to diseases like club-



root, and can benefit from crop rotation. If you have planted other brassicas in at least the past year, make sure you plant your sprouts in a different location. The longer you wait for the soil to recover, the better. Wait up to 4 years before planting another brassica in the same soil if you can.

Harvest your sprouts a little at a time as they come ready by gently twisting them off the stalk. As we get more hard frosts here in the Pacific Northwest, you may want to top off your plants. This will allow all of your sprouts to accelerate their growth and "ripen" faster.

Brussels sprouts are a fun new food adventure to start in your garden! Go to your local garden center to get all the information you need to get started this year!







## Roasted Brussels Sprouts With Seasonal Veggies

This recipe will work with just about any veggies! Add whatever looks good to you!

2 cups halved Brussels sprouts  
 1 cup sweet pea pods  
 ½ cup sliced onion or shallots  
 1 cup broccoli florets  
 ½ cup chopped leeks  
 1 head of garlic, peeled  
 Olive oil-for drizzling

The juice of 1 lemon  
 Salt and pepper to taste  
 Feta cheese  
 Fresh parsley  
 Fresh mint  
 Pistachios, roughly chopped

Preheat your oven to 450 degrees. Grease a cookie sheet. Lay out all of your veggies in a single layer on a tray. Use two trays if you need. Drizzle everything with olive oil, add salt and pepper, and toss gently to coat. Put them in the oven for 10-20 minutes. They are done when they are wilted and crunchy. Some edges may be a little burned, that's just fine! They will taste great! Serve fresh from the oven, topped with fresh squeezed lemon juice, pistachios, feta cheese, parsley, and mint.

**Mirna Attar from Barber World Foods is the expert on roasting fresh vegetables. Here she is on Garden Time making this delicious and beautiful dish for your next BBQ.**

<https://www.youtube.com/watch?v=cmaX7bCacuw>



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# A Touch of Glass

**For Stoller Family Estate's  
Melissa Burr,  
every wine bottle is  
a time capsule.**

**by William McClenathan**



**Melissa Burr**

There are many things countless people enjoy. One of the most popular things is wine.

I went to Stoller Family Estate to talk to this month's Hortie, Melissa Burr, about why this ancient drink has had such a long term Universal appeal.

We met in the beautiful tasting room there. On this day she was at the vineyard tasting the current wines and told me that it is the classic 'taste and release' concept of wine tasting. Where you don't actually drink the wine, but are testing the flavors of each wine for consistency. And even though one does not get drunk from doing this, the body still absorbs part of the alcohol, but with a different effect.

I thought the best place to then begin the interview would be with what attracted her to wine, which then lead her to the path of creating it as a career.

She said it was a simple reason. She was going to college at Portland State to get a Bachelor of Science. She had decided on a Naturopathic degree. She wanted to help people be as happy and healthy as they could. Ultimately, she did get a Bachelor of

Science at PSU, originally her intentions was with a pre-med focus, and then planned to go to graduate school for naturopathic medicine. Instead she took several fermentation science classes at OSU, and also some viticulture and enology (the study of wines) classes at Chemeketa Community College in Salem, causing her path to change forever.

In those long days of studying, she began to drink wine. This was in late 1998. And as fate would have it, during that time her husband's parents bought an existing vineyard in 1999. By then, the thoughts of changing her degree had already begun to grow. So in 2001, she became an intern at Cooper Mountain Vineyards where she worked and trained for two years. She recently went to their 40th year celebration and was delighted to see the majority of those she worked with back then were still there. It was like her extended family. Melissa will always be grateful for her internship there, which was the beginning of her career in the amazing wine industry. And they remember her as well with very fond thoughts.

<https://www.coopermountainwine.com/>.

She then interviewed with Stoller and was hired in 2003. I asked her what in her mind defined the 'Art and Science' of true wine making. Her response was instant. She said, 'Because all things come together with wine. Nature, Culture and People. Each is involved, and the true essence and taste of a great wine does not occur without a culmination of all of them.'

Melissa travels all over the world each year to continue to gather information on wine and the wine industry. I wanted to know after many years of doing this, what did she define as the greatest benefit from this. Again, her response was instantaneous. "The Interaction with people who buy wines and the





**Stoller Family Estate**

continuous instant effect that wine continues to have on the world. Those interactions reveal the science and art of winemaking to me, thus assisting me to keep making great wine here at Stoller."

She told me she has a collection of each year's wine created at Stoller at her home. From 2003 to 2017. Each year, when she looks at those bottles in her collection, she has an instant recall of the weather, the people involved, the experiences made while in the process of creating that specific wine. For her, each bottle is a time capsule which without it, she knows those memories would have faded over time.

Her greatest pleasure in doing this job is a combination of "inspiration and Discovery". For Melissa, this is

truly a 'Lifestyle' career. And what a lifestyle it is. As I watched the people who were at the tasting room I was interviewing her in, it seemed like a true cacophony of humanity. Young and old, couples of all orientations, families, friends and it seemed like everyone was taking pictures not only of themselves, but of the beautiful vineyards as well. Melissa loved this as she is a huge proponent of the internet and its ability to promote Stoller wines. She calls summer weekends the 'Stoller State Park' because of the hundreds of visitors. She also loves that they allow people to bring their own lunches with them and have a picnic while tasting their amazing wines. But...do not shy away from ordering the food they serve there! I had the meat and cheese

tray while interviewing Melissa. It was beyond delicious. Dried cherries and apricots. The most outstanding flavor filled hazelnuts one could ever want to taste and a collection of meats and cheeses I am sure were gathered directly from the buffet of Heaven. Add to that a summer, slightly sweet, white wine and although you may not actually be in Heaven, it is a close second here on earth.

