

June 2014

garden time

A Digital Monthly Magazine for Your Garden & Home

**Summer Houseplant
Containers**

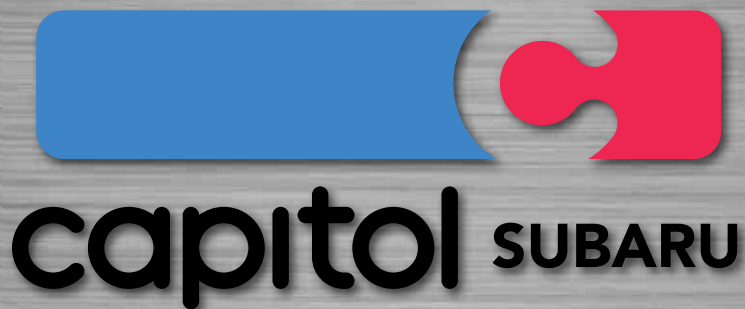
Three Combos... to Go!

Vertical Gardens

Dandelion Hunting

Heirloom Roses'

Ben and Kara Hanna



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Everything Old is New Again...

A lot of you long time gardeners are aware of some of the past garden shows that I have been involved in including the 'In the Garden with Mike Darcy' and the 'Good Day Lifestyles' shows. Both were excellent gardening shows that aired in Portland in the past. In producing those shows I was able to start a couple of gardening events that were great for local gardeners. The first one was the GardenPalooza event which the Garden Time crew continues to host. The other event was called Subaru Garden Dayz. This event was sponsored by the regional Subaru Dealers and took place at different dealers around the area. This past spring we were happy to welcome back one of those dealers, Capitol Subaru in Salem. They have become one of our best sponsors and they asked if we could bring back the Subaru Garden Dayz event. So we are happy to report that Subaru Garden Dayz will take place on the 14th of June from 11am to 3pm.

Subaru Garden Dayz will be a great kickoff to summer like the GardenPalooza event is a great kickoff to spring. 6 great garden vendors will be there including Al's Garden Center, Ferguson's Fragrant Nursery, Elk Mountain Cedar, Margie's Farm and Garden, Garden Thyme Nursery and Elk Mountain Cedar. We will be giving away garden plants (while they last), packets of seeds, Dramm watering tools and, if you take a test drive, some garden tools. There will also be free hotdogs and pop. You can also sign up to win a \$100 gift card to Al's Garden Center. You can stop by and check out the new cars and pick up some plants to fill in those last areas in your garden before the summer season is upon us. You can check out our website for more details. (<http://www.gardentime.tv/subaru.htm>)

June is a busy month! We also have a trip coming up. This month we are leading a tour to Victoria BC with 25 of our Garden Time friends. It will be 3 days packed with garden tours and lots of laughs. We are now proud to announce that we are going to be hosting a trip to Costa Rica from January 12th to the 23rd in 2015. This 12 day tour includes 21 of your meals (including most of your dinners) and also includes your airfare too! We are going to spend 2 nights in the Cloud Forest, tour a coffee plantation, take a river cruise, see tons of exotic plants and animals and spend 3 days at an Eco Lodge Resort. All this for \$3,000! If you have questions you can register for a no-obligation webinar which will take place on June 24th from 6:30 to 7pm at <http://www.gotomeeting.com/645182178>, or see the ad on page 9.

One more thing! We are also giving away two 3-day general admission passes to the Oregon Jamboree in Sweet Home Oregon the first weekend in August. Just become a friend on Facebook for a chance to win and you could be going to Sweet Home to see Miranda Lambert, Tim McGraw and Jake Owen. We will draw a winner at the end of June!

Have a great June and we hope to see you at Subaru Garden Dayz!!

Happy Gardening,

Jeff Gustin, Publisher

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Three Combos... to Go!

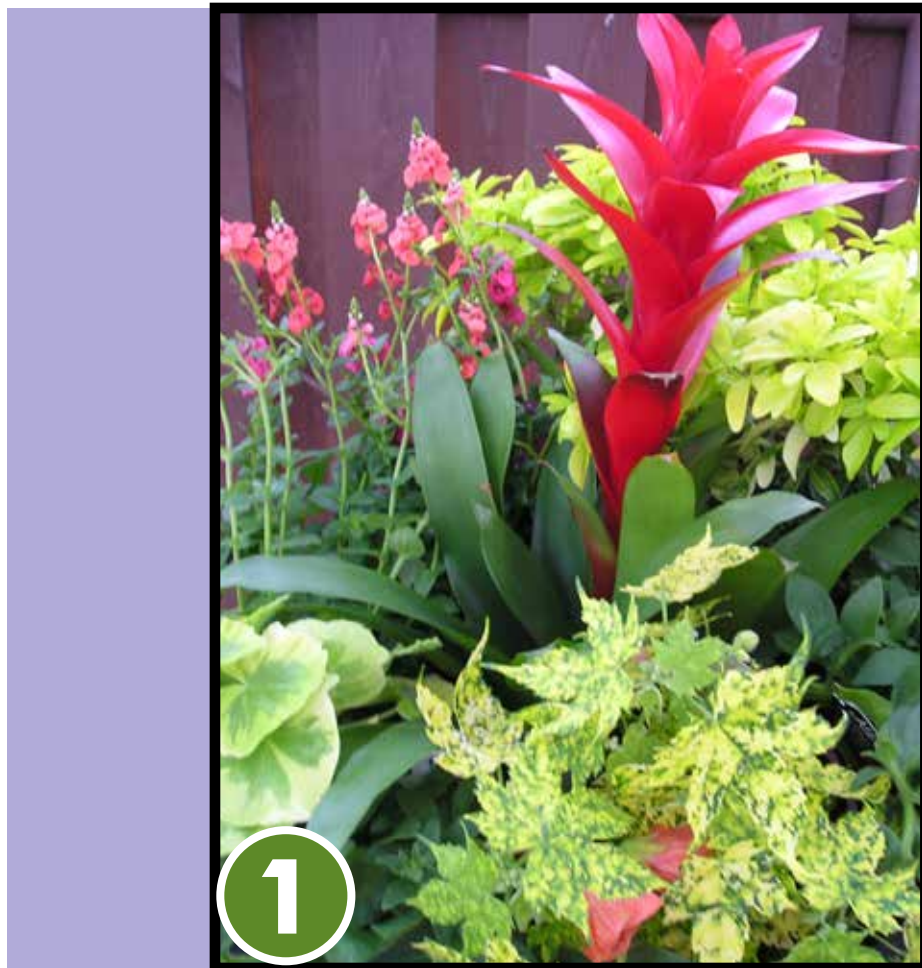
Outdoor summer containers become awesome when tropicals are paired with the usual garden plants.

by Judy Alleruzzo

Each year there are new varieties of petunias and verbenas, new colors of geraniums and fuchsias, but not totally new plants to combine with these seasonal introductions. It's time for a different palette of plants for summer containers and the new plants are --- houseplants. We all get too focused on plants that are labeled for inside our house or outside in our gardens. It's time to change it up a bit and create new summer containers with combinations of houseplants, annuals, perennials and even shrubs.

