

March 2018

# garden time

A Digital Monthly Magazine for Your Garden & Home

'Plant of the Year'  
**Coreopsis**  
Applausable Explanation

Coreopsis 'Ladybird'

**Kale**  
**Fire-Retardant Landscapes**

NEWBERG CAMELLIA FESTIVAL'S  
**Brian Stewart**





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## Into the Storm!

The subject of this month's editorial has many meanings for me. The most obvious one was the recent cold snap that we had to endure during the last few weeks of February. We had been lured into a false sense of security by warmer than normal temperatures. A lot of us were outside in short sleeved shirts getting our garden ready for the early, so we thought, spring. In our garden we even had some of our tender annuals from last year looking as if they would make it through the winter to bloom again this coming season. Alas, it was not meant to be. The cold weather and snow just showed us that, in the Northwest, we can always expect the unexpected!

The other meaning for into the storm is the return of the TV show for another season, our 13th! The start of a new season is always full of excitement and tons of work. There are contracts to be signed, commercials to be made, TV schedules to finalize and stories to be scheduled. You would think that after 13 years it would get easier, but we always talk to all our clients about garden trends, new plants and products. In fact, the first week of March the Garden Time crew will be in two all-day PK (product knowledge) meetings learning about some of the new stuff gardeners can expect to see in the coming months.

The third meaning for our editorial heading is just the overall rush of spring! The garden changes almost daily for the local gardener and it can be a crazy time of year as we all get our gardens in order for spring and summer. So buckle up, it is going to be a wild ride!

There is nothing wild about our stories in this month's magazine. We get your mind ready for the hot summer days ahead with an article about building a fire retardant landscape. Judy tells us about 'firescaping' and even shares some plant choices to help prevent any future fire related disasters. We also tell you about some 'hot' plants as well, like the perennial of the year, coreopsis. Tickseed is the common name, but there is nothing common about the variety of colors and styles you can find at your local garden centers this season. Speaking of 'hot'. Therese shares a story on Kale, one of the hottest of the healthy vegetables that you can grow any time of year in your garden. We even have a wonderful kale salad recipe that will knock your socks off!

So, here we go! From the storms of winter to the storms of spring. Pull on those boots, read this month's magazine, and watch Garden Time when we return on March 3rd and then get ready for a season of great information!

## Happy Gardening!

**Jeff Gustin, Publisher**

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# Garden Time's Iconic Spokesflower Answers Your Questions!



## Ask Mortimer

Dear Mortimer,

Help! My lawn is being overtaken by moss. My question is... I have dogs who are on the lawn and I'm wondering if the 'moss killer' will hurt them/their paws. Can you offer advice?

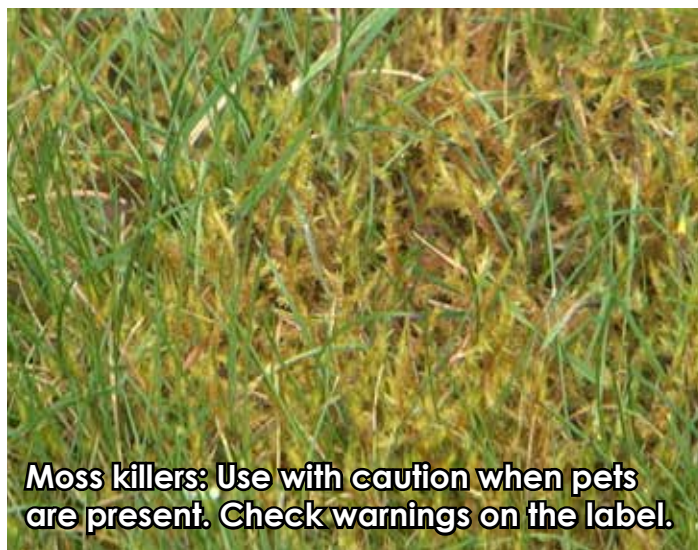
Thanks so much!  
Shirley K.

Shirley,

Most, if not all, of the moss control products have cautions for use with pets around. The most successful ones have a form of 'iron' in them (ferrous sulphate). This creates an environment that moss hates. The iron is also a light fertilizer that will green up your yard. The iron will also stain any hard surfaces it contacts. When applying this to your lawn most companies recommend that you wait until the granules have worked into the turf, or the liquid application is allowed to dry, before letting your kids or pets on the lawn itself, waiting at least a few hours before walking on the surface. If you apply according to manufactures recommendations (including the warnings) you should be fine.

Even a few of the organic or natural products have warnings for pets on the labels. One organic product is even toxic to fish. Also, some organic products will require that you re-apply the product every few weeks since they break down so quickly in nature.

The key is to read the label before you buy any product. Look for the SDS (safety data sheet) or MSDS (material safety data sheet), or PSDS (product safety data sheet). This sheet will tell you all you need to know about a product. You can find these sheets listed on-



**Moss killers: Use with caution when pets are present. Check warnings on the label.**

Mortimer answers selected questions and comments every month in Garden Time Magazine. To send him your question, email [AskMortimer@GardenTime.tv](mailto:AskMortimer@GardenTime.tv)



line, attached to the bottle or container, or on file at your garden center.

The safest way to control moss is to remove it by hand with a rake and then over-seed with fresh grass seed. A strong and healthy lawn is the best deterrent for moss. For other pet owners, they just find that they love the feel of moss and leave it.

Thanks for the question,  
Mortimer

Dear Mortimer,

I have a question about coffee grounds in my garden. I picked up a big bag of grounds from my local coffee shop and I have heard that they are great for the garden, but I also heard that they can have too much acid in them and may hurt my plants. What is the truth?

Thanks,  
Mrs. Maxwell

Dearest Mrs. Maxwell,

Perk up! Coffee grounds are great for your garden! They are an organic material and any type of organic material is good for your garden. Some people spread a light layer around the top of the soil near their plants and then work it into the soil. There are some studies that show used coffee grounds have a little bit of acidity to them. That makes them great around acid loving plants like blueberries, rhodies and azaleas. Fresh ground coffee is more acidic, but who would put coffee grounds in their garden without using them first?

One of the best suggestions we heard was to add them to your compost pile. That gives them a chance to break down a little more and then they make a wonderful mulch! There are also some people who say that they can deter slugs and snails from the base of your plants, but I haven't seen any studies to prove that.

Either way, enjoy your morning cup of coffee and then let your plants enjoy a 'shot' too!

Your morning coffee buddy!  
Mortimer



PHOTO CREDIT: SCOTT SCHILLER VIA FLICKR





# Plant of the Year, Coreopsis

# Applausable

# Explanation

**These workhorse perennials are finally getting the appreciation they deserve.**

**by Judy Alleruzzo**

I'm so happy that Coreopsis, a cute, daisy-shaped flower perennial is getting notice this year. It has been selected the 2018 Perennial of the Year by the National Garden Bureau. It is a good garden plant with many pluses. The common name, Tickseed, is not so lovable a name, but Kor-ee-OP-sis just rolls off your tongue, doesn't it? I love botanical names! Supposedly the common name comes from the idea that the seeds look like the insect, ticks. Birds, especially Goldfinches, do love these seeds so it's a nice idea to leave a few seed heads on during the summer and also leave the

last of the seed heads on the plant for fall bird food.

About 30 Coreopsis species are native to many regions in the US with over 70 more native species found around the world. These workhorse perennials love a sunny site with well drained soil. Coreopsis are drought tolerant once they are planted in the ground for at least one year. Bees and butterflies are pollinators for Coreopsis plus they are not too tasty to deer. Coreopsis bloom from early summer to fall and are nice flowers for fresh bouquets. The new compact varieties do well in containers and with

the range of flower colors available, Coreopsis play well with a wide assortment of annuals and perennials. Coreopsis, as with many continuous blooming perennials, benefit from a light shearing in mid season to promote fresh foliage and flowers.

Perennial plant breeders have been working on new Coreopsis varieties and have produced many new plant series. They are looking for plants with more flowers, longer bloom times, new colors and compact habits.

In the past few years these new Coreopsis have been available to gardeners:



### **Coreopsis 'Firefly' PP#26,295**

**Flowers of yellow petals with  
ruby red centers**

**Blooms Early Summer to Fall**

**Compact Habit, Ht 10-12in X  
15in Wide**

**Hardy to -20°F**

**Resistant to powdery mildew**



### **Coreopsis 'Ladybird' PPAF**

**Orangy-Red blooms in summer  
to fall**

**Compact Habit, Ht 12in X 15in Wide**

**Hardy to -20°F**

**Resistant to powdery mildew**

**Continuous blooming to the point  
that fresh blooms overtake  
the spent seed heads**



### **Coreopsis Lil' Bang™ 'Daybreak' PP#27,138**

**Gold center blooms, ringed in  
burgundy and edged in gold tips**

**Flowers Early Summer to Fall**

**Compact habit, Ht 10-12 in X  
18-20in Wide**

**Hardy to -20°F**





**Coreopsis 'Cruizin' Route 66'**  
**PP#20,609**

**Large yellow flowers with burgundy centers. The burgundy color runs to the tips of the petals.**

**As the cooler temperatures come on in fall, more burgundy color takes over the flower**

**Blooms Early Summer to Fall**

**Ht 24-28in X 24in Wide**

**Hardy to -20°F**



**Coreopsis 'Cruizin' Main Street'**  
**PP#24,562**

**Bright Ruby-Red Flowers.**

**Blooms Early Summer to Frost**

**Ht 18-24in X 18in Wide**

**Hardy to -20°F**



**Old Favorites**

**Coreopsis verticillata**  
**'Moonshine'**

**Light lemon yellow flowers with fine texture foliage**

**Ht 18-20in X 18-20in Wide**

**Hardy to -40°F**

**Sterile seeds, will not self-sow**



## Old Favorites

### **Coreopsis verticillata 'Zagreb'**

**Gold flowers with fine texture foliage**

**Ht 12-18in X 18in Wide**

**Hardy to -40°F**

**Can spread by rhizomes or seeds**



**Coreopsis  
'Cruizin' Main Street'**

These are just a few of the many varieties available this spring and summer at your favorite garden centers and nurseries. If you're looking to add almost continuous blooming, bee and butterfly attracting, deer resistant,

pretty cut flower, new perennials to your garden or containers, check out Coreopsis, the 2018 Perennial of the Year. Coreopsis will be a win-win perennial for your garden.

