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*Subaru will donate \$250 for every new Subaru vehicle sold or leased from November 19, 2015 through January 2, 2016 to four national charities designated by the purchaser or lessee, up to \$15,000,000 in total. Pre-approved hometown charities may be selectred for donation depending on retailer participation. Certain participating retailers will make and additional donation to the Hometown Charities selected. Purchasers/lessees must make their charity designations by January 31, 2016. The four national charities will receive a guaranteed minimum donation of \$250,000 each. See your local Subaru retailer for details or visit subaru.com/share. All donations made by Subaru of America, Inc.

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Light it Up!

December is here and even though it is the darkest time of the year, it is also known as the brightest and merriest time as well. I know, as a gardener, the season of brightness may be spring, summer, or even fall. Still, I can't help but be a happy gardener at this time of year. I can't think of another time of year when it is appropriate to bring an entire tree inside! Plus, I get to place cut greens, holly and poinsettias all around the house! People find this a magical time and I think that has to do with the plant material. What other plant, other than mistletoe, do you hang up just to kiss under. You don't do that with lilacs! These seasonal plants are touchstones for wonderful memories. We just set up the Christmas tree during the Thanksgiving weekend and, next to the smell of holiday cookies, the smell of the fresh cut tree brings a smile to our faces whenever we walk into the room! That brightness of mood seems to transform everyone. People make more plans during this season. You would never try to squeeze in an event on just about every night with family and friends except during the holidays. There are so many events to see, Zoo Lights, The Grotto, the Christmas ships, or even our new favorite, the Christmas in the Garden event at the Oregon Garden.

That brings us to this month's issue! Speaking of the 'Christmas in the Garden' event, William went to the Oregon Garden to talk to Brittney about the event and even took a turn out on the brand new ice rink they are featuring this year. Judy even had a chance to get out on the ice too. The holidays seem to have taken over the magazine this month. We give a toast to Chef David for his great article on the benefits of choosing the right stemware for your celebratory wine and champagne. There is a reason for having different glasses for each beverage and he tells us why. We are also talking about decorating with the Queen of Décor, Kim Foren of Geranium Lake Flowers. She has been on the show a number of times and we always are in awe of her talents. She really knows how to 'deck the halls', and that leads us outside to the deck! We also talk about your deck or patio, and we have a few things you should think about when you are planning any changes for the coming season. These elements will make your deck the center of outdoor entertaining and relaxing, depending on your mood. We even have a story on the perfect gift. Therese tells us about the new Dramm pruners, shears and loppers. I know that you are probably familiar with the colorful and high quality watering tools they make, but the new cutting tools have the same great workmanship in them as well. That makes these the gift that keeps on giving, each and every season!

Now I couldn't finish without talking about the light that you all bring to the Garden Time crew. Whenever we run into a viewer on the street, it does truly brighten our day! We have the best viewers and readers as fans and friends. We thank you for that. Even though we are just starting our three month hiatus, we look forward to seeing you on the streets, in your local garden center, or at one of the great holiday events going on in our area!

Happy Holidays!

Jeff Gustin, Publisher

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In this issue...

















There are countless ways to add seasonal changes to your deck and patio areas.

As each season comes and goes, many things can be adjusted for that specific time of year.

One of the easiest and most cost effective ways to accomplish this is with cushions. Many stores now carry a vast array of colors and fabrics for outdoor seating areas. Places like Dollar Tree even have them which helps keep the cost really low.

And inexpensive sheer curtains can be hung to create a sense of privacy. When hung in the late spring, they will be a perfect addition throughout the entire summer. I love how they catch the light summer breezes, making it feel like I am in an exotic place far away...

Furniture is always important for a comfortable and welcoming patio or deck. Once again, you can find furniture from low end to very high prices. If you have a small budget and your deck is covered, try Goodwill stores. Often they have delightful chairs and tables which are perfect for

an eclectic setting outdoors. And just because a piece was created for a specific purpose, like a bed-side table, it does not mean it cannot be used as a small table between two chairs; perfect for morning coffee or tea on a crisp spring or fall morning.

Do not forget a place to actually lie down on too. Hammocks and futons work so well for this. Many a day of exhaustion melts away when one can fall asleep outside.

Never be without the sound of water on a deck. The amount of fountains now available to the consumer is endless. From very inexpensive fiber clay and poly fiber materials, to high end stone and concrete, no one needs to go without the sound of water.

I like to change mine up each season with a drop of coloring, blue in summer, green in spring time and red for the Holidays. If you love the changes of the seasons, a little coloring of the water in your fountains can add an inexpensive and quick change to patio fountains.

Another easy way to change the

look of your patio is lighting, anything from the dramatic to the simple works. And seasonally, you can even change the color of the lights, adding fast and easy drama to that area.

The amount available for outdoor lights is amazing.

You can find outdoor lamps for a seating area, or strings of lights to place any and everywhere. What about customizing some old mason jars or terra cotta pots you might have lying around?

But the most obvious changes come from plants themselves.

One of the most fun things I enjoy is keeping several plants in black plastic nursery pots. That way, I can easily remove them and put in ones that are current for the seasons.

And as so many plants are now available in smaller heights and widths, you no longer need to concern yourself with them not thriving long term in pots.

They can easily be moved to other areas of the garden as a

PHOTO CREDIT: HOMEDESIGNLOVE.COM





screen or to cover a neighbor's ugly garage.

They could also be used for privacy around a hot tub, moving them around for which ones may be in bloom in that season.

And do not forget adding branches to your pots and containers. You might even have shrubs or trees within your own garden which can be easily used while being pruned, by saving the branches pruned off to stick into your containers. A few stems placed into any pot add lux, great structure and texture to a container planting.

But maybe you think these changes would cost a small fortune to accomplish.

Here is the glory about gardening and nature; each season, vast differences are found just by the changing of the seasons.

Bird feeders are an excellent way to accomplish this communion with nature. Many birds are seasonal, so as the year goes by, our feathered friends do so as well.

Make sure to hang or place them at the edges of the deck or patio though unless you desire to be cleaning up daily, their droppings of seeds can be messy at times.

The light of the sun and moon both add dramatic difference to a patio area.

Shadows, which change each day and every hour of every season, can completely re-do a patio and deck area without any cost to you at all!

The real take away here is this, we love to spend time outdoors. Mostly we are working in our gardens. If we make places on our decks and patios inviting and comfortable, it affords a place to actually sit and enjoy the beauty of our labors.

I find that even in the middle of winter, when we have those rare sun drenched days (and even though it may be cold) I still enjoy drinking a cup of coffee outdoors while watching the birds feed.

And there is something very old world about having friends sit outside any time of year when the weather allows, conversations seem brighter when held outdoors.

The fun in paying attention to your outdoor patio and deck areas is that you can really use your own creativity.