Because the Northwest is cold in the winter, we miss out on the tropical varieties hardy in southern California or Florida. The plants that the gardeners in these states plant outdoors, are the plants we have come to know as our houseplants. Think about the textures and colors of Bromeliads, Anthuriums and Crotons. These tropicals have long lasting flowers or colorful foliage that are unique by themselves. Outdoor summer containers become awesome when tropicals are paired with the usual garden plants.

The rules of using tropicals and summer garden plants are the same as creating any container.



Even though most tropicals grow in full sun in other environments, place them in morning sun with afternoon shade for the summer. They have been grown under lower light conditions and will burn if exposed to too much sun.

- Choose plants that require similar light and water requirements.
- Use bagged potting soil like Black Gold All Purpose Potting Soil and not soil from your garden.
- Use water soluble fertilizer each week to keep the annuals flowering all summer long.

This fall, it is best to compost all the plant material. Trying to keep the plants growing well in your home would be pretty difficult. For this season, use fall/winter interest plants for a new container look. Having a taste of the tropics on your deck this summer will open up your imagination for new container combinations in the future.

#1

**Bromeliad - Red
Flower Guzmania
Choisya 'Sundance'
Abutilon thompsonii
Petunia Red Flowers
Nemesia Coral Flowers
Fancy Leaf Geranium**

#2

**Red Flower Anthurium
Phormium Black Foliage
Croton
Begonias Red Flowers
Black Sweet Potato Vine**

#3

**Rubber tree Ficus robusta
Fuchsia Pink Flowers
Dahlia Pink Flowers
Phormium Black Foliage
Petunia Pink Flowers
Gerbera Pink Flowers
Purple Leaf Heuchera**



Check out our website to see all of our upcoming gardening events. >>

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APOCALYPSE CHOW

The unique adventures of an urban dandelion hunter.

by William McClenathan



Adventures come in many forms. As many different forms as the adventurer themselves.

One such unique adventurer is Rebecca Lerner. The difference though is Rebecca will share her adventures with you. She is known as the Dandelion Hunter.

I first encountered Rebecca on a shoot for Garden Time last year on Urban foraging. https://www.youtube.com/watch?feature=player_detailpage&v=CMIV402z4T4

Like many people, I had not yet heard of her. But

the moment we met, I knew she was special.

The story for the show was supposed to be about foraging for food in an urban setting. Not out of garbage cans and trash dumpsters, but right from the soil itself. Many of these edible plants were weeds, but many were not as well. Or at the least were not considered weeds by Rebecca.

They grew in alleys, vacant lots, and the yards of abandoned houses. As we strolled down one alleyway, one of my first questions was about the concern one might have because of the weeds having been possibly sprayed with something like



Round-up, I will never forget her response.

She said smiling "well...you have to use common sense. If there is a preponderance of weeds and plants, both ones we might want and those we do not, in the area you are foraging, it is a pretty good chance no one is trying to get rid of them, and thus, we can feel pretty comfortable that there has not been any spraying done."

That little comment stuck with me. It made a lot of sense. But then, a lot of what I learned from Rebecca made a lot of sense.

Because Rebecca was indeed a hunter, a new kind of adventurer.

And even though she did not hunt animals, she does hunt food, food that in times past was often a staple to humans, but now were considered nothing more than weeds, eye sores, something to be embarrassed by and removed.

So what was the driving force for Rebecca? What started her on this adventure of hunting dandelions? This might give you some insight.

"It started as a form of apocalypse insurance: If natural disaster strikes and grocery store shelves go bare, what could an apartment dweller find to eat? This dark conjecture inspired Rebecca Lerner, a young journalist living in Portland, Ore., to discover the edible and medicinal wild plants of the city, launching a surprising journey that transformed her life but left her feeling healthy, empowered and deeply connected to nature".

In her debut book, *Dandelion Hunter*, (released April, 2013) Lerner uncovers the ancient secrets of our hunter-gatherer ancestors – secrets buried in our modern psyche, but not forgotten. Common weeds and trees are revealed to be free foods, medicines that can cure the flu, and much more -- a hidden bounty available for all who dare to see them as they really are.

With humor, deft prose, and quirky charm, Lerner shares her adventures, augmenting the true tale with a sharp intellect and serious reporting chops: she mines scholarly journals and draws insights from experts in the fields of archeology, plant biology, public health and more, reflecting on her experiences and using them to reinterpret the world around us, ultimately coming to find the wilderness within.

You may follow Rebecca on her Facebook page. Rebecca Lerner is one of the best-known urban foragers in America. Through teaching, speaking and writing about the useful wild plants of Portland, Oregon, she seeks to "inspire and empower my fellow human beings to remember who we really are – part of nature, not separate from it." Lerner and her popular blog, www.FirstWays.com, have been profiled or quoted in the Los Angeles Times, The Oregonian, the Boston Globe, Ad Busters, the Utne Reader, and much more.

You may find information on the tours at <http://firstways.com/privatehikes/>.

You may request a private tour, or a company or group tour.

The book, *Dandelion Hunter*, is available on Amazon.com.

So if you think an adventure is something you have to pay a fortune for, or travel miles away from home to experience...try this adventure on for size. Sometimes, our best adventures are just around the corner.



It's Time to **GROW** ↑ **UP**

You can open up a whole new dimension in your garden by taking it to the next level.

by Therese Gustin

Growing gardens upwards is not a new idea. In fact they've been around since 605 B.C. when King Nebuchadnezzar is thought to have built the Hanging Gardens of Babylon for his homesick wife Amyitis. Amyitis missed the green, lush and mountainous land where she grew up. When she relocated to the flat sun-baked land of Mesopotamia to be with her husband, she grew depressed. Nebuchadnezzar wanting to please his wife created a terraced garden to remind her of home. Not only did he face challenges with building materials that would not disintegrate with water but he also had to consider how to get the life-giving water to the upper terraces without the use of modern pumps. No small task at the time.