## **Available Now!** **Garden Time Flowers**

In celebration of Garden Time, there are now four flowers that have been named in our honor. The *Garden Time Tulip* is available through Wooden Shoe Tulip Farm, the *Garden Time Dahlia* comes from Swan Island Dahlias, the *Garden Time Rose* was introduced by Heirloom Roses and the *Garden Time Iris* is from Schreiner's Iris Gardens.



**Garden Time Tulip**



**Garden Time Dahlia**



**Garden Time Rose**



**Garden Time Iris**

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**Garden Time**





# 'Scape from the Flames

The wildfires of 2017 taught us that no neighborhood is safe from an inferno, but a good landscape design can reduce the threat.

by Judy Alleruzzo

Late winter and early spring is the time to plan and plot garden work for the coming season. You may be planning your vegetable garden or thinking of a new color scheme for your annual extravaganza! But in thinking back on the heat and wildfires of the summer of 2017, here are reminders if your home is in wildfire country or wildfire safety is on your mind.

## **What Is Firescaping? from Nevada State Extension November 2015**

Firescaping is landscape design that reduces the vulnerability of your house and property to wildfire. The goal is to develop a landscape with a design and choice of plants that offer the best defensible, survivable space and enhance the property. The ideal is to surround the house with things that are less likely to burn. Firescape integrates traditional landscape functions with a design that

reduces the threat from wildfire. It includes planting for fire safety, vegetation modification techniques, use of fire safety zones, and defensible space principles.

That definition sums up Firescaping" very well.

Here are some fire safety tips if you live in a wildfire danger area or ideas to keep your home safe from a wayward firecracker or lit cigarette butt.

### **Immediate Zone From 0 to 5 feet from your home**

- If you live in a High Fire danger area, no plants should be planted in this area.
- If lower danger of wildfire, use plants low in resins, waxes and oils. Do not choose conifers as these are high in these materials. Deciduous and broadleaf shrubs, perennials and annuals are better selections.

- Use non flammable material for pathways in this area.

- Don't forget to clean plant debris from gutters and near your home's foundation before the 4th of July and fire season begins.

### **Intermediate Zone From 5 to 30 feet from your home**

- Plan your landscape using plants that are low in resins, waxes and oils. Do not choose conifers as these are high in these materials. Deciduous trees and shrubs, Broadleaf shrubs, perennials and annuals are better selections.
- Deciduous trees are better closer to a home as in leaf they have more moisture content and less material to burn when dormant.
- Prune trees 6-10ft from ground level.



- Do not plant under trees to prevent flames on the ground to move quickly to low lying tree branches.
- Plan fire breaks of non flammable material for driveways, walkways and patios. Ponds, lawns and boulders are also good fire breaks. These are defensible zones to lessen fuel loads to burn near homes.

### Extended Zone 30 to 100 feet from your home

- Clean up dead and decayed vegetation under trees.
- Thin tree canopies to at least

12 feet apart. This slows fire from jumping tree to tree in the upper canopies.

- Remove vegetation near storage sheds and out buildings to lessen fire danger near these structures.

## Plants to Use

### Trees

Use deciduous trees instead of conifers.

Conifers contains resins, waxes and oils which are highly flammable.

Deciduous and broadleaf trees

are better choices as in leaf, they have more moisture content and less dry material to burn when dormant.

Maple, Cherry, Poplar

Ash, Oak, Strawberry Tree

### Shrubs

Blueberry

Cotoneaster

Heather

Lilac

Mahonia

Rockrose

Shrub Roses

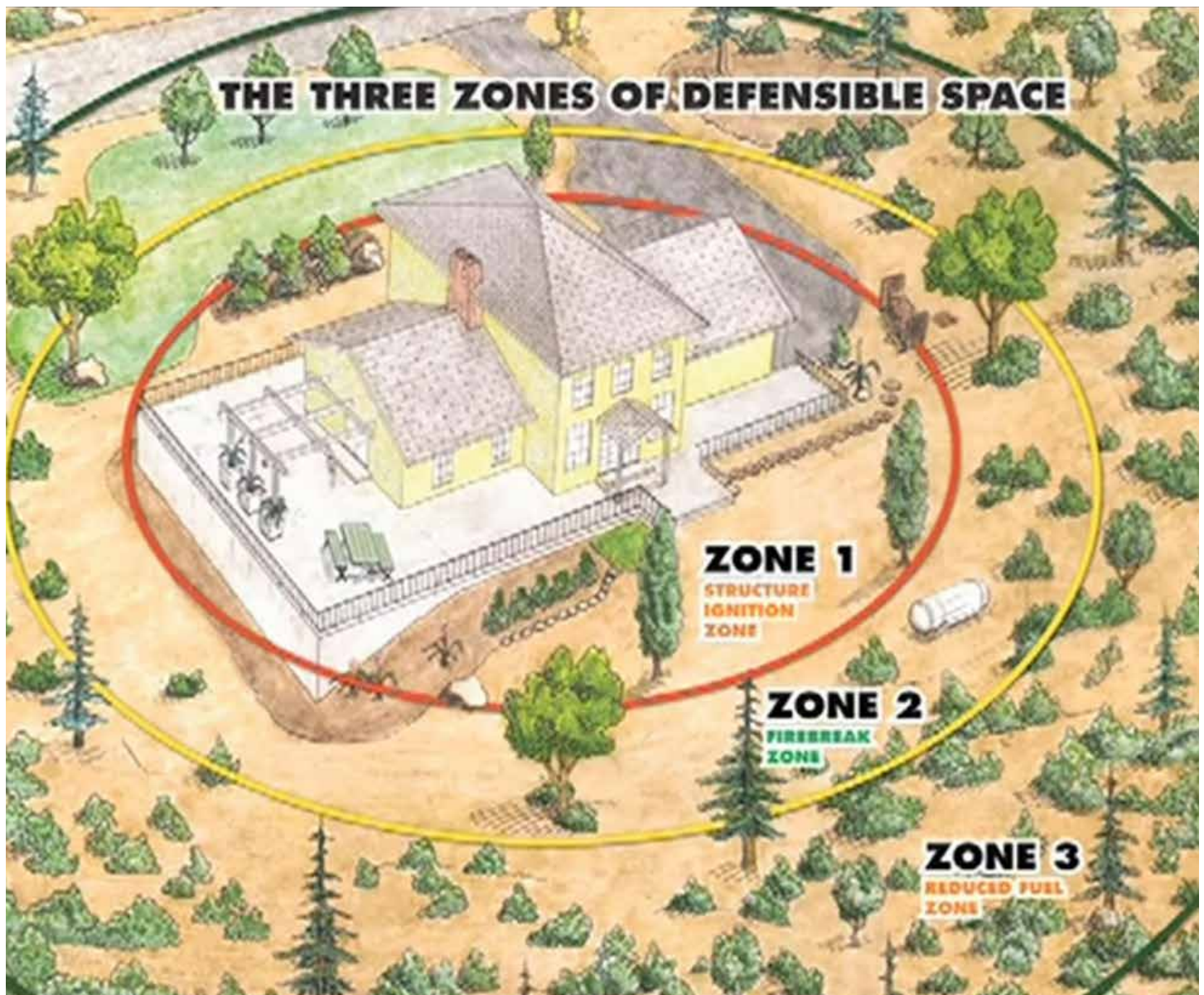


PHOTO CREDIT: LA PINE FIRE PROTECTION DISTRICT





## Perennials

Echinacea  
Gaillardia  
Heuchera  
Hosta  
Penstemon  
Rudbeckia  
Sedums and Sempervivums

## Vines

Lady Banks Rose  
Star Jasmine

In our area, a great way to see Fire Safety Landscapes up close is to visit The Fire Safety House at The Oregon Garden in Silverton. There is very detailed interpretive signage explaining how to help your home be more resistant to wildfire damage. You can see what fire safe plants look like and the best designs to maybe duplicate at your own home. The Oregon Garden is always an interesting place to explore and learn something at the same time.

These tips and plant lists are a small sample of information you can find on the sources listed below or from scanning the Internet. The important idea is to plan to be safe in 2018. One last slogan to remember from the Nevada State Extension Service: Keep the landscape green and low growing — that is, “lean, clean, and green.”



<https://catalog.extension.oregonstate.edu/em9103>

Check out the Fire Safety Display Garden at The Oregon Garden

<http://articles.extension.org/pages/23703/firescaping-landscape-design-for-wildfire-defensiblesurvivable-space#.UtRYYfRDuoI>

Article Written by:  
JoAnne Skelly, University of Nevada  
Cooperative Extension, Carson City, NV





Oregon Garden Fire Safety House



# N&M

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# Point of View

**If you're familiar with Portland's Pittock Mansion only from the inside, you're missing something special.**

**by Ron Dunevant**

**Flowers line the walkways outside the Pittock Mansion.**

Any tour book that contains a list of Portland's well-known attractions is likely to include the historic Pittock Mansion. Nestled high in the West Hills, gleaming like the star on a Christmas tree, this historic structure has presided over the doings in "Stumptown" for more than a century.

If you've never visited, you should. But the mansion, itself, is just half the story. Adjacent to the structure is 46 acres of trees, shrubs and flowers topped off with an incredible view. It is called Pittock Mansion Acres, a city-maintained park that draws thousands of visitors each year, but is often overlooked because of its more-publicized sibling.