So you can spend money to buy items for outdoor living, or if you get creative and use things you may find around your home and garage, the ways to change your patio and deck are as endless as the ideas which come from your mind.

As endless as the changes in nature herself.



Christmas Comes to the Garden

Something magical is happening right now at a local favorite.

by William McClenathan

The Oregon Garden is such a wonderful place to visit all year long.

But each year, from late November until early January something magical happens. Christmas comes to the Garden!

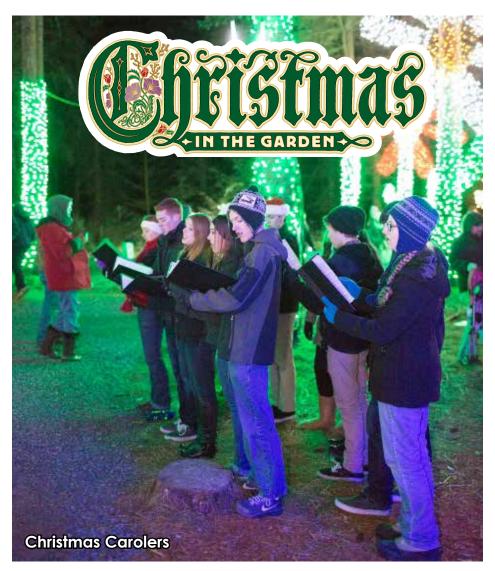
And not in a small way.

It is not just beautiful lights, or carolers, or seasonal decorations.

All of those things are present most assuredly, but the Discovery Forest transforms into an entire village. There is everything; crafts, beverages, food, and this year...even an ice skating rink!

The entire place becomes a winter wonderland. I have been fortunate enough to attend this event twice since it began just three years ago and each year it gets better, bigger, brighter and so much more fun.

One of the many great things is that parking is ample and easy. They have a tram that picks folks up and takes them directly to the entrance. You enter through a



tunnel of lights which seems to infuse you with the holiday spirit.

Then there are wonderfully unique things to find, like the warm spiced wine called gluhwein, which can be sipped while shopping and strolling through the village.

But that is not all the food and drink available. Hot cocoa, coffee, hot spiced cider, hot buttered rum, spirits and water will also be available. Purchase a commemorative mug and receive \$1 off all future drinks in your mug.

Traditional foods will include: fondue with apples, bread and sausage; soft pretzels with fondue; sausage with sauerkraut; tamales; German potato salad; hot dogs and bread pudding.

How could anyone ever go hun-

gry or thirsty again?

Around every corner and with each step taken, you come across something new and delightful. Adorable and funny. Unique and wonderful.

The night sparkles with so many lights, and is often filled with laughter and singing, it takes you to that place which the holidays should take us all to each year.

You could even do your Christmas shopping while there as dozens of artisans and crafts people in the small 'shops' which line the main pathway through the forest are there to sell you their wares.

How about buying some Peruvian organic chocolate? Ornaments? You bet. Alpaca woven product and delightful items made from salvaged metals which have been





Christmas in the Garden Through Sunday, January 3, 2016 at The Oregon Garden

> 879 W. Main St. Silverton, OR 97381

(503) 874-8100 www.oregongarden.org

Where Will a Capitol Subaru Take You?



Local Events December 2015

Christmas in the Garden Through Sunday, January 3, 2016 The Oregon Garden, Silverton, OR

Ice skating, artisan Christmas Market & Christmas lights. Hours and activities vary by date, visit our Schedule page for details.

www.oregongarden.org

Schedule Your Own Wreath Making Party! December 1-20, 2015 • between 9:30am-3:00pm Portland Nursery (Division & Stark), Portland, OR

We will provide the materials, space and instruction - you bring a group between 5-10, gloves and pruners and leave the clean-up to us. Plan to spend 1 1/2 hours in the workshop. New this year, your group can choose to make either wreaths or kissing balls! Please let us know which you would like so we have the right material. Cost: \$30/project (select either wreaths or kissing balls)

www.portlandnursery.com

ZooLights

Through Sunday, January 3, 2016 • 5:00pm-9:00pm The Oregon Zoo, Portland, OR

It wouldn't be the holidays in Portland without a visit to the Oregon Zoo's annual winter festival ZooLights. As you walk around the zoo, you'll see a dazzling display of a million and half lights, and experience your zoo in a whole new light.

www.oregonzoo.org



capitolsubaru.com



discarded but brought back with new beauty and purpose. Lotions and soaps, glass and candles. Why, you can even purchase something called 'beard oil' for the person in your life who fancy themselves a hirsute aficionado.

This idea was the brainchild of the owner Dirk, who loves going to Germany each year because of the holiday villages which abound in that region of the world.

Because of his passion, we can now visit what these places across the pond must be like, all right here in our own back yard.

And the amazing team of people

from the Oregon Garden keeps adding new and better holiday light displays each year.

But this year they have outdone themselves! They have added an ice skating rink.

I know. Right?

When I first heard of this I could not wrap my mind around it. But it is true. It will be covered by a large tent so you can even ice skate if it is raining outside. And they will have these cute dolphin or seal looking things called 'Bobbies' so even the very young can go gliding across the ice.

I can almost already hear the laughter and squeals of delight as kids of all ages slide bravely onto the ice.

There is more, much more, information about this most beloved of holiday events. And it lasts over the entire month of December so everyone can be sure to find the time to visit. Plus there are discounts for groups with over 15 people in them.

For the complete listing of times, dates, and events happening during this most grand of events... you are invited to go to their website.

Take a look at everything which is happening, then make a plan to take the short trip to Silverton and enjoy this glorious time in the Discovery Forest at the Oregon Garden.

And do not forget about the beautiful resort either. You could even plan an overnight stay. What a perfect way to end a fun, family time together.

Just between us, I suspect going to this event will become a tradition which your entire family will look forward to every year, no matter how old they become.