Today there are abundant ways of taking your garden skyward. With our ever shrinking yards, we are always looking for ways to fit in more plants. Trellises provide a stable structure for vining plants to climb. Climbing roses, clematis, wisteria all add beautiful color and sometimes fragrance all while drawing your eye upward. Trellises are not just relegated to flowering plants however. Using them in your vegetable garden bed can increase your planting area while keeping the tender veggies off the ground. Cucumbers, squash, beans and peas all work well on trellises. (See William's article on making a simple PVC trellis in the April 2014 issue





Garden Time Tours



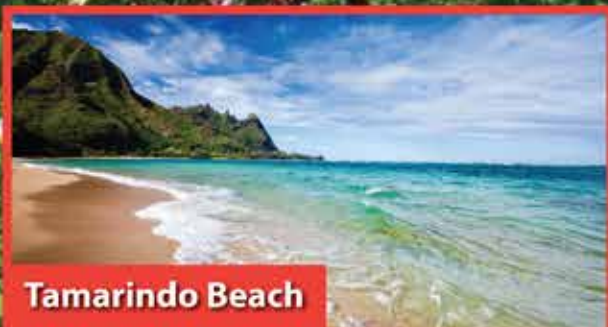
Riverboat Adventure



Hanging Bridges



Tropical Plants



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of Garden Time magazine.) (<http://www.garden-time.tv/gto/1404/GTDM-1404.pdf>.) Whether made of wood, metal or PVC, adding a trellis will open up the possibilities of adding height and interest to your garden.

Vertical gardening goes beyond trellising. There

is an international trend towards growing gardens on the sides of buildings. These living walls create drama on a large scale. On a smaller scale, many local independent garden centers are carrying frames designed for living walls that can be attached to the side of a house or to a fence. Whether filled with sedums or herbs, these small vertical



Wall garden Paris, France



Sedum wall hanging



Assisi, Italy



gardens add a new dimension to your gardening choices. These vertical wall gardens can be a challenge to water, but the new frames are designed to be watered from the top allowing the water to percolate down to the bottom of the frame. Drip irrigation is another good choice for keeping these gardens hydrated. Sedum wreaths are an easy and beautiful way to add a garden to a fence or a door. They can be watered by taking the wreath down and soaking it in a tub of water until it quits bubbling. Let it drain before hanging it up again.

Not only can vertical gardening free up real estate but it can also provide a screen between neighbors. We actually created an arbor on our property line, crisscrossing fishing line to support a beautiful clematis vine. Both my neighbor and I get to enjoy the blooms throughout the summer.

Growing vines over an arbor can also create a lovely entrance to a garden by softening the hard edges of the gate and giving you a glimpse of what garden treasures await you on the other side.

Though we don't have to create an ancient Wonder of the World like Nebuchadnezzar to create harmony in our homes, by adding a trellis, arbor, wall garden or wreath, we can open up a whole new dimension in our gardens by taking our gardens to the next level. Perhaps it's time to grow up!



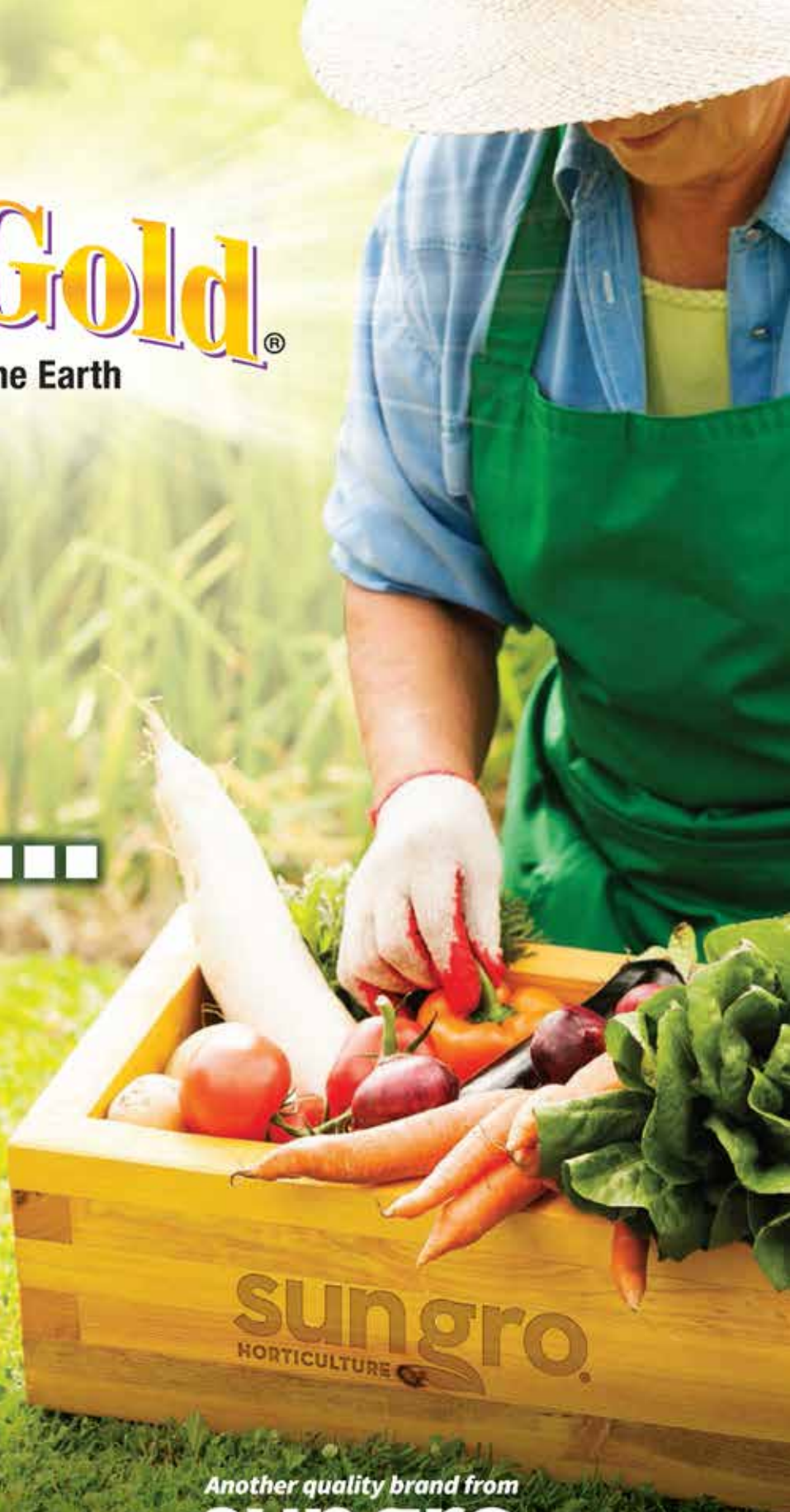
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Days of Wine and Roses