Longtime Portland residents certainly know of the Pittock Mansion, but often not the legend behind it. The story has roots that go back to the Civil War era and culminates over a century later. In 1861, 26-year-old London-born business tycoon Henry Pittock took over as publisher of the

city's weekly newspaper, The Oregonian. Pittock turned the paper into a daily and for the next 60 years, controlled what would become the newspaper of record for a burgeoning city.

In 1909, he began construction of a French Renaissance-style mansion in the wooded area in the hills above downtown Portland. The 22-room estate became an oasis for Pittock and his wife Georgiana, an avid gardener. With a breathtaking view of mountains, rivers and city lights, the outdoor-loving couple delighted in the gardens and woods on the surrounding acres of the property. Outside the mansion, the Pittocks planted flower beds and shrubs.

Georgiana was a founding member of the Portland Rose Society who is credited as one of the creators of the Portland Rose Festival. She made flowers a prominent feature in the gardens of her mountaintop home. Landscape architect C.C. Colburn, who designed the gardens, included a

wide variety of roses, as well as flowering cherry, purple magnolia, azaleas, daphne, andromeda, viburnum, and honeysuckle.

Henry, an avid outdoorsman, forged trails throughout the estate but kept much of the property wild. He and his daughters loved to hike on the paths they cleared through the woods, many of which still exist today.

Georgiana died in 1918 and Henry in 1919. Members of the Pittock family remained at the mansion until 1958, when the property was put up for sale. It did not sell. Sitting empty for several years, marred by squatters and severely damaged by the 1962 Columbus Day storm, the mansion was a candidate for demolition until the City of Portland acquired the dilapidated house in 1964. 46 acres of the original estate were preserved along with the structure.

That acreage, tucked in between Portland's Washington and Forest Parks became a public park main-

PHOTO CREDIT: KATTIETHEBEAU VIA FLICKR





**Gorgeous roses abound.**

tained by the city. Today, Portland Parks & Recreation and volunteer members of the Oregon State University Master Gardeners spend their time caring for the grounds in an effort to keep this treasure looking its best.

Those who visit this hidden gem are rewarded with a relaxing, quiet place with something to look at in almost every direction. Many visitors stay for hours just soaking it all in. The gorgeous flowers, stunning views and historic architecture make for a wonderful day of adventuring. Many of the online reviews cite a wonderful experience without ever going into the mansion, itself.

The outside of the mansion is quite impressive, but the most impressive view is of the downtown skyline, a bird's eye panorama of Portland's most iconic structures. The outside grounds have a grassy area and gardens that have an amazing view of several mountains. At 900 feet in elevation, the Pittock Mansion property is the second-highest point in Portland, so on a clear day, the vistas are expansive and awe-inspiring. You'll find a fantastic view of the Willamette River, Mt. Hood, Mt. St. Helens and East Portland.

Flower lovers will also find satisfaction. As with many gardens the most impressive blossoms will unfold in the spring, you will find something blooming almost any time of the year. Even in the chilly days of mid-February, it is not uncommon to see cyclamen, camel-

# Where Will a Capitol Subaru Take You?



## Local Events March 2018

### Ladies' Night Out

**Thursday, March 15, 2018 • 5:00pm-8:00pm**

**Al's Garden & Home, Sherwood, OR**

After being indoors all winter, you deserve a night out! Please join us for a night of food, drinks, music, fashion & fun at Al's Ladies Night Out. You can refresh your garden, home & closet just in time for spring.

• [www.al-gardencenter.com](http://www.al-gardencenter.com)

### Cherry Blossom Day

**Sunday, March 18, 2018**

**Oregon State Capitol, Salem, OR**

Among dozens of blooming cherry trees, the Oregon State Capitol will host its third annual Cherry Blossom Day on March 18. The celebration will include a 5K run and walk, kite flying, cherry tasting, traditional Japanese performances and exhibits and other free, family-friendly activities.

### Ladies Only! Spring Plant Show & Tell!

**Thursday, March 22, 2018**

**French Prairie Gardens, St. Paul, OR**

The evening includes: Creating Gorgeous Flower Baskets with William & Judy of Garden Time! Enjoy tasty bites & drinks, including local Oregon Craft Brews & Cider. All ladies are welcome (21+) and admission is free.

• [www.fpgardens.com](http://www.fpgardens.com)



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Roses in the Pittock Mansion garden...

PHOTO CREDIT: REBECCA WILSON VIA FLICKR



...and more roses, a favorite of Georgiana Pittock.

PHOTO CREDIT: MIKE KRZESZAK VIA FLICKR





A variety of flowers are on display at the garden.

lias, witch hazel, hellebores, pansies and even some roses showing color. There is also a rock garden. One standout that many on-line reviewers mention is the clero-dendrum plant, which has leaves that smell like peanut butter and blooms that smell like lilies.

Pittock Mansion's original landscape plan included 350 rhododendrons and 276 roses. Many of these same plants can be found on the grounds today. Rhododendrons, in a variety of colors from white to pink to purples, begin to blossom in April and continue through June. You will also find more than 100 different varieties of roses on the grounds, blooming from May through August.

The terrain of Pittock Mansion Acres is a combination of ever-green forest, deciduous forest and deciduous woodland. One of the

more interesting finds is planted on the mansion grounds, a bristle-cone pine. This long-lived species is highly resilient to harsh weather and bad soil and is considered to be among the longest-lived life-forms on Earth. Serious hikers will encounter enough climbs to be a challenge and casual strollers will find ample sights within a few hundred yards of the mansion.

For visitors with a desire to learn more about the roses, perennials, flowering trees and shrubs, native plants and evergreens, the Oregon State University master gardeners have, for many years, offered free walking tours on various Saturdays during the summer months. They also answer gardening questions.

Visiting the gardens, trails and viewpoints is free. If you wish to go inside the mansion, admission

is \$11 for adults, with discounts for seniors and children. The mansion is open from 10:00am-4:00pm daily, February to November, with extended hours during the summer.

All in all, an excellent way to spend a day, with a little history, a great view, some beautiful plants and interesting structures. Another gem brought to us by our Portland Parks System.

**Pittock Mansion Acres**

**3229 NW Pittock Drive  
Portland, OR 97212**

**503-823-3623**

**<http://pittockmansion.org>**





A magnolia tree in bloom.

PHOTO CREDIT: KENNETH HOPKINS VIA FLICKR

## Getting to Pittock Mansion Acres

**Driving:** You can access the grounds by automobile from W Burnside Street at NW Barnes Road. A small green road sign will direct you. There is a free 60-slot parking lot at the mansion, but during busier times, you may find it difficult to find an open spot.

**Bus:** Tri-Met's Bus #20 runs on West Burnside Street, with a stop westbound just beyond the Barnes Road intersection. Traveling east, the stop is just across the intersection.

**Hiking:** You can hike to the parking lot via Forest

Park's Wildwood Trail, which also goes into Washington Park.

**Walking/Biking:** If you don't mind long staircases, and you enjoy a good workout, you can find access from downtown Portland. The Kings Height Stairs, off of NW Westover Road and NW Fairfax Terrace provide shortcuts to a series of winding streets that eventually pass by the Pittock Mansion. Not an easy route, my any means, but a satisfying challenge if you have the time and energy. Check the internet for some routes other walkers have used.



The view from Pittock Mansion Acres, probably the best in Portland.

PHOTO CREDIT: LITTLE MOUNTAIN 5 VIA WIKIMEDIA COMMONS



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Link to this information on the *Garden Time* website:  
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TRIP BOOKED THROUGH





# Kale & Hearty

**This former salad bar wannabe has graduated to center stage at both the dinner table and the flower bed.**

by Therese Gustin

Ornamental Kale

PHOTO CREDIT: LESLIE DE BLASIO VIA FLICKR.COM

This super food has gotten a lot of buzz in the past few years and rightly so. Kale is one of the most nutrient rich foods available and contains only 33 calories per cup. Kale (*Brassica oleracea* var. *sabellica*) is a great source of Vitamin A, C and K as well as a boat load of other vitamins and minerals including B vitamins, calcium and iron. It is low in saturated fat and cholesterol and a good source of fiber and protein. This member of the cabbage family packs a lot of nutrition into one little leaf!

Historically, kale has been eaten for over 2000 years. In the Middle Ages it was one of the most widely eaten vegetables. One reason for

its popularity was its ability to withstand cold temperatures. There were varieties that also did well in hotter climates such as Greece. Here the variety was characterized as Sabellian kale, the precursor to the modern day kales we are familiar with today.

Widely consumed in Europe, kale wasn't brought to North America until the 16th century. Russian kale was brought to Canada by Russian traders in the 19th century and then found its way into the United States. The U.K. cultivated kale during WWII as part of their Dig for Victory campaign. This nutritious green was easy to grow and added much needed nutrients to their

diets due to food rationing during the war.

So when did kale go from a decorative addition to a salad bar to a standalone super food in its own right? The popularity of the "green" smoothie in the early 2000's sparked an increased use of kale along with other nutritious greens like spinach and chard. Mostly a staple of vegans and vegetarians, as smoothies became more mainstream, kale as a superfood became a household word.

There are many varieties of kale both edible and ornamental. Those tightly clumped, purple and cream heads that you see at garden centers in the fall are



lovely but are too tough and bitter to eat. Enjoy them for their ornamental value. Edible varieties include smooth leaved, curly leaved and everything in between.

### **Lancinato**

This variety has thick crinkled leaves that are a beautiful deep blue-green. It has a fine, sweet, full flavor; never strong or overbearing. This Italian favorite (also nicknamed "dinosaur kale" because of its primeval appearance) does well in both cold and warm climates.

### **Red Russian**

This kale variety is especially tender, mild and delicious. It is a Siberian kale with blue-green frilled leaves with purple tinged veins. It is both ornamental in the garden and nutritious to eat.

### **Portuguese Kale**

This paddle-shaped, flat-leaved, white veined variety is tender, mild flavored and sweet. It is much more heat tolerant than other kales.

Now to some, kale is an acquired taste. If not eaten soon after it is picked it can start to taste bitter. One easy way around this is to grow your own. There are many varieties of kale but they all are easy to grow.