She was very happy and proud of two things which have occurred recently.

One is; Bill Stoller Announces the Formation of the Stoller Wine Group.

The parent company will leverage economies of scale for the Stoller Family Estate, Chehalem wines,



**Winery**



History wine, and Canned Oregon wine brands.

Read about it here. <https://www.winebusiness.com/news/?go=getArticle&dataid=201061>

The other one is much more personal to her and is one of those things which when it happens, make all the years of work seem justified and worthy to the individual.

She was speaking on a class for OPC, Oregon Pinot Camp. Robert Brittan of Brittan Sellers, a winemaker for over 40 years, not only for his own vineyard, but for many others in the Willamette Valley, gave her the highest compliment she has received in her mind so far in this industry.

After her talk on 'Vintages, and the differences in them', he came up to her and told her that Stoller had in his mind created a much desired 'House Style' flavor. And that they (Stoller) had achieved the coveted 'recognizable consistency' in their wines. For those of us not in this industry and who only enjoy drinking wine, I can now tell you that this is one of the highest honors a winery and winemaker could hear. You cannot buy



this kind of complementary praise. It comes directly from the heart of an avid and long term winemaker.

Having known and filmed at Stoller with Melissa many times for the show, I have gained a new appreciation for those who spend their lives growing and creating wine. <https://youtu.be/wp8zIYNv9Pg>.

And while going through the Stoller website, I found this information which I think is wonderful so I decided to share it with you all!

### **March 2, 2017 | Stoller Family Estate**

Melissa Burr, named one of 5

'Women Winemakers to Know' by Martha Stewart.

Our Winemaker, Melissa Burr, was featured in Martha Stewart's "5 Women Winemakers to Know" story for Women's History Month. Check out the full article and raise a glass to the women who are at the forefront of winemaking today.

Melissa is not slowing down at all. She and her husband also have two beautiful sons, Austin and Wyatt. Her husband's parents still own the vineyard they bought back in 1999 and sell the grapes each year to a local winery.

And Melissa's passion for wine has only continued to expand. Her







**Tasting Room**

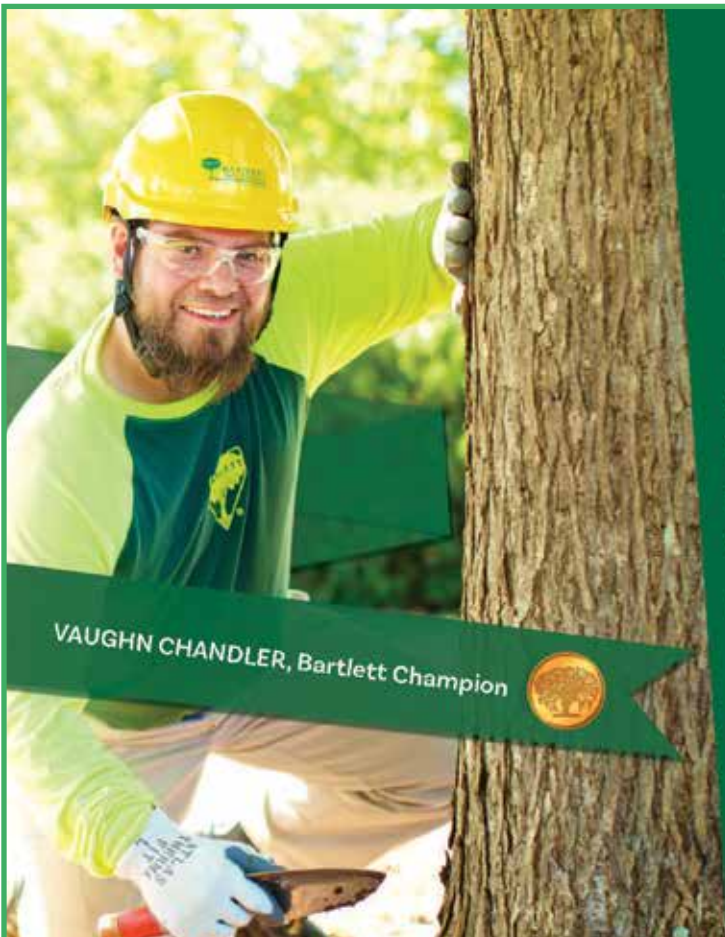
knowledge and skills continue to as well. And while she may not have followed her original path towards a Naturopathic degree, in her mind, she still helps with the health and vigor of life with people all over the world by being a part

of creating the award winning and amazing wines at Stoller.

At Stoller Family Estate and for wine novices and aficionados alike, we are all happy that this is a life-style which Melissa will continue.