December 2015

Schedule

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Skating Only 5-8pm	2 Skating Only 5-8pm	3 Skating Ham-3pm Market, Lights & Skating 4-9pm	4 Skating Ham-3pm Market, Lights & Skating 4-9pm	5 Skating Ham-3pm Market, Lights & Skating 4-9pm
5 Skating Ham-3pm Market, Lights & Skating 4-9pm	7 Skating Only 5-8pm	8 Skating Only 5-8pm	9 Skating Only 5-8pm	10 Skating 11am-3pm Market, Lights & Skating 4-9pm	11 Skating 11am-3pm Market, Lights & Skating 4-9pm	12 Skating 11am-3pm Market, Lights & Skating 4-9pm
13 Skating 11am-3pm Market, Lights & Skating 4-9pm	14 Skating Only 5-8pm	15 Skating Only 5-8pm	16 Skating Only 5-8pm	17 Skating 11am-3pm Market, Lights & Skating 4-9pm	18 Skating 11am-3pm Market, Lights & Skating 4-9pm	19 Skating Ham-3pm Market, Lights & Skating 4-9pm
20 Skating Ham-3pm Market, Lights & Skating 4-9pm	21 Skating Ham-3pm Market, Lights & Skating 4-9pm	22 Skating Ham-3pm Market, Lights & Skating 4-9pm	23 Skating Ham-3pm Market, Lights & Skating 4-9pm	24 CLOSED	25 CLOSED	26 Skating Ham-3pm Lights & Skating 4-9pm
27 Skating Ham-3pm Lights & Skating 4-9pm	28 Skating Ham-3pm Lights & Skating 4-9pm	29 Skating 11am-3pm Lights & Skating 4-9pm	30 Skating Ham-3pm Lights & Skating 4-9pm	31 Skating Isam-3pm Lights & Skating 4-9pm		



Frankly, My Dear... I Give a Dramm

Prune that lengthy gift list with the perfect present for gardeners.

by Therese Gustin

Looking for a perfect gift for the gardener this holiday season? I highly recommend a set of Dramm pruners. I have always loved Dramm watering tools for their high quality, durability and fun rainbow colors so when they introduced cutting tools for the gardener I was excited to try them.

I personally have a set of the ColorPoint™ Compact Shears in yellow and I absolutely love using

them for cutting flowers, deadheading and doing light cleanup on my roses, dahlias and perennials. The fact that they are yellow has helped me find them in the compost bin when I inadvertently set them on the edge of the bin











Put Happy back in your Holidays.

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drakes7dees.com

and dropped them in. The shorter blade length is the perfect size for getting close inside the plant and clipping the intended stem without harming the others. I imagine they would be perfect for bonsai as well. Their smaller size allows me to slip them in my pocket as I work through my gardening chores. Although they are small, the soft plastic handle feels very comfortable in my hand. The stainless steel blades resist rusting and the locking mechanism is easy to use by sliding it up and down with just your thumb. Any flower gardener would love to find a pair of these shears in their stocking this year! You can even choose them in their favorite color!





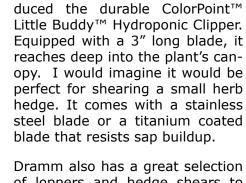
Next on the list is the ColorPoint™ Compact Pruner. These have a stainless steel bypass style blade and are designed for pruning woody stems ¼″ and under; perfect for quick cleanup in the garden.

For those bigger jobs, the Color-Point™ Bypass Pruner is what you need. These ergonomically designed pruners are intended for pruning woody stems up to 5/8″. Dramm offers a Cutting Tool Holster that attaches to your pocket or your belt to keep your cutting tools close at hand. It fits most of the smaller cutting tools.

year

This

Dramm

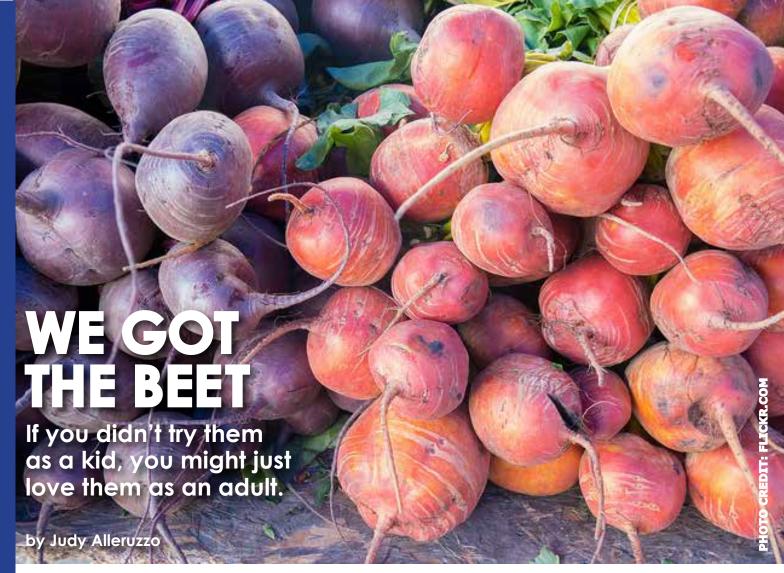


Compact Shear

Dramm also has a great selection of loppers and hedge shears to round out your cutting tool arsenal. Check with your independent garden center near you for a selection of Dramm cutting tools and make the gardener in your life happy with a new pruner from Dramm this holiday season!







It's funny; when I was a kid I think I liked only two vegetables, green beans and zucchini. As I got older, like the last few years, I have eaten vegetables I never would have tried as a kid. I now love Brussels sprouts, parsnips and BEETS.

My Mom never cooked beets when I was a growing up.

I asked her why and she said, "I don't like beets and I never cooked what I didn't like".

Good answer, but I bet she never tried roasting fresh beets from the farmers' market. I don't think there were farmers' markets in my Chicago neighborhood, but that's the difference in our two generations of eating, shopping and cooking.

To get back to beets.

They are a great vegetable.

Beets are found in the wild along coastlines of North Africa, Asia & Europe.

Long ago, beets were only used for the greens, what we know now as Swiss chard.

In ancient Rome, they prepared the roots for meals. These were the ancient cousins of the beets we know today. Many centuries later, the beets we are familiar with, surfaced in 14th Century England. Another 100 years later, a red beet with a turniplike root was first described as a food plant in Germany in 1558. Beets are also found in records in the 17th and 18th centuries but it doesn't seem they are very popular.

The modern beet had arrived, but like my Mom, not everyone's favorite vegetable.

Beets Growing Tips

Sow seeds in spring about 1/2 to 1 inches deep in rows 12-18in apart.

Harvest a few young leaves per plant during the growing season.

Beets can push up out of the soil before full ripening. Mulch over the top to protect the beet fruit.

Beets can be harvested as early as when 1 inch across or wait for larger bulbs.

Harvest before frost.

I think beets are one of those very versatile vegetables, like potatoes that can be prepared by baking, boiling, roasting and frying, plus you can eat the foliage. Beet's greens are tasty and nutritious, providing 15% of iron per cup. Besides the traditional deep port wine colored beets, new varieties can be found in white, orange, golden and even

pink and white striped. All of these varieties can be cooked in the same recipes with just different appearances.

Beets are a very nutritious and healthy vegetable.

These are some of the many ways beets improve our health.

- Reduces Blood Pressure
- Anti cancer Properties
- Increases Stamina
- Contains many Vitamins and Minerals

- High in Fiber
- Helps clean our Blood & Liver
- Reduces Inflammation
- Ancient Romans used beets as an Aphrodisiac
- Used in certain medicinal treatments of Depression

Whatever you call this vegetable; beetroot, table beet, garden beet or just beets, find a bunch of any variety and roast them up his winter.