You can start seeds directly in the garden as soon as the ground can be worked in spring. Plant in well-drained, fertile soil in full sun. Sow seeds 2 inches

apart in rows one foot apart. Cover ½ inch deep and keep soil evenly moist. Germination takes about 10 to 20 days. Thin to 10-12 inches apart when seedlings reach 3 inches tall. These seedlings can be mixed into salads right away. You can sow another crop in late summer. A frost will actually enhance the sweetness and flavor of the kale so it's OK to leave it in the ground come fall. You can begin to harvest the outer leaves when the plant has 6 to 8 leaves. It is best

to remove the midrib before consuming the kale. This can be done by running a knife along each side of the midrib or by folding the leaf in half and cutting along the midrib. Enjoy thin strips of kale raw in salads and smoothies or add to soups and stews. Lightly coat with olive oil and a little salt and bake in a 350° oven for 10 to 15 minutes for delicious kale chips. My friend Barb makes a delicious Greek salad with kale and she graciously allowed me to share it with you!



**Portuguese Kale (Tronchuda Beira)**

PHOTO CREDIT: RENEEGARDEN.COM



# Chopped Kale Greek Salad

Prep time: 15 minutes

## Ingredients:

### *Greek Salad Ingredients:*

- 1 large bunch (about 10 ounces)  
kale leaves, finely chopped
- 1 pint cherry or grape tomatoes, halved
- 1 cucumber, seeded and diced
- 1 (15 ounce) can garbanzo beans  
(chickpeas), rinsed and drained
- ½ red onion, thinly sliced
- 2/3 cup Kalamata olives, pitted
- 2/3 cup crumbled feta cheese
- Garlic parsley vinaigrette

### *Garlic Parsley Vinaigrette Ingredients:*

- ½ cup olive oil
- ¼ cup fresh parsley leaves, finely chopped
- 3 Tbsp. freshly-squeezed lemon juice
- 3 Tbs. red wine vinegar
- 2 garlic cloves, pressed (or finely chopped)
- 1 tsp. dried oregano
- ½ tsp. sugar
- ¼ tsp. salt
- ¼ tsp. black pepper

## *Directions:*

To make dressing:

Whisk all ingredients together until well blended. Season with additional salt and pepper.

To make Greek salad:

Toss all ingredients together with desired amount of dressing until evenly mixed.



Russian Red Kale (Wild Garden Frills)



Lacinato Kale



Kale Chips

PHOTO CREDIT: RENEESGARDEN.COM

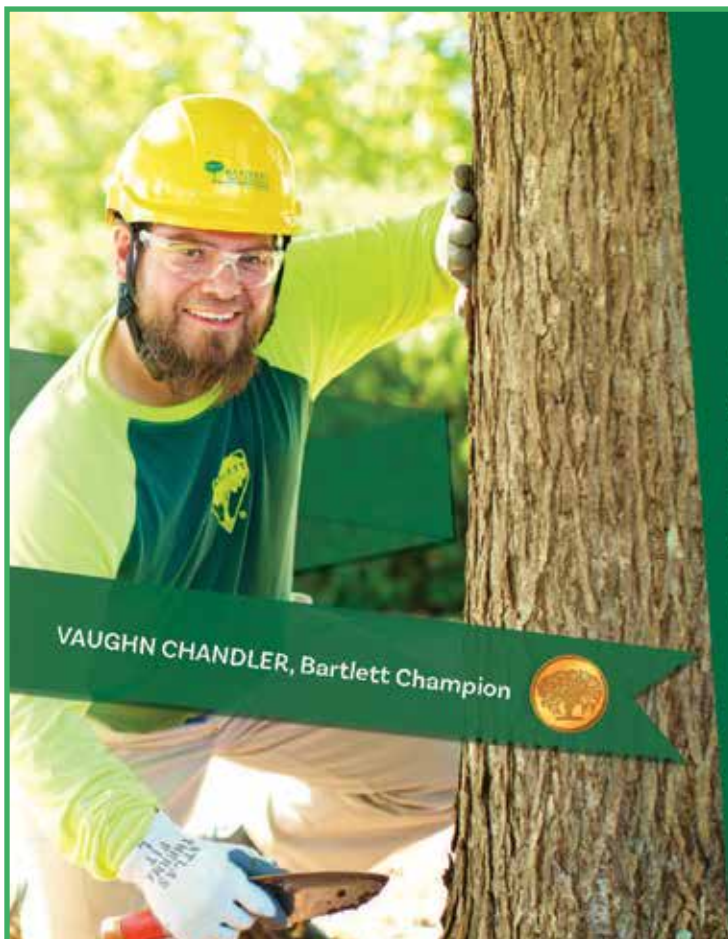
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Kale Types



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# FEST MAN

*Bryan Stewart's passion for horticulture has helped to change an entire city.*

by  
William  
McClenathan



Bryan Stewart

There are many paths one can take to a garden. Often we go down roads which in the moment, seem to have no direction to those gardens at all.

Such is the story of this month's Hortie, Bryan Stewart.

Every human is connected to nature, whether we are aware of it or not. In fact, our very lives depend on it.

So it is a unique story that Bryan has because he is not a life time gardener. In fact, most of his life was not in the horticulture field of business.

I did find that like countless folks who end up in this industry, he too had similar experiences with

those of us who love gardening currently did when we were very young.

And most often, it is women who introduce gardening to us. For Bryan, it was both his mother and grandmother.

The youngest of three boys, he was what he calls, a Navy brat. For months at a time, his father was away doing the honorable job of protecting our Nation. Because of that sacrifice, Bryan became close to his mom and grandma.

He remembers his grandmother's farm where they lived in Syracuse. Each day there would be flowers in a vase on the table, some of which were grown in the gardens, some purchased in the

winter.

But his mother also loved to garden. That is where the seeds were planted in Bryan's young mind.

His family had to move to San Diego after his father was transferred there. This is when and where his first interaction with money in Horticulture occurred.

His older brother started a landscape company. Bryan began helping him while Bryan was a senior in high school.

One of his brother's accounts was the La Costa Shopping Center. Bryan worked on this account for several years.

However, this was not his passion because at this time it was simply a job and as often happens, life took over. Bryan will be the first to tell you that Terry, who became his wife in 1984, stalked him. Her



consistency in pursuing him finally gave way and he willingly gave in and married her. From this union, two beautiful daughters were born...eventually.

As a young couple, Bryan and Terry decided to leave their home in San Diego. They were young and decided to take flight. Their first stop was in Las Vegas where they stayed with Bryan's aunt for a short time.

Then they continued on to Wisconsin. This was where their first daughter Sara was born. Bryan took a job running a restaurant. Although he loved this job, they found the weather too much to deal with.

Finding their way to Rochester, Bryan applied at Dayton Hudson and he got a job working at Target.

In 1989, his boss, who thought very highly of Bryan, told him he was moving to Oregon and wanted Bryan to move with him on this new adventure.

Bryan and his family did, but once they got here, Target wanted him to travel a lot and that did not interest Bryan. It is still 1989.

He applied and got a job at Columbia Corrugated Box Company. It was this job which compelled him to get his CDL license. It was also during this time that their second daughter Amy arrived.

His wife had a connection from the Newberg Library which connected Bryan to a job at Coke in their delivery department. Thankfully, he had already obtained his CDL license so he applied for and received that job.

The pay was great and much needed with the addition of their second daughter. Bryan did this job for about nine years...but it was exhausting on him mentally and physically.

Once again, his amazing wife steps in and tells him about a job



**Brian's daughters Amy and Sara**



**Bryan with greenhouse plugs**





**Weed control**

opening for grounds keeper for the city of Newberg. Bryan was already aware that her stalking him was the best thing to happen in his life.

Bryan worked long and hard on cleaning out and fixing up the city's public planting areas. He began adding different and unique plants to areas. It was not very long before letters and phone calls began flowing in on how great the city areas were looking!

That inspired Bryan to expand into things like creating a 'water wise' garden in Newberg (you can see the story we did on that here: <http://www.youtube.com/v/99jPcdGP4J4>)



**Weed control**

He also began working with the Newberg High school with students in Horticulture. He will be the first to admit that this happened because of the influence of his daughters, which inspired him to upgrade the run down greenhouses at the school and from that, he was able to have the students learn about Horticulture AND actually grow plants for the city to use. This promoted a financial savings for the city, allowed the students to have plant sales from what they were growing, which helped the school's budgets, and it gave students hands on experience in Horticulture and to experience the real world effects first hand.

It was also during this time that Bryan joined and became an OSU Master Gardener.

Along with becoming a Master Gardener, Bryan also chose to become part of the Conifer Society, Arborist Society and the Camellia Society.

He also found out that the city had a budget for employees who desired further education, so Bryan took advantage of that as well.

And as if all of this was not enough, Bryan was a prime player in working on creating the Newberg Ca-



**Youth monitoring**



mellia Festival and Run/Walk.

This amazing community-inclusive event is brilliant. Camellia is the flower of Newberg. Over decades this concept had become lost or forgotten. Bryan began planting new Camellias and documenting certain Camellias which had been planted long ago in Newberg. This passion led to the direction of what ultimately created this amazing festival based on this beautiful flowering shrub.

Here is our most recent segment from the show about this event. <http://www.youtube.com/embed/LximCtGXy3E>

If you have never attended this, you should. The beauty of Camellias and its relationship with Newberg may have been the instigator for the event, but my goodness, it has morphed into so much more!

Art, music, food, the Run/Walk, American Indian history, Asian connections, and the rich and vibrant history of Newberg all conspire to make for a wonderful time.

This year's Festival is happening on April 7th, 2018. For more information visit here: [newbergcamelliafestival.com](http://newbergcamelliafestival.com)

But never one to rest on his laurels, and although Bryan still has a part to play in the Camellia Festival, he has moved on. Now he holds the title of Golf & Parks Landscape Coordinator for the Chehalem Park & Recreation District.