**Stoller Family Estate**  
**16161 NE McDougall Rd,**  
**Dayton, OR 97114**

[www.stollerfamilyestate.com](http://www.stollerfamilyestate.com)



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# A Little Help

**In the kitchen, the smallest appliances can make the biggest difference.**

**by David Musial**



**The latest food appliance; a jacuzzi for food.**

PHOTO CREDIT: TOUCHOFMODERN.COM

When I started writing this article, my intent was to feature the top five or ten small kitchen appliances. But after I thought about it, it made me think, why is it always a top five or ten list? Should I sacrifice mention of an item to stay at five or include items that are not worthy of mention to reach ten? Well, what I decided is to create a list of top small kitchen appliances and not be confined by a number. The list will be complete when I have included the small kitchen appliances that I believe should be on the list.

The evolution of the modern kitchen has come a long way. Gone are the days when a kitchen was outfitted with a wood burning stove and an ice box. No, I'm not referring to an ice chest you take camping, I'm referring to an ice box that used blocks of ice delivered by the ice man to keep food cold.

Along with the modernization of stoves and 'ice boxes'; or re-

frigerators as we now call them, we have the availability of small kitchen appliances to take on several kitchen tasks. Although most tasks performed by small kitchen appliances can be done by hand, their benefits are many.

The primary benefit of small kitchen appliances is to save time. As we are all well aware, machines can typically perform a task faster than it can be performed by hand. Along those same lines, they save effort. Machine power over muscle power. For example, a food processor can shred cheese in seconds, thus saving time and effort. The downside is having to wash the food processor. But hey, that's why we have a dishwasher; which for purposes of this article is not classified as a small appliance!

Before we get started, what qualifies an appliance as a top small kitchen appliance? It should be appliances that are beneficial, but not necessarily essential and to be

honest, it is subjective. However, I will endeavor to provide a fair assessment based on the needs of most cooks in creating the list. Let's get started on our list of top small kitchen appliances.

## **Stand Mixer**

A backbone of the kitchen, especially for the baker, stand mixers can be used to mix, knead or whip and with a multitude of attachments, it can fill in for other small appliances. Although I almost always advise to buy the best product you can afford, in this case, I would even more strongly suggest not scrimping on cost. Heavy duty units cost more, but are sturdier, more versatile and last longer. Look for models with no less than 250 watts and preferably 350 watts or more.

## **Hand Mixer**

For years, hand mixers were underpowered and frustrating to use. Even trying to whip cream could take longer than whipping by hand. Now, hand mixers have



more power and speed settings to match the task. Basically designed for small mixing jobs that do not require the horsepower of a stand mixer. Great for the occasional

baker or for a regular baker when a stand mixer is not needed.

### Blender

One word, Margarita! Ok, all kid-

ding aside, blenders are designed to mix, puree and emulsify. Think of salsa, pesto and salad dressing. The blade and shape of the jar help to create a vortex drawing the ingredients into the blade to be pulverized. All units are not created equal and if you are looking for blended Margaritas, be sure to check the reviews to confirm the unit has the ability to handle ice.

### Food Processor

The food processor is kind of a hybrid appliance. It can do some of the things that a blender or stand mixer can do, but also some things they can't. If you have a stand mixer and a blender, you can do most things that a food processor can do by hand. However, a food processor can also slice and shred. Who wants to shred two pounds of cheese for pizza or chop toasted nuts for a crust by hand? Not me! Having a food processor on hand will make short work of chopping and shredding. Especially when prepping food for a crowd.

### Slow Cooker

The Crock Pot or slow cooker is making a comeback and rightfully so. Many chefs talk about cooking slow and low. Guess what, slow cookers cook slow and low. They can make an inexpensive, tough cut of meat tender and create wonderful chili while you are out for the day. Other benefits include dirtying only one pot and not having to fire the oven up, which saves energy and avoids heating up the kitchen in the summertime. Also, in keeping with the times, there are now models that are Wi-Fi enabled. Siri, please turn the slow cooker to low.

### Microwave Oven

OK, some may argue that a microwave oven is not a small appliance. They are smaller than an oven and some are as small as a toaster oven, so they make my list!

Microwave ovens are energy efficient. They can cook and thaw food, pop up a bag of popcorn and

PHOTO CREDIT: KITCHENDECOR.CLUB



I whipped up my first cake as a child with a mixer just like this.

PHOTO CREDIT: AMAZON.CA



Now I use this stand mixer and a few attachments as well.



heat water for tea. There are even recipes for microwave cake. Do I need to say more?

### Toaster Oven

It's a toaster, it's an oven. It's great!

Toaster ovens are another appliance that have come a long way. Many models perform like a standard oven; good temperature control and even cooking. Some even offer convection baking. The bonus is when toasting a bagel, there is no slot that you have to try to force your bagel into.

### Coffee Grinder

I do not drink coffee, but I do own a coffee grinder. Why, because I like to grind my own spices. In my kitchen, I toast and then grind whole spices which results in superior flavor to bottled ground spices. Although I could use a mortar and pestle, the coffee grinder makes short work of grinding spices, especially if I am creating a gift for friends.