Ben and Kara Hanna, the new owners of Heirloom Roses, have a lot to learn, a lot to teach and a lot to share.

by William McClenathan



Kara and Ben Hanna

If there is one thing gardeners agree on, it is that things change. They must. The same thing occurs in a business as well.

One year ago, Heirloom Roses was sold to its new owners, Ben and Kara Hanna. We thought it might be fun to get to know this amazing couple a bit more, which is why they are the Hortie's for this month.

The first thing I found interesting was that both Ben and Kara are local folks. Ben was from right here in the Portland area and Kara from our beautiful State Capitol city of Salem. And once again proving what a truly small world we live in, during our interview, I found out I went to high school with Kara's brother at Sprague which was the same place she graduated from a de-

cade later.

And although Kara will tell you she was not into gardening when younger, Ben on the other hand was. His father was in forestry and his mother was a Master Gardener. Ben also was part of the FFA (Future Farmers of America) while in high school.

But after graduating, Ben's path took him to Santa Barbara where he received his degree from Westmont College.

And although it took a bit of time, it was not long before the desire to return home to the Pacific Northwest brought him back to the Portland area.

Ben did some various jobs but eventually landed at a business called Lightspeed in Tualatin. He was there for 11 years, making an amazing difference in

the growth of that company. And although the pay was good, something told him it was time for a change.

After a short time of looking for a job, he took one overseeing a farm which was in need of some financial leadership. This proved to be more difficult than he had imagined, but still to this day, he is thankful for the experience. In Ben's mind, it helped to prepare him for his next step: Purchasing Heirloom Roses.

Now before we get into how that came about, I should mention that during all this time, Ben met Kara.

Kara told me that when they first met, they were having a conversation and Ben told her, "I have bees". Kara will be the first to tell you that she was not into gardening back then, so the first

thing she thought of...and asked him was, "You have WHAT?"

In her mind, she wondered if he was taking medication for it. When she revealed this I laughed right out loud!

When he finally asked her to marry him, she remembers thinking, finally...I do not have to rake leaves and mow the lawn any longer.

17 years and 5 beautiful children later...she gladly shares in those duties now.

Now back to the acquisition of Heirloom Roses.

With 5 children, a mortgage and family, Ben still wanted more than the job he had. He desired to really set sail on his own, to test his own abilities at the great American Dream.

They began to look for a business for sale. Several months went by without anything really calling his name.

Then, one Sunday at church, Ben and Kara were telling a fellow church member about their search. The man said he knew of a business which was up for sale. His sister owned it and he said he



would mention it to her.

A few weeks later, they had their first meeting and a mere 5 months later, they were the owners of the beautiful Heirloom Roses.

To those of us that love Heirloom Roses, changes can already be seen. Things like roses being sold in 1 gallon containers now.

And instead of a large gift area, a sleek classroom has been installed. This is important because both Ben and Kara are avid fans

of education.

And roses in hanging baskets. Ben tells me that this was not his idea or even a new one. That he discovered Heirloom Roses used to sell roses in hanging baskets so he decided to do it again. Clearly this is a wise choice as any of you that attended Gardenpalooza this April could see firsthand. They almost sold out completely!

And what of the future? Harkening back to my previous paragraph about their passion for education, they want to add a new structure specifically for class's and events.

Wonderful events like Wine and Roses. A perfect coupling in my mind indeed.

They also want to continue to rebuild the website and mail order. I personally have friends from all over the world who have purchased roses from Heirloom Roses. That brings great pride to me as they are sharing a passion for gardening all over the world.

But Ben is adamant about one thing. Learning everything he can about roses.

He tells me that years ago he was



told, "We must be good farmers before we become good marketers". Wise words indeed and ones that Ben adheres to faithfully.

So change has indeed come to Heirloom Roses. And they desire nothing more than to build on this amazing business and continue the rich heritage it has had in our area for many decades, preparing to take it into many more.

I am confident that with Ben and Kara at the helm, "a rose, by any other name", will still be an Heirloom Rose.

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A Hint of Mint

Fragrant, refreshing and easy to grow, mint will brighten up your food and drink recipes.

by David Musial

Wrigley Field, home of the Chicago Cubs, is celebrating its 100th anniversary this year. The field was named in honor of William Wrigley, Jr., the former owner of the Cubs. You might be asking what does this have to do with mint. Well, without mint, Mr. Wrigley would not have developed and sold Wrigley's Spearmint and Doublemint gum and wouldn't have had the financial resources to buy the baseball park and the Cubs. The ballpark might have retained its original name, Weeghman Park. Doesn't have quite the same ring as Wrigley Field. But this story is about mint, so let's get into the right game.

Mint or the genus *Mentha* has many different species and cultivars. The edible mint plants that we are most familiar with are *Mentha spicata* and *Mentha x piperita*. Also known as spearmint and peppermint. The plant originated in the Mediterranean and

Lamb chops with a pea and mint sauce.

has been used since early civilization. It was brought to America by the colonists for medicinal purposes and for use as a tea.

The common name mint is said to come from the Greek name *Minthe* or *Menthe*. In Greek mythology, *Minthe* was a beautiful water nymph and Hade's mistress. Hade's wife, *Persephone* was not too happy with this arrangement and to get her revenge, turned *Minthe* into a ground hugging plant that would be trampled. Hade, though God of the underworld, was unable to reverse the spell. He did however, give her a beautiful fragrance so that when she was stepped on he would be reminded of her by the beautiful smell.