I so enjoyed hearing and sharing Bryan's story with you all. It proves that even if someone does not think they would have an effect or career in Horticulture, they certainly can.

In fact Bryan's passion for horticulture has helped to change an entire city!

One does wonder then...what amazing things will come from him now?



**Newberg greenhouse students**



**Students in program at Newberg High**



**Camellia festival run**



# As Irish as Apple Pie

In honor of St. Patrick's Day, we check out an Irish tradition that is distinctly American.

by David Musial

Typical Saint Patrick's Day meal as a youth.

Holidays as a child were always looked forward to with excitement and anticipation. This was in part, due to the special food that was served. However, there was one holiday that was anticipated with dread and it was also due to the food served. That day was St. Patrick's Day and the food was corned beef and cabbage.

Now I have nothing against the Irish and may in fact be part Irish. However, the smell of boiled cabbage and the taste of corned beef was enough for this child to go to bed without din-

ner. So why do we celebrate St. Patrick's Day with this traditional meal and is it even an Irish tradition?

To get started, let's explore the origin of St. Patrick's Day in Ireland and in the United States.

Saint Patrick was born Maewyn Succat, he lived in Britain in the fifth century and was taken to Ireland as a slave by Irish raiders when he was sixteen years old. After escaping six years later and making his way back to Britain, he became a priest, changed his name to Patrick

or Patricius; which means father figure. He later returned to Ireland to convert the pagans to Christianity. He was said to have driven the snakes out of Ireland and since there were no snakes in Ireland, it is thought to be an allegory of driving the druids from Ireland.

Patrick is believed to have died on March 17th, 461. After his death, his legend grew and a feast day was celebrated as far back as the ninth century. In 1631, St. Patrick's Day became a holy day of obligation for the Roman Catholics in Ireland.



What was a religious celebration in Ireland for over a thousand years was transformed into a festive celebration in America.

It was March 17, 1762 when the first St. Patrick's parade took place and no it was not in Ireland. It was in America when Irish soldiers, serving in the British military, marched in New York City. Over time, Irish Aid societies formed and would hold annual parades. These societies were more about a community coming together.

In 1848, several Irish Aid societies combined their parades and started the first official New York City St. Patrick's Day Parade. Today, the parade is the largest in the United States and attracts over 150,000 participants and three million spectators.

So what does all that have to do with corned beef and cabbage?

With the influx of Irish immigrants to the United States, came traditional Irish food. But what food? Those who believe that corned beef and cabbage was an Irish staple are half right. Corned beef is a salt cured brisket that was traditionally cured in barrels with coarse salt or 'corns' of salt and the Irish were a major exporter of corned beef, but not a consumer.

Beef was expensive and if cows were owned, they were used for dairy products. As sheep were raised for wool, that left hogs as the animal raised for slaughter and consumption. What that means is that corned beef was not the traditional Irish meal, but rather Irish bacon (similar to Canadian bacon) served with cabbage. So it was actually salt pork or bacon that was the common protein eaten in Ireland. This fact combined with my love of bacon



PHOTO CREDIT: WWW.THEODYSSEYONLINE.COM



PHOTO CREDIT: WWW.IRISHAMERICA.COM





A Reuben sandwich is a great use for leftover corned beef.

confirms my belief in my possible Irish heritage.

That brings us to the Irish immigrants to America. Upon arrival in the mid-to-late 1800s, it was found that beef was more affordable and readily available than pork. Possibly introduced by the local Jewish delis, the immigrants found that corned beef was an acceptable substitution for their Irish bacon. Over time, corned beef and cabbage became associated with a traditional Irish meal and the Irish were associated most closely with St. Patrick's Day.

So there you have it, what started as an Irish religious celebration became an American day of festivities, and a traditional meal of bacon and cabbage became corned beef and cabbage.

Full disclosure, my family's St. Patrick's Day meal included another 'tasty treat'; boiled potatoes. Although potatoes are an Irish tradition, due to the cost of potatoes, early immigrants would have stuck with only corned beef and cabbage. Never thought that boiled potatoes made my family well off.

This is the part of the article where I would normally provide a recipe for making corned beef. However, since it is available pre-seasoned and ready to cook from your local grocer, and making from scratch can take up to ten days, I thought providing a recipe for leftover corned beef would be appropriate. Plus, if you have kids that are fussy eaters, you will have leftovers.

Earlier I declared my dislike of corned beef and cabbage, and maybe it's the combination, but

leftover corned beef is the key ingredient in two great dishes that I can get behind...corned beef hash and the Reuben Sandwich.

The Reuben sandwich is considered a classic and consists of Jewish rye bread slathered with Russian dressing and topped with sauerkraut, slice corned beef and Swiss cheese. The bread is buttered like a grilled cheese and grilled in a hot pan on both sides until nicely browned. The combination of salty, fatty and tangy ingredients between crunchy bread with creamy dressing, just works.

Although I am happy to sink my teeth into a Reuben sandwich, corned beef hash is a breakfast favorite. To give it more flavor, the recipe below includes the addition of bacon. Some would say that the bacon actually makes the dish Irish!

So we now know that corned beef and cabbage is not an Irish tradition but is actually as American as apple pie. However, what we don't know is why they turn my beer green on St. Patrick's Day. Perhaps a future article!

In closing, I'd like to leave you with an old Irish blessing - May the Good Lord take a liking to you...but not too soon!



Packaged corned beef from your meat department, ready to cook.





**Corned Beef Hash**

## Irish Corned Beef Hash

Makes 4 Servings

4 slices bacon, coarsely chopped  
 2 C russet potato (about 2 medium), small dice  
 1 C onion (about 1 medium), fine dice  
 1 C red or green pepper (optional), small dice  
 1 ½ C cooked corned beef, small dice  
 vegetable oil, as needed  
 4 eggs  
 salt and pepper to taste  
 Preheat oven to 350°.

In a medium skillet, fry the bacon over medium heat until the fat has rendered out and the bacon is translucent. Remove the bacon from the pan, leaving the fat, and set aside. Add enough veg-

etable oil to the pan so there is approximately a total of four tablespoons of fat/oil. Add the onion, potatoes and peppers to the pan. Cook over medium high heat stirring periodically to prevent sticking, until the potatoes are tender and the onions translucent. About 8-10 minutes.

Add back the bacon and corned beef. Cook over medium high heat to brown the meat and potatoes. About 5 minutes.

Remove from the heat and with a spoon, make four wells in the hash; large enough to hold an egg. Carefully crack each egg and add to a well. If desired, sprinkle each egg with salt and pepper. Cover the skillet and place in the oven and cook until the eggs reach the desired doneness, about 15-20 minutes. Remove from the oven and serve.

For guests that prefer a well done yolk, break the yolk prior to placing in the oven.



# WTDITG

**They say March comes in like a lion and goes out like a lamb. But, for gardeners, March is more like a turtle: Slow and steady wins the race. Keep up with your gardening regimen, prune and fertilize--and stay ahead of the weeds. March is the month of Spring, and the bare branches of winter will soon be sprouting forth with color!**

## PLANNING

- Have you been making notes in your garden journal? It'll be fun to see what all you were able to accomplish this year when you look back on your notes!



- Do more vegetable garden planning to take advantage of all the space available. For instance, planting pole beans at the base of corn plants is a great combo! As the beans grow they have the corn to grow on for support and the beans add back to the soil ni-

trogen needed by the corn.

- We recommend you research some additional companion planting for your vegetable crops. By planting 'companion plants' together and keeping disagreeable plants apart, you can have the best production ever! If you can tweak your planting

plan to allow for these little natural friendships to develop, then your harvests will be more bountiful than ever!

Ed Hume's seed website has some good info on companion planting or you can find lots of companion planting information in a book by Louise Riotte, "Carrots Love Tomatoes".

Here are just three examples;

Beans like celery and cucumbers but do not like onions and fennel.

Corn lives happily with pumpkins, peas, beans and cucumber but does not like tomatoes!

Tomatoes like carrots, onions and parsley but don't plant them near cabbage or cauliflower.



## PLANTING

- This is a good 'general' planting and landscaping month, an excellent time to start looking at what's available to add color and drama to your landscaping. More stock will be available this time of year and the plants can get off to a great start as the soil begins to warm up.

- Your last chance to buy bare root fruit trees is this month. You want to get the bare root trees planted before they leaf out, so hurry in to your local garden center to see what's available.

- Plant berry crops: Strawber-



ries, blueberries and all the cane berries like raspberries and blackberries, currants and gooseberries.

## TASKS, MAINTENANCE & CLEAN-UP

- Clean up perennials and divide daylilies, hosta, asters, garden mums and other summer and fall blooming perennials. Cut back dormant perennial grasses to 2" above soil.

- Fertilize trees and shrubs, if you haven't yet, with an all purpose slow release fertilizer. This is the 'last chance' month to apply this six-month slow release formula. You want it to be used up by



# What To Do In The Garden

## MARCH

your plants by the end of July. This way your plants will have the months of August and September to get toughened up for winter.



- Prune roses if you haven't yet. Thin them out, spacing the branches you leave for best sun exposure. Fertilize roses with a granular slow release fertilizer to keep them strong and healthy, making the rose bush better able to resist disease and insects. Watch for aphids as they love the new growth on roses.

- Prune flowering trees and shrubs when they finish flower-

ing. After forsythia's blooms fade is when you should prune it. Cut out up to 1/3rd of the stems or branches all the way down to the ground. This allows for the new stems to grow that will bloom next season. Look up pruning tips for each plant you are thinking of working on. Your research now will payoff later in better looking trees and shrubs.

- Spread compost over the veggie garden and landscape beds to help enrich the soil.

- Early spring is a good time to apply a lawn fertilizer with extra iron for moss control. The seed germination inhibiting iron will be gone in time for your grass seedling in late April.

- Weeds? Remember that if weeds are allowed to go to seed, more and more work will be added to your garden. Keep up with this task by pulling them or covering the weeds with newspaper and compost, letting them rot beneath and then turning them into the soil once rotted.