If you drink coffee, you may want to consider buying two grinders one for coffee and one for spices. Unless you like spiced coffee. Note that

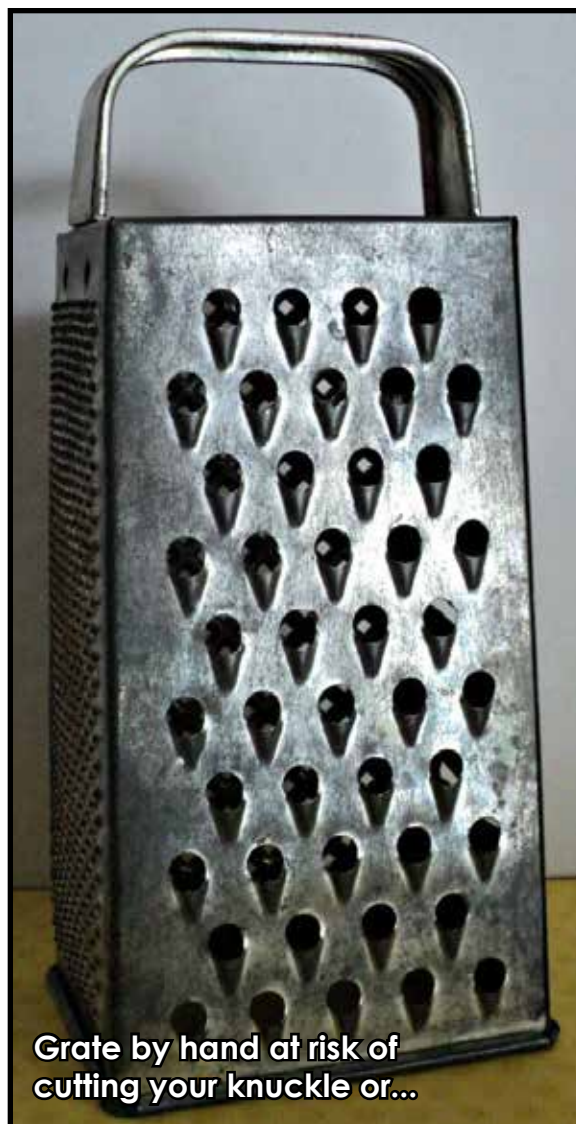
to clean the grinder between spice blends, toss a tablespoon or two of uncooked rice in the grinder. Grind until pulverized and then carefully clean out the rice powder.

### Coffee Maker

Funny story. When my wife and I got married, we received a coffee maker as a gift. However, we didn't drink coffee and still don't. However, it still gets ample use when we entertain. In fact, we are on our third coffee maker. We either make more coffee than I thought or have been married a long time! In any case, this appliance will get used.

### Immersion Circulator

This is the slow cooker of the 21st century. Everyone should have one. Also known as cooking sous vide (under vacuum), it is basically a Jacuzzi for your food. The immersion circulator provides for precise temperature control to avoid over cooking. Want your chicken to be 165 degrees, set the thermostat to 165. Since the water won't heat over 160 degrees, the chicken can't overcook. Although you use heavy duty baggies to cook food in an



Grate by hand at risk of cutting your knuckle or...

PHOTO CREDIT: WWW.PINTEREST.COM



Pass this hand mixer up at the garage sale and buy a new one with more power.

PHOTO CREDIT: WWW.ETSY.COM



or use your food processor, get done in no time while saving your knuckles at the same time.

PHOTO CREDIT: WWW.THEGOLFCLUB.INFO



immersion circulator, a vacuum sealer will do a better job.

Honorable mention goes to the following small kitchen appliances, but are not considered a part of the top small kitchen appliance list and provided for your consideration:

### Juicer

Great for juice lovers and you might be able to find an attachment for your stand mixer

### Rice Cooker

A precision appliance, especially if you eat LOTS of rice or other grain.

### Bread Machine

Again, great appliance if you eat lots of bread, but between your stand mixer and oven, you're covered.

### Electric Kettle

Great for making hot water for tea drinkers and I would have included as a top pick, but as a tea drinker, I thought that I might have been viewed as impartial if I included.

### Immersion Blender

I include the immersion blender because I own one. You could just as easily use your blender, but they are handy when you just want to puree a batch of soup in the pot and not dirty the blender.

Here are a few tips for purchasing and using small kitchen appliances:

Do your research before purchasing. Check online or with friends. Appliances last (should last) a long time and you don't want to be stuck with a poor performer for ten to fifteen years.

Stick with appliances that have a neutral color. That avocado green mixer to match your kitchen may not look so good in your next home.

Store the appliance where you have easy access. The further away it is from the kitchen, the