You'll just love 'em.

Basic Roasted Beets Recipe | Martha Stewart

Preheat oven to 425 degrees. Wrap beets in 2 or 3 packets of foil.

Place on a baking sheet; bake until beets are slightly soft to the touch, 45 minutes to 1 hour depending on their size. Cool beets in packets, then rub off skins (use a paring knife for tough spots). Slice and enjoy!

www.marthastewart.com/336625/basic-roasted-beets



Beet Trivia

Trivia fact #1:

The modern Beet is the cousin to the Sugar Beet.

This vegetable produces 20% of the world's sugar" and uses "four times less water than sugar cane production".

Trivia fact #2:

Raw beets contain 59 calories per cup (136 grams)

0.0 Grams Cholesterol

0.2 Grams Fat

3.8 Grams Dietary Fiber

2.2 Grams Protein

442 mg Potassium (more than a medium size banana)

11% daily requirement of Vitamin C

Credits/More Information

Aggie History Texas A & M **Agrilife Extension**

http://aggie-horticulture. tamu.edu/archives/ parsons/publications/ vegetabletravelers/beets. html

http://www.pbs.org/food/ the-history-kitchen/ history-beets/

http://www.foodnetwork. com/recipes/nancy-fuller/ roasted-beet-salad-withwalnuts-and-goat-cheese. html



Food Network Roasted Beet Salad with Goat Cheese & Walnuts

Ingredients

3 Medium Beets, Washed & trimmed

1/4 Cup Extra Virgin Olive Oil

2 Tbl. Sherry Vinegar

1 Tbl. Honey

1 Tbl. Minced Red Onion

1/2 tsp Dijon Mustard

4 Cups Baby Spinach

1/2 Cup Crumbled Goat Cheese

1/2 Cup Chopped Walnuts

Preheat the oven to 400° F

Wrap the beets in foil packets and roast in the oven until tender, about 1 hour.

Open the foil packets and let cool. Once cool enough to handle, peel using a paper towel, then dice.

In a medium bowl, add all these ingredients and whisk together.

Olive Oil

Vinegar

Honey

Red Onions

Dijon Mustard

In another bowl, add the beets and spinach to the dressing and toss to coat.

Top with the goat cheese and walnuts.



Available Now! The *Garden Time* Tulip

In honor of the 10th season of Garden Time, a brand new tulip has been named in our honor. The Garden Time tulip was hybridized by Leo Berbee from Jansen's Overseas, one of the leading tulip growers and distributors in Holland.



ORDER TODAY!

The tulip will be shipped in the fall of this year and you can plant it and enjoy it next spring.

More information at The Garden Time Store



www.gardentime.tv/store

Foren Accents

Fate found a way to bring Kim Foren forward to where she started.

by William McClenathan

Kim Foren was not born a florist.

In fact, like almost all of us, what she thought she would become and what she ended up actually becoming were two very different things.

But always, flowers were a part of her life. So in retrospect it makes total sense.

As I sat with Kim and listened to her life story, it was clear to see why she started Geranium Lake Flowers back in 1993.

So many of us in this industry seem to share this one concept; that someone from our childhood inspired us.

Kim was no exception.

For Kim, her grandmother was the most passionate about flowers. She grew them constantly, and each time Kim was with her, that seed of passion within her young mind was tended and took root.



She recalls a colorful pallet of roses, lilacs and peony's...even Rex begonias. The fragrance, the colors and the unique beauty of these old time flower lover's plants were with her constantly.

But going from childhood to adulthood is seldom a straight line for anyone.

It seems like almost everyone in her family is self-employed. So it was assumed that her degree in college would be in business. How better to assure the lifestyle of most of her family? It was a lifestyle which seemed almost genetic to Kim.

So off to college she went at U of O to get her business degree.

Ah, fate. It does have a way of changing what we think we will do.

But Kim was miserable. There was no creativity for her in a business degree. There was no passion for the beauty of flowers she remembered from her childhood. Add to it all, that she did not even want a business degree and it finally all became too much for her to deal with.





She adored art. She felt as though she might actually be an artist. So she left U of O and chose instead to go to Pacific Northwest College of Art.

After graduation, she began catering. Her grandfather had owned a very successful catering company in Portland. And although she did enjoy this, she still did not feel comfortable. It just felt like she was missing out on something.

Incomplete and a bit frustrated, she started working for Portland Antique Company.

This job felt better. And while there, she began to travel to Europe to purchase items for the store.

While on those trips, each time she would see cut flowers offered everywhere. Unlike in the States, everyone seemed to have flowers in their homes and businesses.

Finally, the entrepreneurial spirit of her family began to grow.

She decided that flowers should be as available to everyone in America as much as they were in Europe.

So in 1993, she purchased a van and started selling flowers from it on 22nd and Hawthorne.



Even though this was not easy (cut flowers require things like specific temperatures to last any length of time) she loved it. As her store was a van and Portland has four clearly different seasons each year, it was a lot of work.

But Kim's familial, entrepreneurial spirit had taken root.

Plus, she realized that even with the struggles she faced, flowers were easier than catering!

Eventually, she rented space in the US Bank Tower in downtown Portland. This building has become known as 'Big Pink' because of the pink granite which covers it.

Over time, she went from two places in the main hallway to a 600-sqare-foot store there.

As the growth of her business continued, she upgraded to 1000 square feet.

Now she has 5000 sq ft of space. This was needed because Kim is not one to rest on her laurels. As her creative floral designs became more and more popular, she realized something. Often, the effort that went into her creations was lessened by little things once they were placed.

Things like the color of 'Sweet 'n Low' packets which seem to be on every table in every restaurant. And often, the linens and table cloths used did not work well with the colors of the floral arrangements.

This would not do! So, Kim began offering linens, lighting, and the total package which would enhance the amazing creative beauty of her flowers.

That was 15 years ago and time has done nothing to diminish her success.

Once you see a Geranium Lake floral arrangement, you are smitten.

The structure and form of them clearly have parts of her art degree. The unique and wonderful use of all plants and flowers is like candy for the eyes. The fragrance is divine. And the presentation is enough to make the high end celebrities and companies which use her creations all over America, stop and take a breath.

Now, you might think this would make Kim a bit snooty.

But oh no.

She is funny, and kind, and















US Bank Tower, First Floor 555 Southwest Oak Street Portland, Oregon 97204

503-228-1920

www.geraniumlake.com



www.youtube.com/ v/WfntZ7LGUOs





rather brilliant. And she still loves being in the garden.

But none of her success has elevated her above actual work, because as I interviewed her, she was folding and wrapping (300!) linen napkins at 6pm which were needed for an upcoming installation.

Kim tells me her growth in the future will come from travelling.