Over the years, mint has had various uses and many are still in use today. Two uses still practiced are as a digestive aid and using its anti-bacterial properties for breath problems. Not that I had bad breath, but I could eat a pack of Wintergreen Certs at one sitting. Maybe that's why I didn't have bad breath. I digress. Mint has also been used for years as an addition to bathes for its soothing properties and as an aromatic in Eastern medicine for its calming effect.

Fresh mint has several uses in the kitchen ranging from cocktails to cooking. How can you watch the Kentucky Derby without a Mint Julep or enjoy a warm summer night without a Mojito? Both drinks can only be created using fresh mint. In cooking, fresh mint brightens up a salad and makes wonderful sauces. It pairs especially well with lamb and peas. For ice tea lovers, mint iced tea is a refreshing alternative and we've included a recipe for you to try. If you don't have mint in your garden, it is available year round in produce departments. Dried mint is also very popular, especially in tea.

Growing mint is very easy, in fact, so easy that if you are not careful, it can spread throughout your garden. A perennial herb, it spreads by runners that grow both above and below ground.



Mint is easily kept from spreading when grown in a container.



Pineapple mint is one of several unique varieties of mint available. Smells like pineapple and is variegated.

PHOTO CREDIT: WWW.PANTRYGARDENHERBS

PHOTO CREDIT: FINECOOKING.COM

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Mint Iced Tea

Makes 2 Servings

3 c water

3-4 sprigs of mint,
about 20 leaves

sugar or honey

lemon wedges

Heat water to boiling and pour over mint leaves in a heat proof container. Steep for five to ten minutes and remove the leaves. Allow to come to room temperature and then refrigerate.

When ready to enjoy, place ice cubes in a tall glass, add tea, followed by sugar or honey and lemon juice to taste. Relax, enjoy and refresh!

Try making this herbal tea; which some may call a tisane, with your favorite blend of fresh mint. Add sugar and a squeeze of lemon for a refreshing and caffeine free drink.

These runners are what contribute to the aggressive spreading. Plants have a distinctive square stem and leaves that usually have serrated margins.

There are over thirty varieties of mint available; from the more common spearmint and peppermint, to the more unusual chocolate and pineapple mint. Since mint spreads easily, you shouldn't need more than one type of each variety you wish to grow. Most garden centers will offer several varieties of mint. Try growing a unique variety to go with the common mints.

Plants should be grown in rich, well draining soil in part shade to full sun. To avoid spreading, mint can be planted in wide bottom-

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Grab your fancy hat and a Mint Julep and you're ready for the Kentucky Derby.

less pots with two inches of the pots top kept above ground. Provide good circulation to avoid wilts and if you get aphids, use a hose to spray them off. To keep your mint plant healthy and producing leaves, pinching back is helpful as is removing flower buds.

The plant will normally die back in the fall and if you want to harvest the leaves for future use, they can be dried or frozen. To freeze, add a few leaves in each compartment of an ice cube. Fill with water and freeze. The cubes can be used later for cocktails or to make a refreshing pitcher of water.

Like William Wrigley, Jr. the State of Oregon has made a lot of money from mint. In 2012, the Oregon mint crop was valued at \$48,381,000. However, although Oregon had been the number one producer of mint in the United States, they now take second place behind Washington. Like the Cubs though, number two always tries harder.

Garden Time's Plant Picks are from Little Prince. Your's should be, too.



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PACK UP YOUR TROUBLES



With a little organization and these tips, you can take the stress out of moving and smile, smile, smile!

By Robin Burke

Move much? Don't let the next one stress you out.

If you type "stress of moving" into your Internet search browser, you'll get about 182,000,000 results. Why so many? Because moving is really, really stressful!

It comes in third place on many lists of the most stressful life events just after "death of a loved one" and "divorce". There seem to be hundreds of decisions to make, endless "to do" lists, and never enough time to get it all done before you actually walk away from your clean, empty home.

Do you hire a moving company? Do you do it yourself? Then, there are boxes to acquire, friends to recruit and utilities to transfer. There are numerous change of address forms to fill out, deposits to collect, ovens to clean and mail to forward.

This is just the tip of the iceberg. But, to keep you from going into full-blown panic mode, let's back up and start before moving day, before the week of moving day, and start the countdown three months ahead of time.

Three months preparation for a move may seem like a luxury, but it's not really out of the question for most people. You may know a move is inevitable, you're just not certain of the timeframe quite, yet. Maybe you just aren't happy where you're living right now, or you or your spouse is looking for a job in a different area of town or in another state. Picking up and moving your every possession rarely happens suddenly, so get out of denial

and get into moving mode. It will make your move less stressful for your entire family!

Three months to Moving Day

Lose it, don't move it.

Yeah, yeah, every spring you say you're going to de-clutter, but now think of it this way: Are you willing to pay for that clutter? Because, you will pay for it all over again in moving costs. Clutter weighs a lot, it takes up valuable space in a moving van and there's the expense of boxes, packing material and tape. So, you better really want to keep those old magazines, worn out shoes, white elephant gifts, and broken toys.

Start in one room and work your way around the house. Maybe tackle only one room per day until it's finished. After you have the clutter cleared, sort it. Use three bins or trash bags and label them "donate", "trash" or "sell". Throw away and donate those respective items as soon as possible before you change your mind or the bags get forgotten in the garage. The "sell" items should be listed on Craigslist, eBay or sold at a yard sale.

Give yourself little deadlines along the way. One week to purge the garage and backyard, one week to sort out the bedrooms, and another for the rest of the house. If you have a lot of storage space, give yourself a week for that, too.

Two months to Moving Day

Make a decision about moving companies.

Are you going to use one? Are you going to rent a truck and do it yourself? Start getting recommendations from friends and neighbors, and then start collecting quotes. A written quote is a must from any moving company.

If you are planning the move without professional movers, think about hiring a local company to help with the heavy lifting such as furniture and appliances.

Start a "Moving Day" binder.

Use it for all of your important documents including your checklists, estimates and information about your new destination. This will become your best friend.

Start collecting boxes. You always need more than you think and you'll need a variety of sizes. Heavy things go best in small boxes, and lighter things in bigger boxes. Think about specialty boxes like wardrobe boxes and dish packs. You can often find used ones in good condition on Craigslist.

Shop around for the best prices on packing material such as bubble wrap, Styrofoam peanuts, and tape.