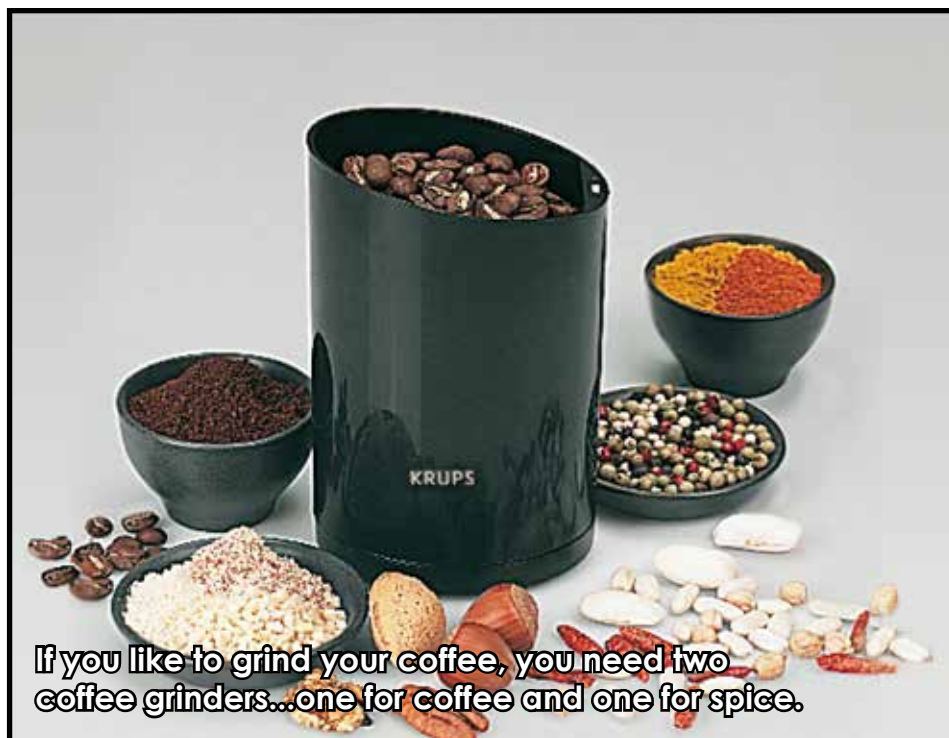


PHOTO CREDIT: WALMART.COM

less likely it will be used.

cooking.

Learn how to use the appliance safely by reading the manual. Not every kitchen needs every appliance. Base your purchases on what you cook and your style of

That's my list of top small kitchen appliances. So, what's our count? Ten? Seriously! Oh well, I guess there must be more to those 'top ten' lists than just a number.

**Available Now!**

# Garden Time Flowers

In celebration of Garden Time, we are proud to tell you about three flowers that have been named in our honor. The *Garden Time Dahlia* comes from Swan Island Dahlias, the *Garden Time Rose* was introduced by Heirloom Roses and the *Garden Time Iris* is from Schreiner's Iris Gardens. Check them out and put a little Garden Time in your yard!



**ORDER TODAY!**

More information at The Garden Time Store  
[www.gardentime.tv/store](http://www.gardentime.tv/store)

**Garden Time**



# WTDITG

**We know the days get shorter beginning in June, but somehow it becomes most evident in November. Suddenly, it's dark when we get up and dark when we come home. For many gardeners, their time in the yard is confined to weekends. But less time doesn't have to mean unproductive time. There are many simple tasks you can perform in the fall that will improve your garden next year.**

## PLANNING

- Consider purchasing a live tree this year. Live trees brought in the house for the holidays are such a great tradition. Discuss the idea with your family this month and then get set to pick out this year's tree early while the selection is best.



begin to send up foliage. The alcohol helps to keep the growth shorter, not so tall and lanky that they fall over.

- Watch for very wet areas and begin planning how to tackle your poor drainage issues. One solution is to create a rain garden, something you see more and more in new developments and commercial sites. An area of a depression in the ground that collects the rainwater and allows the water to percolate downward instead of running off. You can plant red and yellow twig dogwoods, small bush type willows, like Arctic or Dappled willow to help soak up the water.



- Force some Paperwhites for some great smelling indoor flowers for the holidays. Pick them up this month before they are all gone. A tip; give them a shot of vodka (really) after they

## PLANTING

- Get the garlic planted. Fall is the time to plant garlic and if you haven't gotten them planted yet, do so this month. You'll be harvesting the tasty garlic next July.



long so plants don't mind being tucked into the soil now. In fact, they'll like it much more than sitting above ground this winter in a pot!

- Plant a cover crop in the veggie garden if you haven't yet. This is the last chance to get a green manure crop growing in winter.



- Feel confident to plant your landscape plants this month. Roots will grow a little all winter

- There is still time to get the spring bulbs planted. Don't put this off much longer. The sooner you get them in the ground in the fall the better the root development will be encouraging the best blossom display for next spring.





# What To Do In The Garden NOVEMBER

## TASKS, MAINTENANCE & CLEAN-UP

- Time to clean out the Mason Bee condos and clean up the cocoons. Many of your local garden centers have information on how to manage your overwintering bees.



a registered spray. Dormant oils help to smother overwintering insects.

- Don't freak out when the evergreen conifers get some brown foliage showing now. Every fall the evergreens lose their oldest foliage; from the bottom upward and the center outward. This is normal and there is no need to panic.

- WAIT! Don't trim back shrubs and evergreens hard now. Cutting back plants now cuts away the parts of the plants that are signaling the rest of the plant that

cold weather is coming.

- Cut the roses to about 3-4' tall, no shorter. Cutting back too hard now exposes too much of the lower portions of the bush to the winter cold. You can cut them back lower next March.

- Don't cut back ornamental grasses. The seed heads are super pretty with frost on them and the birds get the seeds when they are ripe. The plants go through winter best



when intact. Next spring, the end of January or the first week of March, cut back the growth to 3 to 6 inches tall.

- Mulch the beds for winter cold protection. Leaves work well or a compost mulch. Mulches are great at stopping soil erosion and keeping the soil from compacting as a result of all the rain. Mulch-



ing the beds includes; the cane berries, shrubs, bulb areas and perennial flowers.