- Watch for slugs. Use Bonide's slug bait called 'Slug Magic' to kill slugs safely with its active ingredient, iron phosphate.



## VEGETABLE GARDEN

- Check soil temperatures often this month to see what can be planted out by seed. Refer back to the soil temperature chart (in our January issue) for planting vegetables by seed out into the garden. The chart also lists the best soil temperatures for planting young starts.



- Vegetable garden: Apply organic compost to the soil. Spade in this amendment or roto-till. (If soil is still too wet, just spade in amendments as spading is better for the soil structure anyway).

- Start plants indoors, using good organic seed starting soil; broccoli, cabbage, cauliflower, celery, chives, green onions, leeks, lettuce, tomatoes, peppers and eggplant.

- Plant seeds outdoors, unless otherwise specified; beets, garden peas, fava beans, cabbage starts, cilantro, garlic cloves, green onion starts, onion sets, shallots, mustard greens, spinach, swiss chard and radishes.

Plant most of the perennial varieties of veggies now like asparagus crowns, artichokes horseradish and rhubarb. Plant carrot seeds at the end of the month.

- Plant Walla Walla onion set starts and the dry white, yellow or red onion sets.

- Pick up your seed potatoes this month as soon as they are available, since they should be chitted first before planting. (It's not a mistake, we do mean chit!) 'Chitting' potatoes is a term that means pre-sprouting seed potatoes. Place the seed spuds in a single layer, eyes facing up, in a cool frost free (no lower than 50F) but well-lit space. Good strong



light, even sun, is best for creating the plump, strong stubby sprouts, not any long weak sprouts you see from stored potatoes. When the sprouts are about 3/4"-1" long the tubers can be planted out in the garden. Chitting first helps with an earlier and larger harvest.





# PLAY TIME

## Gardening Events Around Town

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**Hanakago: The Art of Bamboo and Flowers**  
**Through April 1, 2018 • Garden Hours**  
**Portland Japanese Garden, Portland, OR**

Our first exhibition of 2018, Hanakago (flower basket), features more exquisite bamboo masterpieces from Portland resident Peter Shinbach's incredible bamboo art collection, highlighted by the ikebana art of Mrs. Et-suho Kakahana, master teacher of ikebana of the Saga Goryu School at Daikakuji, one of Kyoto's oldest and most revered Buddhist Temples. Kakahana sensei travels from Kyoto with two prominent ikebana teachers to celebrate Kyoto with floral displays for the exhibition opening. A selection of baskets, including one by a Living National Treasure artist from Kyoto, will be paired with Saga Goryu ikebana arrangements. Staged in the Pavilion and Tanabe Galleries, this is the first bamboo art exhibition of its kind to feature flowers in the baskets designed originally to hold them. Location: Pavilion Gallery & Tanabe Gallery. [www.japanesegarden.org](http://www.japanesegarden.org).

**Lan Su in Bloom**  
**March 1-31, 2018**

**Lan Su Chinese Garden, Portland, OR**

Lan Su Chinese Garden begins to shed the cold and gray of winter to "drink in the fragrance" of plants, flowers and everything blooming! Celebrate the blooms and fragrances of Lan Su Chinese Garden. Lan Su's plant collection is filled with more than ninety specimen trees, rare and unusual shrubs and perennials, and signature magnolia, orchid and camellia collections. Lan Su in Bloom is an in-depth look at plants with Lan Su's horticulture staff and garden experts. Take in the sights and scents of special floral arranging demonstrations, guided garden plant tours and talk from plant and garden experts. In addition, visitors will be able to tour Lan Su on their own with special plants guides for the plants in bloom. [www.lansugarden.org](http://www.lansugarden.org)

**Washington County Master Gardeners:**

**Successful Blueberries in the Pacific NW**

**Thursday, March 1, 2018 • 10:00am**

**Learning Garden at Jenkins Estate, Beaverton, OR**

By Sue Ryburn/Cindy Muir. Who doesn't love blueberries? Learn plant selection, soil preparation, pruning timing and techniques, bird protection, and more. There is no registration, events and parking are free. Location:

**continued next column**

Learning Garden at Jenkins Estate 8005 SW Grabhorn, Beaverton, OR 97007

**Plant Nerd Night**

**Friday, March 2, 2018 • 7:00pm-9:00pm**

**Lake Bible Church, Lake Oswego, OR**

This annual free event features representatives from six regional speciality nurseries who offer illustrated previews of new or favorite plants, many of which are also offered for sale at the event. Don't miss it! This is always a "sell-out" performance and a wonderful way to launch the spring planting season. Doors open at 6:00pm. Admission is free. Lake Bible Church, 4565 Carman Drive, Lake Oswego, OR.

**BEEvent Pollinator Conference**

**Saturday, March 3, 2018**

**Linn County Fair and Expo Center, Albany, OR**

On Saturday, March 3, the Linn County Master Gardeners will host their fourth annual BEEvent Pollinator Conference at the Linn County Fair and Expo Center in Albany. The theme of the conference is "Creating a Pollinator-Friendly Landscape in your Home Garden." Linda Hardison of OregonFlora and her colleague Dennis Albert will address specific ways to make pollinators welcome. While planting diversity is a good start, botanical data tells us why it matters which plants we choose. Learn how to design your pollinator garden and find out what works in the Willamette Valley.

Also on the program will be Master Gardener Rich Little, entomologist extraordinaire, who will share his research into non-food source amenities for pollinators. Do you know where bees sleep at night? Learn how to create a sustainable environment in your yard for native pollinators, plus ways that we may be making our yard an unfriendly place for bees. Learn hardscaping techniques that help pollinators be more successful. Rane Webb and Susan Morton, mason bee midwives, will talk about the life cycle of one of Oregon's native super-pollinators, the mason bee. They will explain how to attract them to your yard by providing appropriate plants, habitat and year-round care. Mason bee cocoons and nesting materials will be for sale, along with books and a variety of vendors with related merchandise.

**continued next page**





An interview with some of the presenters may be found at [blogs.oregonstate.edu/pollinationpodcast/2018/01/08/beeevent/](http://blogs.oregonstate.edu/pollinationpodcast/2018/01/08/beeevent/).

Register at [www.linnmastergardeners.com/tickets](http://www.linnmastergardeners.com/tickets). Registration for the all-day conference is \$30. You may preorder a box lunch or bring your own.

#### **Al's Kid's Club**

**Saturday, March 3, 2018 • 11:00am(W)**

**Saturday, March 10, 2018 • 11:00am(S)**

**Saturday, March 17, 2018 • 11:00am(G)**

**Saturday, March 24, 2018 • 11:00am(V)**

**Al's Garden & Home, Woodburn, Sherwood, Gresham, Wilsonville(V), OR**

Back by popular demand, we are planting strawberry plants in a unique container. Kids will love picking and eating their delicious red, ripe strawberries throughout the summer months. Join us to learn more about this wonderful fruit! \$7.50 to cover the cost of materials. [www.al-gardencenter.com](http://www.al-gardencenter.com)

#### **Hina Matsuri, The Doll Festival**

**Saturday, March 3, 2018 • 11:00am-2:00pm**

**Portland Japanese Garden, Portland, OR**

Included with Garden Admission. Bring the whole family to this year's celebration of Hina Matsuri, the Doll Festival. Dress your little ones up in traditional cotton yukatas, create beautiful floral arrangements in the kids' ikebanaworkshop, and view an exquisite seven-tiered display of festival dolls, a generous gift from the Loen and Sho Dozono Family to the Garden in 2008. The Garden is proud to display this extraordinary collection of costumed figures depicting imperial courtiers amid a full complement of beautifully lacquered furnishings. The Hina Dolls décor will be on view in the Cultural Corner from March 2-4. [japanesegarden.org](http://japanesegarden.org)

#### **What to Do in the March Vegetable Garden**

**Saturday, March 3, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Robyn Streefer of Your Backyard Farmer. Get the dirt on year-round vegetable growing in this monthly talk about vegetable gardening in the Pacific Northwest. Robyn will cover soil preparation & early season plantings in this class plus much more. [www.portland-nursery.com](http://www.portland-nursery.com)

**continued next column**

[nursery.com](http://nursery.com)

#### **Gardening without Pain Workshop**

**Saturday, March 3, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Shelly Coffman of PT 360. Knee pain, back pain, hand pain getting in the way of your gardening? Come learn with Shelly Coffman of PT 360 about the most common mistakes, how to avoid them and how to stay healthy!

#### **Build your own Living Roof**

**Sunday, March 4, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Dan Manning and Jessica Stiles. A living roof can be a creative way to add beauty and greenery to an urban environment, all while insulating the room below, providing wildlife habitat, and improving water and air quality. They also qualify as part of the city's storm water abatement methods for new and existing construction. Learn about materials, methods, and plant selections to get started planning your rooftop oasis! [www.portlandnursery.com](http://www.portlandnursery.com)

#### **Growing Nutrient Dense Vegetables**

**Sunday, March 4, 2018 • 1:00pm**

**Portland Nursery (Division), Portland, OR**

With Marc Scheidecker. Want to grow vegetables that taste absolutely incredible and, more importantly, are dense with nutrients? To grow this kind of food requires that our soil be rich in microorganisms. How many should be in really good soil? Well, Oregon State University Extension Service says about one billion give or take, in each level teaspoon! And, while they work for free, they do need food. This is where the rock phosphate, kelp meal, cottonseed meal and other soil enhancements come in. Come on in, let's talk about it! [www.portlandnursery.com](http://www.portlandnursery.com)

#### **Is Beekeeping for You?**

**Sunday, March 4, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Glen Andresen of Bridgetown Bees. Ever thought of keeping a colony of honey bees in your own backyard? Or what it takes to get started in beekeeping? Maybe you just are curious about these docile, hard-

**continued on next page**





# PLAY TIME

## Gardening Events Around Town (continued)

working insects that enhance our lives in so many ways. At this class you'll get an overview of honey bees and help deciding whether beekeeping is for you! [www.portlandnursery.com](http://www.portlandnursery.com)

**Washington County Master Gardeners:**  
**Better Vertical Vegetable Gardening**  
**Tuesday, March 6, 2018 • 6:50pm**  
**First Baptist Church, Beaverton, OR**

By Harry Olson. The secrets to a good vertically grown garden are the techniques used and selecting plant varieties that prosper when grown vertically. This class will cover these issues in detail and you will be ready to "Go Vertical" afterwards. Join us to learn how to garden better, easier and more productively. There is no registration, events and parking are free. Location: First Baptist Church, Beaverton 5755 SW Erickson Beaverton, OR 97005

**Washington County Master Gardeners:**  
**Irrigation Basics In The Home Garden**  
**Wednesday, March 7, 2018 • 10:00am-11:30am**  
**Demonstration Garden at the Washington County Fair Complex, Hillsboro, OR**

By Jennifer Peters. PCC instructor Jennifer Peters will walk you through the ABC's of home irrigation, whether you are considering installing a new sprinkler. She will also discuss how to be water-wise in the garden. Approved for MG education credit. There is no registration, events and parking are free. Location: Demonstration Garden at the Washington County Fair Complex 882 NE 28th Ave., Hillsboro, OR.