One month to Moving Day

Start Packing.

Yes, start packing. You don't need your winter coats, snow boots, sleds or skis in the summer, so pack up all the out-of-season items you know you won't need. Label it.

Pack books in small-sized boxes for easy lifting. Label them.

Pack up anything you know you won't need in the garage. Label it. Be sure to leave out a small toolbox, you'll likely need it.

Pack up all décor you can live without for a few weeks, including picture frames, vases and knick-knacks.

Start notifying friends, relatives, businesses and government agencies of your move. Change

your address with the post office online. Alert all your utilities such as water, sewer, gas, electric, telephone, cable and trash service of your move-out date.

Start eating.

Meal plan around what you have in your freezer and pantry. Use up things you can't or don't want to take with you. Now is not the time to buy things in bulk unless you will use it up before your move.

Use your grill as often as possible to use up the propane. It is on the list of "Not Allowed" by moving companies. Be sure to check with them about other hazardous materials they are not allowed to move by law. Some companies will not move even ordinary household items such as batteries or rubbing alcohol.

Two weeks to Moving Day

Pack all non-essentials in moving boxes. You can go room by room, packing each up and labeling accordingly. Movers (or friends) will then know which room the box goes into at your new place.

Some people like to make a list of what is packed in each box. Tape the list to the top or put it just inside. This is especially helpful if you are moving into a temporary situation and may not need to unpack all of your boxes right away. Otherwise, labeling the box (you could even color code it) with which room it goes into is probably sufficient. Be as organized as possible with your packing, but don't waste time detailing every item if it isn't necessary.

Start saying your goodbyes.

Now is the time to let your friends or neighbors send you away with a party. It's best not to wait until the night before you leave as you'll need to be rested, not worn out. If you have kids, maybe



let them have a party with their friends at your house. Remember, moving to a new city or even to a new neighborhood is stressful on them, too.

One week to Moving Day

Confirm movers.

Make sure you have all the particulars such as the time the movers will arrive, insurance on your belongings and how to reach the drivers the day of the move.

Pack a suitcase.

Plan the clothing you will need until you get to your new place, and pack up everything else into boxes. Do the same with your toiletries.

Linens.

Have a couple of towels available for each person, but everything else should be packed. Put clean, spare bed linens in a box and label it, so you will be ready to make beds when you arrive.

Make a playlist.

Hauling boxes and scrubbing bathrooms is much more enjoyable if you're doing it to your favorite tunes!

CLEARING OUT PACKING WOES GOODBYES OLD MEMORIES BOXES NEW HOME NEW BEGINNINGS CHANGE OF ADDRESS

What NOT to pack.

Cleaning supplies can wait until the last minute as you will likely need them. This includes a broom and vacuum.

Paper plates and cups. It's much easier to use disposable dishes right now while your kitchen is in disarray.

Take-out menus.

Anything you need on a daily basis, such as an alarm clock,

prescriptions, coffee maker!

Moving Day!

Get up and stretch. Even if you've hired professional movers, it's going to be a long, physical day.

Pack up your bed linens in a box or large trash bag and label it, "laundry". You might want to add any dirty clothing and towels as well.

Your important papers, documents and valuables such as jewelry should stay with you-- not packed on the truck. Sentimental items such as family photos and home videos that cannot be replaced should remain with you as well.

Do an inventory of everything that goes into the moving truck. Give the driver your cell phone number.

Blogger Joy the Baker posted a great idea to make your move less stressful. Put together a box called the "move in" box. Think about the things you will need the first night in your new place and what you'll want when you wake up. Not just the essentials, but the small things to make you feel



good, too. Here are some of her ideas:

The Overnight Box

An air mattress (if the beds haven't arrived or aren't put together)

Clean sheets, pillows and a big throw

Clean fluffy towels

Body wash

Body lotion

A shower curtain

Toilet paper

Candles and/or light bulbs

Your favorite relaxation beverage – Camomile tea or bourbon and a shaker

Laptop computer and all of your chargers including one for your phone



Morning After Box

Coffee maker or French press

Coffee

Scissors and a box cutter

Garbage bags and paper towels

Throw in some breakfast food and you'll be good to go.

Last, but not least, pack the car with houseplants and the pets with their trappings. It will be a fun ride. Before you pull away, be sure you didn't pack away the keys to the new place (from ex-

perience) and then say goodbye to your home sweet home.

Getting There

After a good night's sleep in your new digs, with the "move in box" handy, you'll be ready to dive in and start unpacking and organizing. If that sounds like a tall order the first day, walk around your new neighborhood and take in the sites instead. Find a nearby restaurant for lunch or dinner. Find the nearest grocery store and buy some essentials. It took three months to pack up your home. Don't expect the new one to come together in a day or two, but do give yourself little deadlines so you don't have those last few boxes haunting you from the corner in six months.

Moving may be stressful no matter how organized you are, but with some extra preparation it doesn't have to land on your top three list. Not this time.



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WTDITG

June is a great time to work on landscaping. The weather is drier and we start to spend more of our time outside. This year, get a head start on those summer parties and barbeques and get your landscaping done early. Then, you can spend the warm summer months enjoying the beauty of your own garden oasis.

PLANNING



- Look at the landscape to see where you can infuse some fresh color. Plan on where to plant some of the newer re-blooming lilacs or spring, summer and fall blooming ever-green azaleas.

• Get going with the garden supports needed for the tomatoes, pole beans,

cucumbers, squash and any climbing ornamentals. Use branches, fencing, a trellis, old ladders or anything that allows the plants support. Get creative!

- How is that garden journal coming along? Now is a perfect time to play catch up if you haven't been keeping up with the gardening notes.



PLANTING

• This is a good time to work on the landscape. The weather is usually a bit drier and it feels so good to be outside. Cut down on the lawn and make a bigger patio or vegetable garden. Create some raised beds to grow the crops in.



- Perennials do so well in our climate.

This is a good month to divide and plant the early spring flow-

ering perennials like aubrietia, arabis, primroses and bergenia. Planting new perennials now is perfect because there is so much more to choose from this time of year and they take off rather quickly in the warmer soil.

- Since the soil is finally drying out it's a good time to do the lawn aerating and de-thatching. Water will penetrate deeper allowing roots to grow deeper too. By de-thatching, you remove the thick mat of dead grass stems and other lawn crud. Your lawn will look a bit rough after this,

but with a good fertilizing, some garden lime and some deep watering, the lawn usually bounces back quickly.