- Rhubarb and asparagus

beds: Protect and insulate these plants with a good dose of manure for winter.

- Lawn mower cleaned up and set for next year. If there is gas left in the tank you can get something called Sta-bil to add to the tank. This helps keep gas fresh for up to 12 months in stored equipment like lawn mowers.



- Get the irrigation system put away or blown out so no freeze damage takes place.

## VEGETABLE GARDEN



- Check the stored potatoes to make sure nothing is rotting. Discard anything that is soft or rotting before it affects more of the stored tubers.

- Create a row cloche over crops of winter vegetables. A cloche is a small structure made of glass

or clear plastic or with reemay cloth, like Harvest Guard. It's placed over the top of cold sensitive

plants. Harvesting veggies all winter is going to be so yummy!



- Keep weeds from taking over in the winter. If you didn't plant a cover crop in time for winter protection, consider laying down wet black and white newspapers, 6 layers thick and covering with an organic compost mulch or manure.





# PLAY TIME

## Gardening Events Around Town

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### **Mumvember**

**Thursday, November 1, 2018-**

**Friday, November 30, 2018**

**Lan Su Garden, Portland, OR**

During the month of November, Lan Su Chinese Garden will be packed with more than 750 potted chrysanthemums artistically displayed throughout the garden.

More than 75 different chrysanthemum varieties will unfurl in all colors, shapes and sizes including: spiders, quills, spoons, regular incurves, irregular incurves, reflexes, semi-doubles, anemones, brush, thistle, exotics and more! Take in the oranges, reds and yellows of autumn to unusually bright pinks, pale lavenders, lime green, and even stripes of the chrysanthemum.

### **Ninth Moon Floral Showcase**

In conjunction with Mumvember, Lan Su hosts the Ninth Moon Floral Design Showcase presented in partnership with the Floral Design Institute, showcasing the work of 25 of the region's best floral designers along with floral demonstrations, presentations, and talks. [www.lansugarden.org](http://www.lansugarden.org)

### **Evening of Lights**

**Thursday, November 1, 2018 • 4:00pm-9:00pm(S)**

**Saturday, November 3, 2018 • 4:00pm-9:00pm(W)**

**Thursday, November 8, 2018 • 4:00pm-9:00pm(V)**

**Saturday, November 10, 2018 • 3:00pm-7:00pm(G)**

**Al's Garden & Home, Sherwood, Woodburn, Wilsonville(V), Gresham, OR**

Come join us in early November for our annual Christmas open house Evening of Lights.

Started many years ago as an employee Christmas party, this event is one not to be missed. Dozens of designer decorated trees await you, along with our annual Poinsettia Collection. Made up of over 40 different varieties, the Poinsettia Collection never ceases to amaze. Don't forget to stop by and see the train and pick up your Ice Apples® while you nibble on holiday gourmet treats. This

*continued next column*

event gets everyone in the Christmas spirit. [www.als-gardencenter.com](http://www.als-gardencenter.com)

### **Medicinal Roots**

**Saturday, November 3, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Gradey Proctor, Arctos School of Herbal Studies. Join Gradey Proctor from the Arctos School of Herbal and Botanical Studies for an exploration of the underground world of the plant, the root! As we move towards winter, perennial plants send their energy into the earth creating the opportunity for us to dig and divide plants, as well as harvest medicine. We will explore a half dozen medicinal plants by going through their medicinal uses, different ways of making root medicine, the botany of underground structures and most importantly, how to do all this while keeping our plants thriving.

### **Lawn, What a Yawn! Alternatives for Greenspaces**

**Saturday, November 3, 2018 • 11:00am**

**Portland Nursery (Stark), Portland, OR**

With Bonnie Bruce of Celilo Gardens. A lawn used to be every homeowners pride but because turf is a water hog, a maintenance hound and often chemically dependent, lawn is losing its appeal. Bonnie will explore other design options for the green turf as well as techniques for removal.

### **Cookie Cutter Birdseed Feeders**

**Saturday, November 3, 2018 • 11:00am(W)**

**Saturday, November 10, 2018 • 11:00am(S)**

**Saturday, November 17, 2018 • 11:00am(G)**

**Saturday, November 24, 2018 • 11:00am(V)**

**Al's Garden & Home, Woodburn, Sherwood, Gresham, Wilsonville(V), OR**

\$7.50 to cover the cost of materials. What better way to celebrate the season and take care of our feathered friends! We will be making cookie cutter birdseed feeders that kids can take home to decorate the trees outside in their yards, while also providing nourishment for the birds. We will talk about local birds and what they need to survive

*continued next page*





our Northwest winters. [www.als-gardencenter.com](http://www.als-gardencenter.com)

### **Autumn Mushrooms in the Garden**

**Saturday, November 3, 2018 • 2:00pm-5:00pm**

**Leach Botanical Garden, Portland, OR**

Did you know that one tree can be vitally connected to hundreds of others and that they'll send nutrients back and forth in a what-goes-around-comes-around cycle? Or that in some areas of Alaska 75% of the nitrogen found in trees comes from salmon? These facts pose a host of questions – and fungi are the answer. Explore these amazing beings with instructor Gradey Proctor. The class starts with a slide show in the Manor House where you'll learn some basic mushroom anatomy, and a few of the major genera in our region. Then you'll stroll through the Garden to see what's up and fruiting, evidence of the vast interconnections beneath our feet. Come away with some useful identification tips, harvesting and cooking advice, and much more. Be prepared to walk the trails rain or shine. Meet at the Manor House. Cost: \$35 general/\$25 Leach Garden Members/Friend. Limit 15. To register visit [www.leachbarden.org](http://www.leachbarden.org) or call 503-823-1671. Leach Botanical Garden 6704 SE 122nd Avenue Portland, OR 97236.