**Lane County Home & Garden Show**  
**Thursday-Sunday, March 8-11, 2018**  
**Lane Events Center-Fairgrounds, Eugene, OR**

Lane County Home & Garden Show presents 325 exhibits for the home and garden. Explore over three acres of exhibits by home building & remodeling and landscaping & gardening experts. Meet the area's very best experts who can help create your dream home and yard! See what's new for inside and outside of your home. Discover trends, fresh ideas, new materials, crafted interiors, and outdoor finer living spaces. Tour exhibits in the Convention Center and in the Expo Halls too! Just follow the tents to the Expo Halls 1 & 2 to shop

**continued next column**

many of the plant sales, visit the OSU Extension Service, meet landscape contractors, visit your favorite nursery, and shop for garden art. Expo 3 presents home building, remodeling, contractors and materials. Plan your visit around 50 home and garden seminars by national, regional and local experts. Hours: Thursday: 5-9pm; Friday: 5-9pm; Saturday: 10am-8pm; Sunday: 10am-5pm. FREE admission with canned food donations for FOOD for Lane County. FREE parking. Convention Center and Expo Halls, 796 W. 13th Avenue, Eugene, OR 97402.

**Floral Design Demonstration**  
**Saturday, March 10, 2018**  
**Lan Su Garden, Portland, OR**

Join local floral designers as they share tips for successful floral arrangements. [www.lansugarden.org](http://www.lansugarden.org)

**Brush Painting on Ceramics Demonstration**  
**Sunday, March 11, 2018**  
**Lan Su Garden, Portland, OR**

Join Taiwanese artist, Amy Tsai, as she demonstrates traditional "Lingnan" style brush painting techniques on a variety of ceramic objects. [www.lansugarden.org](http://www.lansugarden.org)

**Intro to Fruit Trees**  
**Saturday, March 10, 2018 • 11:00am**  
**Portland Nursery (Division), Portland, OR**

With John Iott, Fruitful Labor. Do you love fresh fruit? Learn some great tips and techniques for growing bountiful fruit trees from expert John Iott, of Fruitful Labor. John will discuss site requirements & preparation, pollination needs, and how to select a good fruit tree. He will also talk about general care, maintenance, and common pests. We receive all our fruit trees in February, so it's a great time to take advantage of our biggest selection of the year. [www.portlandnursery.com](http://www.portlandnursery.com)

**Year-round Veggie Gardening: Basic**  
**Saturday, March 10, 2018 • 1:00pm**  
**Portland Nursery (Stark), Portland, OR**

With Polly Gottesman of Pumpkin Ridge Gardens. Polly has been providing vegetables year round to her CSA subscribers for decades, and her seminar on planning year-round gardens in our area has been a perennially popular one here. Come learn about the best timing, dependable varieties and other tips so you can gar-

**continued next page**





den like you eat – 12 months a year. This is the first of two classes, created for new and continuing gardeners alike, and will present the outlines of four-season gardening in the northwest. [www.portlandnursery.com](http://www.portlandnursery.com)

**Small Space Vegetable Gardening**  
**Sunday, March 11, 2018 • 11:00am**  
**Portland Nursery (Division), Portland, OR**

With Gardening Goddess, Jolie Ann Donohue. No space is too small to grow some of your own food! Gardening Goddess, Jolie will help you determine which crops are right for you and discusses planning, planting and maintaining bountiful edible gardens in the smallest spaces. Gardening in containers, raised beds and vertical gardening will be explored. [www.portlandnursery.com](http://www.portlandnursery.com)

**Pesticide-Free Pest Control**  
**Sunday, March 11, 2018 • 1:00pm**  
**Portland Nursery (Stark), Portland, OR**

With Glen Andresen. Discover effective, nontoxic ways to tackle weeds, pests and plant diseases. See how a few simple steps for preventing problems early on can save a lot of work later. Learn the latest techniques for managing problems safely, and find out where to go for reliable information. You can make your yard beautiful and safe for children, pets, wildlife and waterways. [www.portlandnursery.com](http://www.portlandnursery.com)

**Organic Culinary Herb Gardening**  
**Sunday, March 11, 2018 • 1:00pm**  
**Portland Nursery (Division), Portland, OR**

With Gardening Goddess, Jolie Ann Donohue. Fragrant, delicious herbs awaken the senses and enliven culinary creations. An avid kitchen-garden cook Jolie Donohue The Gardening Goddess is passionate about organic herb gardening and herb cookery! Introducing a diverse palette of culinary herbs, you will learn how to grow them successfully in your garden. Harvesting tips and recipes are included in culinary adventure. [www.portlandnursery.com](http://www.portlandnursery.com)

**Ladies' Night Out**  
**Thursday, March 15, 2018 • 5:00pm-8:00pm**  
**Al's Garden & Home, Sherwood, OR**

After being indoors all winter, you deserve a night out!  
*continued next column*

Please join us for a night of food, drinks, music, fashion & fun at Al's Ladies Night Out. You can refresh your garden, home & closet just in time for spring. [www.al-gardencenter.com](http://www.al-gardencenter.com)

**Living on Shakey Ground**  
**Thursday, March 15, 2018 • 6:00pm-8:00pm**  
**Seven Brides Brewing, Silverton, OR**

2018 Pudding River Watershed Council Annual Meeting. You are invited to join us in celebrating the watershed and the people who live here! Come learn about us and become involved! Everyone is welcome! 990 N 1st St., Silverton, OR. Contact us for more information: [anna@puddingriverwatershed.org](mailto:anna@puddingriverwatershed.org). 503-982-5387. [www.puddingriverwatershed.org](http://www.puddingriverwatershed.org).

**Camellia Display**  
**Saturday-Sunday, March 17-18, 2018**  
**Lan Su Garden, Portland, OR**

The camellia is arguably the most famous of all Chinese plants, as it is the main source of tea. Green, black and white tea all come from the *Camellia sinensis* plant. The camellia is also a prized ornamental plant thanks to its large, bright colored flowers. On March 17 & 18, the garden will celebrate this Chinese plant with a gorgeous floral display. Free with garden admission or membership; no registration is required. [www.lansugarden.org](http://www.lansugarden.org)

**Hands On Raised Bed Vegetable Gardening Series**  
**Saturday, March 17, 2018 • 11:00am**  
**Portland Nursery (Division), Portland, OR**

With Tiffany Garner of Portland Nursery. Join us in a monthly series held right outside at our own raised vegetable beds. Dress for the weather & learn what to do with your own raised beds, when you should be doing it & the proper techniques so you can work smarter, not harder. From cold frames to compost & seeds to starts you will learn and grow alongside our fabulous vegetable gardener, Tiffany. [www.portlandnursery.com](http://www.portlandnursery.com)

**Bonsai Class: Topic TBA**  
**Saturday, March 17, 2018 • 11:00am**  
**Tsugawa Nursery, Woodland, WA**

Join us and learn about this fun, relaxing and artistic hobby. All levels are invited. We look forward to seeing  
*continued on next page*





# PLAY TIME

## Gardening Events Around Town (continued)

you! A fee for materials may be added once topic is determined. Call us for more information. [www.tsugawanursery.com](http://www.tsugawanursery.com)

### **Growing Vegetables from Seeds in your Garden**

**Saturday, March 17, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Ian Wilson Portland Edible Gardens. Veggie starts are great, but many vegetables grow easily from seeds planted straight into your garden! In fact, some veggies are even happier when grown from seeds. This class will cover where to source your seeds, which vegetables grow best from seeds, when and how to plant and care for your seeds, and much more! Save money, increase plant health, and witness the wonders of veggies grown from seeds. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Gaiety Hollow Open Gardens**

**Saturday, March 17, 2018 • 1:00pm-4:00pm**

**Gaiety Hollow, Salem, OR**

The gardens at Gaiety Hollow will be open two days each month, March through September. Visitors are welcome to enjoy the gardens at their leisure the 2nd Sunday and 3rd Saturday, 1-4pm. Children are free; admission is \$5 for persons over age 16. Dates: March 17, April 8 & 21, May 13 & 19, June 10 & 16, July 8 & 21, August 12 & 18, September 9 & 15. Gaiety Hollow, 545 Mission St. SE, Salem, OR 97302; 503-838-0527. [www.lorlandschryverconservancy.org](http://www.lorlandschryverconservancy.org)

### **Cherry Blossom Day**

**Saturday, March 17, 2018 • 10:00am-2:00pm**

**Oregon State Capitol, Salem, OR**

Among dozens of blooming cherry trees, the Oregon State Capitol will host its third annual Cherry Blossom Day on March 18. The celebration will include a 5K run and walk, kite flying, cherry tasting, traditional Japanese performances and exhibits and other free, family-friendly activities.