- June is a good month to start a new lawn from seed or over seed an old tired lawn. If you are planning a de-thatching and aerating job, you probably should follow that with more seed. Great month to revive the lawn!



TASKS, MAINTENANCE & CLEAN-UP

• Prune Rhododendrons and azaleas after they are done blooming. Prune lilacs this month.

- Water the lawn no more than once a week with 1" of water. For 1"- time how long it takes your sprinkler to fill an empty tuna can with one inch of water. Using automatic watering systems set for 5

minutes twice a day is a bad practice for lawn care. This causes shallow roots. Deep, less frequent watering promotes longer roots and healthy thick turf.

- Keep ripe strawberries picked. By keeping up with picking ripe berries, the ever bearing types of strawberries will produce over a longer time. Cover

What To Do In The Garden

JUNE

the berry patches with bird netting to stop those pesky hungry birds from robbing all your fruit!



- Mow the grass higher as weather warms. Grass roots will go deeper with taller grass blades and the taller grass

shades the soil against water lost through evaporation.

- If you maintain your lawn all summer get a good quality lawn

fertilizer applied this month. By using Dr. Earth brand lawn food you'll not only have greener grass, but the thatch is digested by the microbes introduced with the fertilizer. Roots grow deeper and thicker with applications of organic fertilizer.

- Thin fruit from fruit trees After the normal fruit drop on peaches, pears and apples, go back and thin more fruit from the trees. If you thin out the fruit, what is left will be bigger and better tasting. If you don't thin out the fruit often trees will get into a pattern of bearing only every other year.

- Keep up the slug patrol. New foliage is so tender and tasty to slugs.

- Keep a sharp eye out for aphids and other insects attacking the garden and produce. Usually a sharp



burst of water from the garden hose is enough, but occasionally stronger

methods are called for. Dr. Earth and Bonide have some dandy organic remedies against insects.

VEGETABLE GARDEN

- Plant succession crops of some of your favorite veggies like beans, beets, carrots, summer squash and slow bolt spinach to name just a few. This will extend your harvest of the finest food available, the produce grown in your own garden. Look on the back of the seed packets to see how many days it'll take to produce a crop. Usually with warmer soil the plants will germinate and grow more quickly.

- Interplant fast growers with slower growers. Planting radishes, arugula and spinach (fast growers) with the tomatoes, corn, beans or peppers is the best use of space. The fast growers will be harvested much sooner than the longer season needed by the other plants.



- The warm soil lovers can go out now for sure; tomatoes, melons, peppers, squash, corn and eggplants. Basil likes the warmer weather too.

- Fertilize the vegetable garden one month after plants emerge by side dressing with Dr. Earth's Vegetable Garden Fertilizer.

- Apply a mulch of organic compost. Make sure you have gotten mulch laid down on the soil to conserve

moisture and retard weed development. Do not use lawn clippings as a mulch on veggies (or ornamentals) if a weed killer was used on lawn.

- Grow some mint for Mohitos. Traditionally spearmint is used in making a mohito. Mint plants go crazy and can really take over a part of the garden. Grow a pot of spearmint on the patio or deck for fresh leaves to muddle when guests come over this summer!

- Thin out garden plantings of lettuce, chard, mustard leaves and onions. Eat the thinned out plants on a salad...tiny but yummy!

- Plant basil seed or transplants frequently to make sure you have a steady supply of this fantastic herb. Find a sunny warm spot for this tasty plant to grow. Being from Iran, India and tropical Asia, basil loves the warmth. We sell plant starts as well as seed. Try both and see what you have the best luck with.



- Watch for the potatoes to flower. That is the signal that it's OK to snitch some new potatoes from the hills. Yum!



PLAY TIME

Gardening Events Around Town

Open House
Thru Sunday, June 15, 2014 • 9:00am-6:00pm Daily
Adelman Peony Gardens, Salem, OR
More information at info@peonyparadise.com.

Annual Sellwood Garden Tour
Sunday, June 1, 2014 • 11:00am-4:00pm
Sellwood, Garthwick, Eastmoreland and Woodstock
Neighborhoods, Portland, OR

The Annual Sellwood Garden Tour will take place Sunday, June 1st from 11:00 AM to 4:00 PM. Tickets will be on sale May 1st at New Seasons Sellwood, All Seven Dees Portland locations (Powell, Cedar Hills and Lake Oswego) and on line at: <https://sellwoodmiddle.ejoinme.org/garden-tour14>. You can also purchase raffle tickets for a chance to win several fantastic prizes created for garden lovers and a grand prize of a Kona bike from Sellwood Cycle. Check details on the website. This year's tour features 7 diverse gardens and some very talented gardeners. The homes are in: Sellwood, Garthwick, Eastmoreland and Woodstock neighborhoods. Six homes have never been on the tour before. There will be a book signing in the famed garden of Dulcy Mahar by her husband Ted of his new book "Back in the Garden with Dulcy". The Sellwood Garden Tour benefits Sellwood Middle School's PTA and funds critical enrichment programs.

G2T (Garden to Table)
Sunday, June 1, 2014 • 1:00pm
Garland Nursery, Corvallis, OR

Summer is here and it's time to enjoy all that can be grown here in the Northwest. We will review a few of the popular garden produce: squash, cucumbers and melons. But did you know that figs and kiwis can be grown well here too? We will share how to prep, plant, harvest and bring this wonderful produce to your table.

Berries, Brews, & BBQ's
Saturdays, June 7 & 14, 2014 • 9:00am-6:00pm
Sundays, June 8 & 15, 2014 • 10:00am-5pm
French Prairie Gardens, St. Paul, OR

Join us for our 5th Annual Berries, Brews, & BBQ's Festival for Oregon Craft Brews & Barbeque! Oregon Craft Brewers will showcase their best brews! And there will be lots of BBQ to choose from! Join us for our the two things that Dad loves, BBQ & Brew! Enjoy our Fun Family Friendly Festival! Free Admission & Free Parking! Activities Include: U-Pick Strawberries, Hayrides, Tube Slide & Pyramid Slide, NEW Animal Barns & Farm Animals, Pig Barrel Train Rides, Brew Tasting in our NEW Covered Event. Some Ticketed Charges Apply for Activities.

continued next column

Garden to Table: Cooking With Local Nuts and Seeds
Saturday, June 7, 2014 • 10:30am
Farmington Gardens, Beaverton, OR

What to Do in the Garden in June
Saturday June 7, 2014 • 11:00am
Tsugawa Nursery, Woodland, WA

Tsugawa Nursery's monthly seminar on maintenance in the landscape and garden. Ah, June! Summer is on its way...the garden is swinging into bloom, but there are still seeds to be sown and weeds to be pulled. Join us for this seminar to find out how to keep your landscape and garden growing on the right track. Bring pictures and samples for our staff to look at during the Q & A portion. This is a regular seminar on the first Saturday of every month so remember to put us on your calendar! Free.