### **Japanese Maple Pruning**

**Sunday, November 4, 2018 • 11:00am**

**Portland Nursery (Stark), Portland, OR**

With Holly Beare of Eshraghi Nursery. Japanese maples provide distinctive color and texture to Northwest gardens. A lot of thought goes into choosing the right one, but then what? Join Holly Beare of Eshraghi Nursery to learn about how to prune your Japanese maple so that it thrives from planting to maturity. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Fascinating Plants From Across the Globe**

**Tuesday, November 6, 2018 • 6:50 pm**

**First Baptist Church, Beaverton, OR**

A presentation from the Washington County

**continued next column**

Master Gardener™ Association. Presenter: Seth Menser. Seth was the Horticulture Supervisor at the San Diego Zoo, and will give a presentation on the various projects he worked on, highlighting in photography some of the incredible plants he has seen along the way. The countries covered in this presentation include Australia, the Bahamas, Costa Rica, France, New Caledonia, and New Zealand.

Location: First Baptist Church 5755 SW Erickson Ave, Beaverton, 97005: Map.

\* Class is approved for one hour MG Education Credit

### **Making a Terrarium**

**Saturday, November 10, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Stephanie Willis of the Mt. Hood Gesneriad Society and the Oregon Orchid Society. If you've ever wanted to create a beautiful, natural terrarium, now you can learn from an expert. Stephanie Willis, of the Mt. Hood Gesneriad Society and the Oregon Orchid Society, will demonstrate how to plant a lovely rainforest-type terrarium. From tools making the task easier, creating proper drainage, choosing soil mix and sphagnum mulch, "landscaping" with rocks and branches, and selecting plants that behave and grow well together, Stephanie will guide you through the ins and outs of successful terrarium planting. She has given terrarium classes at the Oregon Orchid Society annual show, at garden society meetings, on Portland's Garden Time TV show, and has been growing begonias, gesneriads and orchids for over 35 years. Sign up to make a gorgeous terrarium for your home, or to give as gifts for the holidays! Please bring a 8-10" bubble bowl or something similar for the class. You can also purchase one from the Nursery the day of the class. \$25 class fee/ Limit 12 people. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Holiday Open House**

**continued on next page**

**Check out more Garden Time at [www.gardentime.tv](http://www.gardentime.tv) 47**





# PLAY TIME

## Gardening Events Around Town (continued)

**Saturday-Sunday, November 10-11, 2018**  
**Garland Nursery, Corvallis, OR**

This is the weekend we debut all our holiday displays to get you motivated and inspired for the holiday season. There will be treats, classes (see below), good cheer and more! Super happy, mega-fun s'more station and fire pit will open this weekend! 5470 NE Highway 20, Corvallis, OR 97330. [www.garlandnursery.com](http://www.garlandnursery.com)

**Autumn Birds in the Garden**  
**November 10, 2018 • 9:30am-12:30pm**  
**Leach Botanical Garden, Portland, OR**

With Laura Whitmore. Birds are everywhere you look, but how to figure out which one is which? This workshop takes the mystery out of bird observation and identification by giving you the tools to see the whole bird—not just its color, but its shape, size, pattern, behavior, and more. You'll learn about resident species as well as those that live here only in the fall and winter. The class starts with a slide presentation in the Manor House Fireplace Room. You'll learn to see beyond a bird's color to consider other physical and behavioral characteristics that tell you about a bird's identity and life history. With new awareness, you'll walk around the Garden, with Laura helping you detect birds by moving slowly, being patient, and using your ears and eyes. Longtime birder and teacher Laura Whittemore loves to show beginners the tricks of the trade. She regularly teaches classes for Audubon Society of Portland and previously worked for Backyard Bird Shop, where she helped bird-feeding enthusiasts ID those confusing little brown birds. Laura holds a BA in Biology from Lewis and Clark College and has traveled in the US, Australia, South Africa, and Antarctica in search of birds. \$35 general/\$25 Leach Garden Friend. Bring binoculars & dress for the weather – we'll be out rain or shine. To register: Click on "Learn" at [www.leachgarden.org](http://www.leachgarden.org) or email [jvrlakas@leachgarden.org](mailto:jvrlakas@leachgarden.org). Leach Botanical Garden 6704 SE 122nd Avenue Portland, OR 97236.

continued next column

**Little Sprouts – Fresh Green Centerpiece**  
**Saturday, November 10, 2018 • 11:00am-12:30pm**  
**Garland Nursery, Corvallis, OR**