### **Celebrate the Spring Equinox**

**Sunday, March 18, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Holly Pruett, Life-Cycle Celebrant & Terrie Burdette, Portland Nursery. During this season of resurrection, Holly Pruett will teach you about Spring Equinox traditions

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around the world. She'll then help you to set your intentions for the life you wish to nurture as we craft from foraged plant material our own hand built springtime altar swag. Swag construction will be led by Portland Nursery landscape designer Terrie Burdette. Join us in welcoming Spring! Class limited to 12 students. Please bring hand pruners, gloves and any elements you'd like to incorporate into your altar swag. \$10 materials fee. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Japanese Gardens PDX Style**

**Sunday, March 18, 2018 • 11:00am**

**Portland Nursery (Stark), Portland, OR**

With Bonnie Bruce. Have you ever dreamed of creating a PNW garden with a hint of Asian influence? Join Bonnie Bruce for a chat introducing basic elements of Japanese style in a garden. This will be a discussion of some of the key design characteristics of Japanese garden arts and how they can be applied with an emphasis on "less is more". [www.portlandnursery.com](http://www.portlandnursery.com)

### **Being Successful with Roses in the NW**

**Sunday, March 18, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Rich Baer of the Portland Rose Society Master Rosarian. Join Rose Society President and Master Rosarian Rich Baer for a basic class on roses: selecting roses, siting and planting them, and caring for them so they will bloom their best. Feel the Rose City pride, and pride in your own roses, whether they are for landscape or vase. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Integrated Pest Management in the Vegetable Garden**

**Sunday, March 18, 2018 • 1:00pm**

**Portland Nursery (Division), Portland, OR**

With Marc Scheidecker. Portland's pests and pathogens are stirring, eager to infest or munch on our garden! Oh! The nerve of them! This class is based on the Integrated Pest Management approach toward gardening. We will have copies of this program for the class and highlight some of the precepts as they relate to our local area. The IPM, as it is called, reminds us of something said over 250 years ago: "A ounce of prevention is worth a pound of cure". How true! We would love to see you here! [www.portlandnursery.com](http://www.portlandnursery.com)

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**Washington County Master Gardeners: All About Lilies**  
**Wednesday, March 21, 2018 • 10:00am-11:30am**  
**Demonstration Garden at the**

**Washington County Fair Complex, Hillsboro, OR**

By Kenn Parry. Learn how to care for and grow lilies. You will be introduced to many varieties of lilies, including Oriental Lilies. Learn about all phases of growing lilies, sizes, varieties, planting, fertilizing, and caring for your lilies after they are planted. There is no registration, events and parking are free. Location: Demonstration Garden at the Washington County Fair Complex 882 NE 28th Ave., Hillsboro, OR.

**Ladies Only! Spring Plant Show & Tell!**  
**Thursday, March 22, 2018**

**French Prairie Gardens, St. Paul, OR**

Ladies, get ready for a delightful evening planned just for you! French Prairie Gardens & Family Farm invites you and your friends to our 7th annual Ladies Only! Spring Plant Show & Tell! The evening includes: Creating Gorgeous Flower Baskets with William & Judy of Gardentime!; See what's new at FPG in our Spring Plant Show & Tell; Enjoy tasty bites & drinks, including local Oregon Craft Brews & Cider; Guests can participate in a special raffle with gifts. All ladies are welcome (21+) and admission is free. The first fifty ladies that successfully complete our Scavenger Hunt will receive Goodie Bags! Come see what we have this year, from gourmet foods, whimsical home and garden décor and gift items, to new flower and plant varieties! RSVP for your 20% off shopping pass! [www.fpggardens.com](http://www.fpggardens.com)

**Gaiety Hollow Garden Guided Tours**  
**Saturday, March 24, 2018 • 10:30am**  
**Gaiety Hollow, Salem, OR**

The Lord & Schryver Conservancy is delighted to welcome visitors and tour to the Gaiety Hollow gardens. Elizabeth Lord and Edith Schryver frequently opened their gardens to visitors eager to see their timeless beauty and we are happy to continue that tradition. Mature hedges and shrubs form the backdrop and "bones" to the seasonal display flowers. Visitors in spring enjoy a gorgeous array of tulips, daffodils, and hyacinths. Later in the season, beds overflow with colorful old-fashioned flowers like Canterbury bells, zinnias, marigolds, heliotrope, and delphinium. In late summer, the dahlias, as-

**continued next column**

ters, and other late-blooming plants will steal the show.

Trained docents will give guided tours of the gardens at Gaiety Hollow on the 4th Saturday of the month, March through September. Tours will begin promptly at 10:30am. Children are free; admission is \$5 for persons over age 16. Dates: March 24, April 28, May 26, June 23, July 28, August 25, September 22. Gaiety Hollow, 545 Mission St. SE, Salem, OR 97302; 503-838-0527. [www.lordandschryverconservancy.org](http://www.lordandschryverconservancy.org)

**Pest and Disease Management in Fruit Trees**  
**Saturday, March 24, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With John Lott of Fruitful Labor. Got any pests and diseases in your fruit trees? Join John to learn how to manage afflictions in our fruiting friends. In this class we will learn to identify, monitor, and take action to prevent fruit and tree damage so we can harvest the stuff we love- fruit! Topics will include: managing water, fertilizer use, pruning, and using Integrated Pest Management or IPM to empower our fruit gardens. Participants are encouraged to bring photos, samples, and lots of questions pertinent to their gardens. [www.portlandnursery.com](http://www.portlandnursery.com)

**Repotting Orchids**

**Saturday, March 24, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Sue Volek of the Oregon Orchid Society. Many orchids aren't that fussy, but they do need occasional repotting to bloom and thrive. Learn all about why and when and how to repot with a lively and fun demonstration from Sue Volek of the Oregon Orchid Society. She'll de-mystify the process by repotting an orchid while explaining about various mixes, pot selection, timing and fertilization. [www.portlandnursery.com](http://www.portlandnursery.com)

**Veggie Gardening 101: Basics for Beginners**  
**Sunday, March 25, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Gardening Goddess, Jolie Ann Donohue. If you are excited to grow your own food but have little to no experience or you are new to gardening in the Portland climate, this is the class for you! Jolie will discuss the basics of organic gardening including site prepara-



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# PLAY TIME

## Gardening Events Around Town (continued)

tion, crop selection based on site elements, planting, and care techniques. With her decades of gardening experience, Jolie will demystify growing your own food and share her tips and techniques for beginner success! [www.portlandnursery.com](http://www.portlandnursery.com)

### **Year-Round Veggie Gardening: Next Steps**

**Sunday, March 25, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Polly Gottesman of Pumpkin Ridge Gardens. Polly has been providing vegetables year-round to her CSA subscribers for decades, and her seminar on planning year-round gardens in our area has been a perennially popular one here. Come learn about the best timing, dependable varieties and other tips so you can garden like you eat – 12 months a year. This second session is intended for more experienced gardeners, and will delve more deeply into growing under plastic during the winter and methods specifically for unusual overwintering outdoor crops. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Veggie Gardening 102: Crop Rotation & Companion Planting**

**Sunday, March 25, 2018 • 1:00pm**

**Portland Nursery (Division), Portland, OR**

With Gardening Goddess, Jolie Ann Donohue. Take your vegetable garden to the next level. This is a great class for gardeners with a few years under their belt now wanting to dig deeper! Join Jolie and learn the benefits of practicing crop rotation and companion planting for the healthiest, happiest plants possible. Drawing from a decade of gardening experience, Jolie will discuss tips and techniques for crop rotation, great crop combinations and methods for inter-planting, and strategize about how to rotate crops in urban garden plots. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Washington County Master Gardeners:**

**Pruning Ornamentals in the Home Garden**

**Thursday, March 29, 2018 • 10:00am**

**Learning Garden at Jenkins Estate, Beaverton, OR**

By Sandy Japely. Hydrangeas, lilacs, small trees, and more: Proper pruning greatly improves a plant's appearance and health. Learn basics of pruning small ornamental trees, shrubs, grasses; how much and when to prune, tools to use. Class does NOT cover pruning of

**continued next column**

fruit trees. There is no registration, events and parking are free. Location: Learning Garden at Jenkins Estate 8005 SW Grabhorn, Beaverton, OR 97007

### **7 Steps to Water Efficient Landscapes**

**Saturday, March 31, 2018 • 11:00am**

**Portland Nursery (Division), Portland, OR**

With Christine Hollenbeck of the Regional Water Providers Consortium. The Regional Water Providers Consortium will share information on how you can create a beautiful, water efficient garden in just seven steps. Find out about water efficient plants that can add color, texture, and seasonal interest to your garden while thriving on very little water once established. Participants will receive a free watering gauge and plant guide to help them get started on their road to a water efficient garden. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Build-Your-Own Fertilizer**

**Saturday, March 31, 2018 • 1:00pm**

**Portland Nursery (Stark), Portland, OR**

With Katie D. of Portland Nursery. Thinking about creating your own fertilizer from bulk ingredients? Look past N-P-K and consider how your garden and your plants respond to different kinds of input. Katie D will discuss common bulk amendments and converting your need into application rates. [www.portlandnursery.com](http://www.portlandnursery.com)

### **Bonsai is for Everyone**

**Saturday, March 31, 2018 • 1:00pm**

**Portland Nursery (Division), Portland, OR**

With Lucy Davenport of Bonsai Akira. Lucy will cover the elements of styling- taking a plant specimen from nursery stock to a finished bonsai. The class will include an overview of the techniques of styling, including root pruning, branch pruning, wiring, and leaf reduction. This allows persons with any level of experience to participate. Bring a plant or just come to learn. [www.portlandnursery.com](http://www.portlandnursery.com)

### LOOKING FOR MORE?

You will find more events and updated information on the Garden Time Events Calendar  
[www.gardentime.tv/events.htm](http://www.gardentime.tv/events.htm)



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