Strawberry Open House
Wednesday, June 11, 2014 • 1:00pm
North Willamette Research and Extension Center, Aurora, OR
Oregon State University, 15210 NE Smiley Red, Aurora, OR 97002

Garden to Table: Leafy Greens
Saturday, June 14, 2014 • 10:30am
Farmington Gardens, Beaverton, OR

Little Sprouts: Carnivorous Plants
Saturday, June 14, 2014 • 11:00am
Garland Nursery, Corvallis, OR

Planted flowers are beautiful and home-grown veggies are cool, but what is more awesome than having a plant that eat bugs?!? At this month's Little Sprouts, we are pulling out the fascinating carnivorous plants. In this class, we will review different types of carnivorous plants, which insects they like best (they can be a little picky), and how to care for them. Each child will take home his or her very own carnivorous plant. Registration required. Call (541) 753-6601 to register. Cost: \$5 per child.

Mid-Season Care for Your Veggie Garden
Saturday, June 14, 2014 • 11:00am
Tsugawa Nursery, Woodland, WA

It's summertime! Your vegetable garden is really starting to put on an edible show. So what's the best way to care for all those generous plants to ensure they continue providing delicious fresh treats for you all summer long? There's feeding, weeding, pruning and hilling to be done and we'll walk you through the steps you can take to keep up with care on your backyard produce section. We encourage you to bring pictures of your garden to share with and

continued next page



inspire other participants. Free.

Cocktails from the Garden

Thursday, June 19, 2014 • 6:00pm-8:00pm

Al's Garden Center, Sherwood, OR

Watch a Master Mixologist from Eastside Distilling create cocktails using herbs, fruits and vegetables from the garden. See two demonstrations at 6:15pm and 7:15pm and learn how to make drinks that taste like summer. Cocktails will be for sale from Eastside Distilling. Food will be for sale from 'The Dump Truck', a local food cart that has been featured on both the Cooking Channel and the Food Network. Enjoy live music from AG Donnalioia. Also, take 20% off your plant purchases to get your own cocktail garden growing. Admission is \$10.00 per person, payable at the door. Registration is required, and space is limited. Register online @ www.als-gardencenter.com.

Cocktails from the Garden

Friday, June 20, 2014 • 6:00pm-8:00pm

Al's Garden Center, Gresham, OR

Watch a Master Mixologist from Eastside Distilling create cocktails using herbs, fruits and vegetables from the garden. See two demonstrations at 6:15pm and 7:15pm and learn how to make drinks that taste like summer. Cocktails will be for sale from Eastside Distilling. Wood-Fired Oven Pizza will be for sale from Veraci Pizza. Enjoy live music. Also, take 20% off your plant purchases to get your own cocktail garden growing. Admission is \$10.00 per person, payable at the door. Registration is required, and space is limited. Register online @ www.als-gardencenter.com

Garden to Table: Early Summer Fruits - Cherries and Strawberries

Saturday, June 21, 2014 • 10:30am

Farmington Gardens, Beaverton, OR

Wisteria Bonsai Workshop

Saturday June 21, 2014 • 11:00am

Tsugawa Nursery, Woodland, WA

Our experienced bonsai staff will walk and talk you through the process of creating your own Wisteria bonsai to take home with you at the end of class. There will also be discussion of Pomegranate bonsai and vines suitable for bonsai training. Let's see what wonderful things you can create! Fee includes a starter bonsai plant, a bonsai pot and soil for your creation. Silent observers are welcome, free of charge. Space is limited to 25 participants. \$50 per participant.

Bonsai Event

Saturday, June 21, 2014 • 10:00am-3:00pm

continued next column

Portland Nursery (Division), Portland, OR

Portland Nursery and the Bonsai Society of Portland (BSOP) want to Rock Your Bonsai with a showing of Your Best Bonsai! Any customer can exhibit! For your participation, you'll get a 10% off coupon (one per customer). Participate by entering one or more trees into the exhibit. All entries will be judged by the public and the staff. Awards will include: Customer's Choice \$25 Gift card, Staff Choice \$25 Gift card, Entry ticket lottery \$25 Gift card. See the Bonsai Event Page for images from previous years. Contact George Bowman, Portland Nursery, Division Street Location Manager.

Coffee and Koi

Saturday June 28, 2014 • 11:00am

Tsugawa Nursery, Woodland, WA

Join our water garden staff here at the Tsugawa Water Garden as they impart knowledge of that magical aquatic creature so many of us know and love – the koi. You provide the curiosity and the questions, we'll provide the coffee and the knowledge. Free.

Garden Conservancy/HPSO Open Day Tour

Saturday June 28, 2014 • 10:00am-4:00pm

North/Northeast Portland, OR

"Within the City Limits: Minimum Space - Maximum Result". Six private gardens open to the public in North/Northeast Portland featuring dramatic color palettes, giant plants, bee houses, xeric curb plantings, quirky yard art, an eco-roof, a rain garden, hardscape including stonework and a custom trellis, a stained glass potting shed, and habitat to attract birds and pollinators. Proceeds support the grant and scholarship program of Hardy Plant Society of Oregon and the garden preservation mission of the Garden Conservancy. Entrance fee is \$5/garden or purchase a ticket booklet (6 tickets) for \$25. The website, www.hardyplantsociety.org has detailed information about the gardens/locations, driving map, cycling map, photos and you can purchase ticket booklets in advance. The tickets do not expire.

Garden to Table: Summer Berries and Jelly Making Day

Saturday, June 28, 2014 • 10:30am

Farmington Gardens, Beaverton, OR

LOOKING FOR MORE?

You will find more events and updated information on the Garden Time Events Calendar
www.gardentime.tv/events.htm

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-Jeff Gustin, President

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