As her inspiration is birthed mainly from nature and plant material itself, the more she sees and experiences, the more her creative juices will flow.

And while a picture may be worth a thousand words, actually seeing things in the habitats naturally has no words to define it. It feeds her soul and mind and allows creativity to flourish.

How long will Kim continue? I do not know. But her high level of service and creativity does not seem to be diminishing. And she is still an avid gardener herself. She even shared with me her ideas for the home she recently moved to, all the while harkening back to the days of her youth with her grandmother...tending to those beautiful flowers which have now become such an intricate part of her daily existence.





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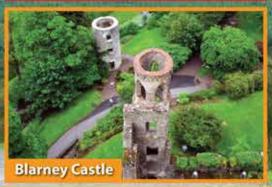


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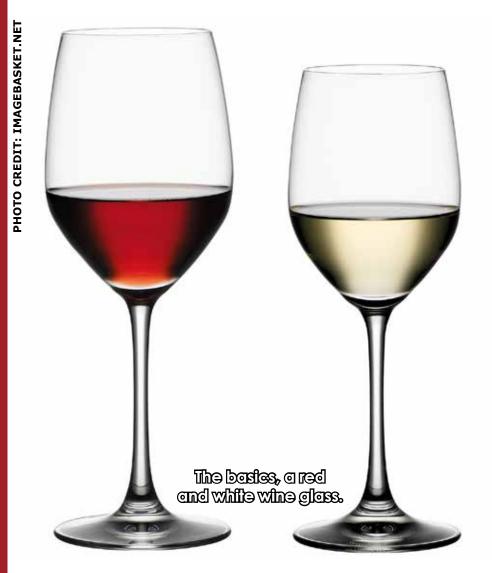
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Join us for this exciting Garden Time Tour!
Participation is limited. We recommend you book early.

Link to this information on the Garden Time website: www.GardenTime.tv/tours

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Life Through RoséColored Glasses

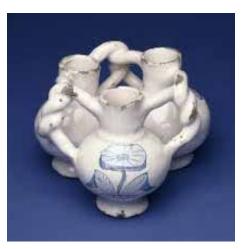
Whether the glass is halfempty or half-full, choosing the right one will enhance your wine-drinking experience.

by David Musial

A few months back, I wrote an article on beer glass styles and their benefits. Subsequently, I have been lobbied by the wine industry (my wife) for equal time. In fairness, it has been decided that an article on wine glass styles and their benefits is in order.

Like beer glasses, the original wine drinking vessels served one purpose, holding liquid without spilling. They evolved from organic materials like leather, wood and horn to inorganic materials like ceramic and precious metal such as silver and gold. Over time, pure function gave way to beauty and the vessels became more ornate with etched or drawn designs and the ultimate decoration...jewels.

Besides the practical, there were also whimsical drinking vessels. My favorite is the Fuddling Cup. It was a drinking cup that consisted of three or



four small cups with interlinking handles. The handles were hollow and joined the cups together through a small hole in the cup walls. The goal was to drink from one cup without having the contents from the other two cups spill all over you. Our beer pong playing college students have nothing on those Fuddling Cup revelers of 18th century England.

The use of glass for drinking vessels surprisingly goes back over three thousand years, but the process was so costly that it was originally a luxury only the wealthy could afford. In the United States, it wasn't until the early 1800s that glassware became affordable and replaced pewter and wood drinking vessels.

Over time, glassware started to be crafted for specific beverages and wine types; red vs. white wine in particular. The function of the modern wine glass went from being a vessel to hold wine to a vessel that enhanced the flavor of wine. The scientific approach

is now being applied to how the shape of a glass affects aroma. Today's wine glasses are functional, beautiful and enhance the pleasure of your wine drinking experience.

Wine glasses consist of four parts, each with a specific function; the base, stem, bowl and rim. The base is the flat part of the glass designed so you can set it down without spilling. The stem is the slender part designed for holding a glass (unless you buy stemless glassware). The purpose of the stem is to keep

your hands off the bowl so you

don't alter the temperature of

the wine. The bowl holds the

precious liquid and the rim is where lips meet wine.

Of the four wine glass components, the most critical is the



bowl. Its purpose goes much further than just holding the liquid. Being clear, it permits light to shine through to observe the color and clarity of the wine. It allows for the wine to be swirled, to get full aroma without spilling (Side note, my wife tells me I swirl in the

wrong direction. Maybe if I was in the Southern Hemisphere it would be the right direction?) It also puts the wines legs on display. Those are the wine trails that run down the glass after tilting for visual inspection.

Lastly, the shape and size of the bowl will alter the perceived aroma of the wine. This has been proven scientifically but remains controversial. Most of us are familiar with the differences between a white and red wine glass.

The white wine glass has a narrow bowl that concentrates the more delicate aromas of the wine, while a red wine glass





bowl is much larger to allow for more surface area to increase aeration and aroma. With the use of science and testing, they now have glasses for specific types of wine, which are sometimes known as varietal glasses. A Pinot Noir glass for Pinot Noir, a Chardonnay glass for chardonnay, a Zinfandel glass for Zinfandel and so on.

One manufacturer of varietal glasses is Riedel. They have been producing glasses for over 200 years and have been pioneers in research of the interaction between wine and glasses. Their glasses are beautiful and they have several different lines available.

So do you really need a separate glass for every type of wine you drink? In my opinion and the opinion of most wine experts, the answer is no. What you do need is a white wine, red wine and sparkling wine glass. With these three glasses you can enjoy any wine.

In fact, there is a growing trend towards using one universal glass for both red and white wine. One such glass is the Zalto Denk'Art Universal glass. It's not cheap (\$60.00, however others are available for less), but some say it can even be used for sparkling wine, meaning it is three glasses in one.

Another trend is in stemless glassware. The jury is divided on these glasses. They are basically the wine glass without the stem. As long as you don't hold them for long, they should be fine. They also give a little more laid back vibe to your wine drinking.

If you do have the finances

and the space, in addition to a good basic set of wine glasses, I would recommend buying a glass that is specifically designed for the style of wine you drink the most. If you love Pinot Noir, buy a Pinot Noir glass. Compare it to your everyday red wine glass. Even if you don't notice the difference, there's something elegant about a glass that is made just for your wine.

Since these glasses can be a little more expensive, I buy only two of each specific type



that I want. That way you can share a bottle and a special glass with a friend. Also, most of these glasses stay available for years, so you can add to a collection over time.

Here are a few tips in wine glass selection and care:

- Don't buy glasses that are colored, etched or have prints. They will distract from the wine.
- Know how much wine a glass holds. Some red wine glasses can hold almost a full bottle. Know where the four to five ounce level is for a proper pour.
- Wash wine glasses by hand and dry immediately. Soap residue will adversely alter your wine drinking experience.
- Thin walled glass shows the color of a wine better than thick walled, but are easier to break.
- With proper care, wine glasses can last a long time. Buy the best and most appealing glass you can afford.