This Little Sprouts will show the children how to take the beauty of nature's green foliage and turn it into a stunning centerpiece for your holiday table. Cost: \$7.00 per child. 5470 NE Highway 20, Corvallis, OR 97330. [www.garlandnursery.com](http://www.garlandnursery.com)

**Plants for Lovely Winter Gardens**  
**Sunday, November 11, 2018 • 11:00am**  
**Portland Nursery (Stark), Portland, OR**

With Magi Treece of Living Structures. The grey months don't have to be barren ones in your home garden! Magi, a talented and experienced garden designer, will share plant and design ideas for keeping it interesting with color, form and texture all winter long. It's not all conifers and evergreens – think berries, bark, and winter flowers for lively scenes outside your windows. [www.portlandnursery.com](http://www.portlandnursery.com)

**Beginning Bonsai: Rock Garden Holly**  
**Sunday, November 11, 2018 • 1:00pm-3:00pm**  
**Garland Nursery, Corvallis, OR**

Instructor Theo Bennett will teach you how to make your very own rock garden holly. You will go home with a finished bonsai in a decorative pot. Cost: \$50. 5470 NE Highway 20, Corvallis, OR 97330. [www.garlandnursery.com](http://www.garlandnursery.com)

**Porch Decorating Demo**  
**Sunday, November 11, 2018 • 1:00pm-2:00pm**  
**Garland Nursery, Corvallis, OR**

Kate will demonstrate quick and easy outdoor decorating ideas. She will also show you how to turn your summer planters into beautiful fall and winter masterpieces. Cost: Free to the public. 5470 NE Highway 20, Corvallis, OR 97330. [www.garlandnursery.com](http://www.garlandnursery.com)

**Bonsai Class: Classic Bonsai Styles**  
**Saturday, November 17, 2018 • 11:00am**

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### **Tsugawa Nursery, Woodland, WA**

We will explore the classic Chinese Penjing and Japanese Bonsai styles, and look at how American and European Bonsai is adding to more traditional design. All levels are invited. We look forward to seeing you! A fee for materials may be added once topic is determined. Call us for more information. [www.tsugawanursery.com](http://www.tsugawanursery.com)

### **Thanksgiving Centerpiece Workshop Saturday, November 17, 2018 • 1:00pm-3:00pm Garland Nursery, Corvallis, OR**

This class is in such high demand we are doing it twice! We will walk you through the making of your very own centerpiece for your holiday table. We will have everything you need to create your very own Thanksgiving masterpiece and conversation starter. Cost: \$35 - Preregistration required. Call 541-753-6601 to reserve your spot! 5470 NE Highway 20, Corvallis, OR 97330. [www.garlandnursery.com](http://www.garlandnursery.com)

### **Zoolights November 21, 2018-January 5, 2019 • 5:00pm-9:00pm\***

#### **The Oregon Zoo, Portland, OR**

It wouldn't be the holidays in Portland without a visit to ZooLights, the Oregon Zoo's annual winter festival. As you walk around the zoo, you'll see a dazzling display of more than million and a half lights, and experience your zoo in a whole new light. In addition to visiting elephants, penguins and other animals, you can ride the popular lighted train and enjoy dinner from a variety of food carts. Little ones may want to ride the carousel, and Santa will be available at the events through December 23 for photos. There will be local food carts, special warm drinks and live music as well.

\*Closed November 22 and December 24-25 for the holidays, and November 27-28 for BrewLights. Value Nights will take place on November 26, 29 and December 3-6 and 10-13. Zoo For All fami-

lies are also welcome to attend those dates. Advance tickets are not available for Zoo For All guests. The zoo opens each day at 9:30 a.m., and ZooLights tickets are valid after 4 p.m. The hours are 5 p.m. to 9 p.m. on ZooLights nights, and 5 to 8 p.m. on Zoo For All and Value Nights. Grounds remain open for one hour after gates close. [www.oregonzoo.org](http://www.oregonzoo.org)

### **Christmas in the Garden November 23-December 31, 2018 (open most dates)**

#### **Oregon Garden, Silverton, OR**

We're Excited To Share Our New Christmas In The Garden Website With You! Visit our new Christmas Website! If you have any questions, please email [info@christmasinthegarden.com](mailto:info@christmasinthegarden.com) or call 503-874-2539.

Christmas In The Garden Is A Charming European-Inspired, Outdoor Event Featuring Ice Skating, Snowless Tubing, An Artisan Vendor Market, Photos With Santa, Fire Pits, Live Music And More, All In The Oregon Garden In Historic Silverton. Upon arrival, you will enter the Garden and follow the lights to the beautifully decorated Rediscovery Forest. Here, you can ice skate with your family, shop at our traditional German Christmas Market, walk through one million Christmas lights, sip gluhwein and other holiday beverages, slide down 150 feet on the snowless tubing track, listen to festive music & carolers, enjoy the smells and tastes of holiday foods, warm up next to fire pits, listen to live music in the heated, 21+ over Biergarten. [www.oregongarden.org](http://www.oregongarden.org)

### **LOOKING FOR MORE?**

You will find more events and updated information on the Garden Time Events Calendar  
[www.gardentime.tv/events.htm](http://www.gardentime.tv/events.htm)

**continued next column**



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Neil Kelly • Parr Lumber • Portland Nursery • Salem Hospital  
Terra Casa • Taggart's • Tsugawa Nursery**

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