In conclusion, grab a bottle of wine, your favorite wine glass, give a generous pour and in the words of my wife 'kippis'; which means 'cheers' in Finnish.

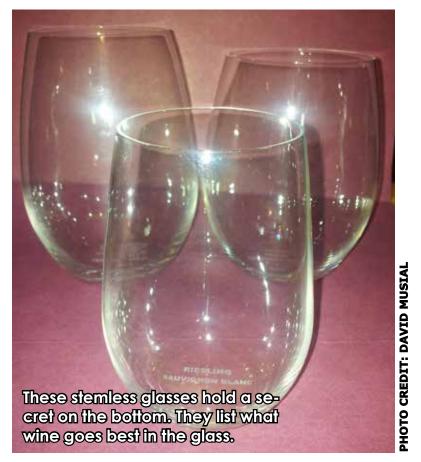




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WIDIIIG

Wow! Where did the time go? Another year over. The holiday season is always a busy time, and many of us find it hard to fit in a little work in the yard. But our plants need us, especially now. Carve out a few hours during December to make sure your plants are safe and warm for the Winter. It will be the best present you can give them.

PLANNING

• Be ready for a cold snap. In case the temperature drops fast you'll want to be prepared to cover the plants. Using the Harvest Guard Protective Yard & Garden Cloth (AKA 'reemay') will protect the plants against severe cold temperatures. Cover only in



the cold spells, remove when temperatures rise again. Multiple layers will protect to lower temperatures.

• Plan a family trip to choose a live Christmas tree for this year's holiday. Live trees are just the best idea when thinking green; a tree you can plant with the family after the holidays; a tradition that will grow with the family!

Some of you think it is better to use artificial trees as they are good for the environment. Nope! Artificial trees are generally made in China, pollute the atmosphere when being manufactured, fill up landfills and contain harmful chemicals. Instead of a fake tree this year, adopt a real one. Share the

gift of life with the family with a live tree you can enjoy for decades.

• Organize your garden journal. Go over the notes from the year and set some goals and plans for next year.



PLANTING

• If you find your spring bulbs in a sack in the shed, get them planted! They are not going to sprout roots and grow in



the sack and yes it's late but there is still time to get them in the ground. If you don't plant them this month, it really will be too late.

 OK to plant trees and shrubs now. In our part of the world, if you can dig a hole in the soil, you can still plant. Roots will still grow a

little all winter long, so getting them in now will allow some root development during winter.



TASKS, MAINTENANCE & CLEAN-UP

- Time to clean out the Mason Bee condos and clean up the cocoons and get the condo system ready for the new season.
- Turn the compost pile. Adding oxygen to the pile
- when you turn it over helps to break down the organic matter faster. Keep the pile from getting too waterlogged with a tarp or cover.
- Make sure that weeds are pulled away from the

base of trees and that bark or mulch is not too deep around trunks. Rodents like to chew on the bark and the hiding places the weeds or mulch provides should be eliminated.



 Make sure that any plant underneath big thirsty conifers or under the eave of the house is getting a good deep drink

of water once every 4-6 weeks. Plants can take more severe cold weather with hydrated cells than dehydrated cells.

 You can fertilize the lawn now if you haven't done so in the last two months. Lawns are still growing roots during the winter and you can improve the green color by applying a lawn food now. Using one with a moss killer will help kill off the moss over the winter. Apply a dose of dolomite lime to the lawn if none has been applied for a year. Don't use a weed-n-feed now, the weeds will just grow, not die. The chemicals in the weed killer need much warmer temperatures to work.

- Don't walk on frozen grass until it thaws. You will see your footprints on the turf in the spring otherwise.
- Watch for aphids on spruce trees. Often in the winter the spruces can get attacked by aphids. We don't usually notice until it's too late in the spring when all the old foliage falls off. Hose the trees off with a strong stream of water to knock any aphids from the needles. You can check and see if they are on the trees by holding white paper under a branch end and tap hard. Check for infestations by holding white paper under various branches and tapping. If they are present you'll see some on the paper.



 Dormant spray the fruit trees as needed for control of over wintering insects and diseases. However, no spray is need-

ed if no disease or insect problem was detected this past season. Dormant Spray Oil is used to smother the overwintering insects and Copper Sprays are good for disease control. Spray according to directions on the label.



• Pruning: It is not time to prune but time to STUDY UP on the subject! Pruning fruit trees is discussed in great detail in many books

and articles. We highly recommend reading up on the subject before making cuts that you can't glue back on the tree. Read up and take good care of your trees. You'll get much more production from them if you do.

 Get after any weeds that are growing now before they go to seed. Covering the



beds with thick mulch after the weed pulling can help deter them further.

VEGETABLE GARDEN



- Do a recap of the successes and the failures. Start to plan what you want to grow next year and begin the process of finding out what grows best together in regards to companion planting.
- Check on the veggies you are wintering over. Make sure the

compost mulch is nice and thick over the crops you are storing in the ground.

 Make out your wish list of things you'd like from Santa, like seed starting supplies, pruners, garden-



ing tools and gloves. Mavbe some beautiful outdoor pottery to feature pretty flowers near the front entry for quests. Or a big fat gift certificate so you can come pick out what you want this next year!



Christmas in the Garden Through Sunday, January 3, 2016 The Oregon Garden, Silverton, OR

Ice skating, artisan Christmas Market & Christmas lights. Hours and activities vary by date, visit our Schedule page for details. On arrival, you will enter the Garden and board the Holiday Express, where you will be whisked to the beautifully decorated Rediscovery Forest. Here, you can: ice skate with your family, shop with 18 artisan vendors at a traditional German Christmas Market, walk through 400,000+ Christmas lights in the forest, sip gluhwein and other holiday beverages, listen to festive music & carolers, enjoy the smells and tastes of holiday foods, warm up next to fire pits, take photos with Santa, who will visit regularly, meet live reindeer, presented by Dallwig Bros Building Supply, Dec. 10-13, enjoy pony rides from Canyonview Camp, Dec. 5. http://www.oregongarden.org/events/christmas-inthe-garden.

Schedule Your Own Wreath Making Party! December 1-20, 2015 • between 9:30am-3:00pm Portland Nursery (Division & Stark), Portland, OR

Start a new tradition by gathering with friends and family to hand make decor for your home or to gift to another. We will provide the materials, space and instruction - you bring a group between 5-10, gloves and pruners and leave the clean-up to us. Plan to spend 1 1/2 hours in the workshop. New this year, your group can choose to make either wreaths or kissing balls! Please let us know which you would like so we have the right material. Cost: \$30/ project (select either wreaths or kissing balls). To request your own party at Division, call 503-788-9000. To request your own party at Stark, call 503-231-5050.

ZooLights

Through Sunday, January 3, 2016 • 5:00pm-9:00pm The Oregon Zoo, Portland, OR

It wouldn't be the holidays in Portland without a visit to the Oregon Zoo's annual winter festival ZooLights. As you walk around the zoo, you'll see a dazzling display of a million and half lights, and experience your zoo in a whole new light. ZooLights runs from November 27, 2015 to January 3, 2016.

continued next column

The zoo opens each day at 9 a.m., and ZooLights tickets are valid after 4 p.m. ZooLights hours are 5 p.m. to 9 p.m.; Value Night hours are 5 p.m. to 8 p.m. Grounds remain open for one hour after gates close. Ride MAX and skip the parking.

Bauman's Holiday Open House Saturday, December 5, 2015 • 8:00am-5:00pm Bauman Farms, Gervais, OR

Start your holiday shopping by attending our annual holiday open house. We'll be featuring free gourmet food and wine tasting throughout the day along with these specials:

Get a \$5 gift card with a purchase of any Gift Pack over \$25 (gift card can not be used on day of purchase). 20% off all Holiday Decoration (excludes consignment items). 20% off all Holiday Greens, Trees, and Wreaths. Phone: (503) 792-3524. Email: baumans@baumanfarms.com.

Holiday Market Saturday, December 5, 2015 • 10:00am-2:00pm Farmington Gardens, Beaverton, OR

Visit with Santa and Mrs. Claus. Details at www.farming-tongardens.com.

Holiday Art and Wine in the Greenhouse Saturday, December 5, 2015 • 10:00am–4:00pm Garland Nursery, Corvallis, OR

Everyone has enjoyed our Art & Wine in the Garden in the summer so much that we have decided that this is a perfect time of year to invite back several of your favorite local artists, wineries, distillers and food craftsmen to join us for Holiday Art & Wine in the Greenhouse. Enjoy live music and sip on wine, spirits, or warm apple cider as you stroll among the beautiful and unique handcrafted art and wares, all perfect for gift-giving. One of the amazing artists we have joining us is Karla Chambers, the owner of Stahlbush Island Farms and author of Farming, Food and Fine Art. Karla will have her art and book available for purchase and signing. Vivacity Fine Spirits and Spiritopia will be here sampling and selling their locally-made spirits, liqueurs, and chocolate truffles by Burst's Candies. These make perfect host/ hostess gifts for the coming holiday gatherings. Wine continued next page



tasting will also be available, 11 a.m. to 3 p.m., from a few of our local wineries. Alpine Sourdough Bakery is sampling and selling its delicious and exclusive breads and granola. If we haven't tempted you enough inside, we invite you outside to our gardenside firepit to roast scrumptious s'mores with us. We look forward to seeing you at Art & Wine in the Greenhouse as we continue our holiday celebrations. www.garlandnursery.com.

Holiday Centerpiece Saturday, December 5, 2015 • 10:00am(\$); 1:00pm(W, G); 2:00pm

Al's Garden Center, Woodburn, Gresham, Sherwood, OR All the charm of the winter and holiday season wrapped up in a cut green centerpiece. We will walk you through building and adding your own little touches to a wonderful centerpiece you can display in your home. Cost: Small: \$25, Large \$35. Price includes fresh holiday greens, ornaments & candles. Registration: alsgardencenter.com/workshops.

Wreath, Hanging Basket or Centerpiece Workshops Saturday, December 5, 2015 • 11:00am-1:00pm Farmington Gardens, Beaverton, OR

Details at www.farmingtongardens.com.

Kids Club: Plant Magic Beans & Kids Club Christmas Party

Saturday, December 5, 2015 • 11:00am(W)

Saturday, December 12, 2015 • 11:00am(S)

Saturday, December 19, 2015 • 11:00am(G)

Al's Garden Center, Woodburn, Gresham, Sherwood, OR Celebrate the season by planting "Magic Beans" that will sprout with a special message, just in time for the holidays. Give your planter as a gift or keep it and enjoy watching it grow. After our project, we will celebrate with cookies and punch. Cost: \$5.00. Registration: alsgardencenter.com/kidsclub.

What to Do in the December Vegetable Garden Saturday, December 5, 2015 • 11:00am-12:30pm Portland Nursery (Division), Portland, OR

With Donna Smith and Robyn Streeter, Your Backyard Farmer. Get the dirt on year-round vegetable growing in this monthly to talk about vegetable gardening in continued next column

the Pacific Northwest. Donna & Robyn of Your Backyard Farmer will cover seasonal topics to help you improve your vegetable gardening skills and draw from their education and collective years of hands-on experience.

Christmas Tree Tour Saturday, December 5, 2015 • 12:00pm Hoyt Arboretum, Portland, OR

Tour the popular Christmas trees growing in Hoyt Arboretum, including Oregon natives and other varieties available in the Portland area Saturday, December 5, 12p.m. with Hoyt Arboretum Tour Guide, Ken Denniston, author of nwconifers.com. The tour also includes Christmas tree history and tips on picking out the perfect Christmas tree.

Meet at the Visitor Center, 4000 SW Fairview Blvd., Washington Park, Portland, OR. Registration is not required. HAF members are free, non-members, \$3 recommended donation. For further information call 503-823-1649 or www.hoytarboretum.org.

Dress appropriately for the weather and trails: raincoat, umbrella, hiking boots or sturdy shoes.

To get to the Hoyt Arboretum, take MAX to the zoo and walk up the hill which takes about 10 minutes. Parking is available in the adjacent lots or for free on the street (avoid no parking signs).

Everything in the Kitchen Sink! How to Create Natural Dyes from Scraps Saturday, December 5, 2015 • 12:00pm-3:00pm Hoyt Arboretum, Portland, OR

Learn the basics of natural dye techniques with Naturalist Sarah Hill, including a few ways to get color out of what they already have in the kitchen, and an easy technique to get started experimenting with natural dyes. The class will take place Saturday, December 5 from 12-3pm in the Visitor Center at the Hoyt Arboretum, 4000 SW Fairview Blvd., Washington Park, Portland, OR. It will also include a walk around the arboretum to discuss other common plants that are great for dyes, inks, and other natural crafts. Dress appropriately for the weather and trails: raincoat, umbrella, hiking boots continued on page 34



or sturdy shoes. Finally to tie everything together, students will be using a technique called eco printing or bundle dying to make beautiful prints on silk scarves to take home!

Instructor, Sarah Hill is a naturalist and youth program instructor with Rewild Portland. She holds a degree in Life Science from the University of Portland and is currently in charge of the cultural education programs at the Ridgefield National Wildlife Refuge.

The class is limited to 15 people. Students should bring a pen and a notebook. \$15/HAF members, \$20/non-members. Registration is required. Sign up at hoytarboretum.org/hoytevents or call (503) 823-1649.

To get to the Hoyt Arboretum, take MAX to the zoo and walk up the hill which takes about 10 minutes. Parking is available in the adjacent lots or for free on the street (avoid no parking signs). The Hoyt Arboretum is a 501 (c) (3) organization.

Mrs. Claus is Coming to Al's!

Saturday, December 5, 2015 • 1:00pm(W)

Saturday, December 12, 2015 • 10:00am & 1:00pm(S)

Saturday, December 19, 2015 • 1:00pm(G)

Al's Garden Center, Woodburn, Gresham, Sherwood, OR Mrs. Claus will be visiting each of our stores and young children are invited to come listen while she reads some of her favorite holiday books. Parents and grandparents, bring your cameras to capture the holiday memories! Cost: There is no charge for this event. Registration: Registration not required. Speaker: Mrs. Claus, of course!

Wreath Making Workshop Saturday, December 5, 2015 • 1:00pm-2:30pm Portland Nursery (Division), Portland, OR

With Cody Phillips of Portland Nursery. Create your own fresh and beautiful wreath for the holidays this season. Cody Phillips of Portland Nursery will guide you through the process of making a wreath that is unique to you and guaranteed to bring holiday cheer into your home! Fee: \$30 (pay at register on day of class). Bring gloves continued next column

and hand pruners.

Wreath Making Workshop Sunday, December 6, 2015 • 1:00pm-2:30pm Portland Nursery (Division), Portland, OR

With Gardening Goddess, Jolie Donohue. Create your own fresh and beautiful wreath for the holidays with the talented Gardening Goddess, Jolie Donohue. She will guide you through the process of making a wreath that is unique to you and guaranteed to bring holiday cheer into your home!

Fee: \$30 (pay at register on day of class). Bring gloves and hand pruners.

Seasonal Holiday Tea Thursday, December 10, 2015 • 1:00pm-2:00pm Bauman Farms, Gervais, OR

Gather your friends and family together and enjoy our warm hospitality and hot tea. The tea consists of a traditional three course offering and will feature holiday gift wrapping and bow making demos. Let us help you add a special touch to your holiday gifts this year. RSVP required. Cost – \$25.

Cookie Contest Saturday, December 12, 2015 Garden Gallery Iron Works, Hubbard, OR

Details at www.gardengalleryironworks.com.

Wreath, Hanging Basket or Centerpiece Workshops Saturday, December 12, 2015 • 11:00am-1:00pm Farmington Gardens, Beaverton, OR

Details at www.farmingtongardens.com.

Hanging Christmas Basket Saturday, December 12, 2015 • 1:00pm-2:00pm Bauman Farms, Gervais, OR

Add the finishing touches to your outdoor decorations with a beautiful holiday green basket. Each attendee will receive a 14" wicker hanging basket and all the greens and decor needed to make it spectacular. Please RSVP. Cost – \$30.

Crafty Garden-Grown Gifts continued next page



Saturday, December 12, 2015 • 1:00pm-2:30pm Portland Nursery (Division), Portland, OR

With herbalist Missy Rohs of Arctos School of Herbal and Botanical Studies. Looking for fun and inexpensive presents to craft for the holidays? Intrigued by the idea of making plant medicine? Herbalist Missy Rohs will demonstrate how to make two great gifts with local plants, and provide recipes for more handmade goods infused with love and garden goodness. Go home with an herbal salve and plant-filled bath salt, plus inspiration to create your own herbal gifts at home! Fee: \$10, payable by cash or check to instructor day of class.

Beeswax Sheet Candles Sunday, December 13, 2015 • 11:00am-12:30pm Portland Nursery (Division), Portland, OR

With Halfmoon Farm. These make great seasonal gifts for the home and are so fun to make! You will make a pair of tall candles and a pair of votives and learn unique decorative embellishments.

Fee: \$15, bring cash or check payable to Halfmoon Farm. Bring a hair dryer to use in the class.

Holiday Kissing Ball Workshop Sunday, December 13, 2015 • 1:00pm-2:30pm Portland Nursery (Division), Portland, OR

With Gardening Goddess, Jolie Donohue. Spice thinas up with holiday kissing balls, a refreshing addition to any holiday environment! Gardening Goddess, Jolie Donohue will help you create your very own kissing ball using a variety of seasonal cut floral and decorations. Join us and create your own one-of-a-kind holiday decoration! Fee: \$20 (pay at register on day of class). Bring gloves & pruners.

Wreath, Hanging Basket or Centerpiece Workshops Saturday, December 19, 2015 • 11:00am-1:00pm Farmington Gardens, Beaverton, OR

Details at www.farmingtongardens.com.

Make Cookies for Santa Saturday, December 19, 2015 • 11:00am-12:00pm; 1:00pm-2:00pm Bauman Farms, Gervais, OR Share one of Bauman's family traditions - decoratcontinued next column

ing cookies for Santa. The Bauman bakery will create the canvas for your children's art and all the Bauman grandkids will be on-hand to provide all the decorations and toppings needed for yur kids to make three irresistible cookies for Santa. Please RSVP. Cost – \$5.

Winter Fairy Gardens Saturday, December 19, 2015 • 1:00pm-2:30pm Portland Nursery (Division), Portland, OR

With Tiffany Garner. Creating a miniature world fit for a fairy or two is a great way to get in touch with your creative, playful side, and can make a wonderful gift! Tiffany Garner will lead the group in this hands-on class and help you design, accessorize, and learn how to properly care for your enchanting world. Choose between an indoor or outdoor fairy garden. Students are free to bring their own decorative items to incorporate into their fairy's garden, as well as shop our splendid and varied offerings. \$30 materials fee - pay cashier before class and bring gloves if you wish.

Rituals for Winter Solstice Sunday, December 20, 2015 • 11:00am-12:30pm Portland Nursery (Division), Portland, OR

Join Life-Cycle Celebrant Holly Pruett to explore the world of winter rituals. How can we honor the darker times, the fallow around that carries the promise of spring? This creative ceremony-maker will help you imagine and carry out personal, family, and community rituals that transcend the commercial chaos of the holiday season. Portland Nursery's Terrie Burdette will guide the group through creating a personalized candle ring from collected greens & floral materials. A wonderful hands-on activity to embrace the season and take home a new ritual. Materials fee: \$10, pay at cash register day of class.

LOOKING FOR MORE? You will find more events and updated information on the Garden Time Events Calendar www.gardentime.tv/events.htm



These are just some of the companies we've produced videos for:

Benson High School • Central City Concern • Malarkey Roofing Lewis and Clark Law School • Muscular Distrophy Association Oregon Cancer SkiOut • Regional Water Providers Consortium SOLV • Salem Hospital • Team Oregon • Willow Station

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